



The **Cathedral Church** of St Saviour, Goulburn  
The Anglican Diocese of Canberra & Goulburn

P.O. Box 205, GOULBURN 2580

Cathedral Office open  
MONDAY, TUESDAY, THURSDAY AND FRIDAY  
Office Hours: 9am – 12noon  
(closed every Wednesday and all Public Holidays)

**Office 02 - 4821 2206**



**SUNDAY 5TH JULY 2020**

**FIFTH SUNDAY AFTER PENTECOST**



### **TODAY'S READINGS**

**Fifth Sunday after Pentecost**

Genesis 24. 34-38, 42-49, 58-67

Ps 45. 10-17

Romans 7. 14-25

Matthew 11. 15-19, 25-30

Preacher: Dean Phillip Saunders

### **NEXT SUNDAY'S READINGS**

**Sixth Sunday after Pentecost**

Genesis 25. 19-34

Ps 119. 105-112

Romans 8. 1-11

Matthew 13. 1-9, 18-23



In the reading from Genesis we read how God brings Rebekah and Isaac together for marriage. Rebekah is blessed by her family and goes with the servants to meet Isaac. As custom demands she puts on a veil so that she may not be seen by her husband-to-be before the wedding.

*Text: © ABM 2020 Robert McLean,  
ABM's Partnerships Coordinator.*

### **HOW DO I CONTINUE TO GIVE FINANCIAL SUPPORT**

to the Cathedral during this time of CRISIS?  
The easiest and best way is by giving electronically. Those who give by this method, please continue to do so and thank you.

If this is a new concept for you to consider, please do not be daunted, our Parish Treasurer (Pamela Shaw) will assist in the set up. Pamela's contact details are on the back page.

Our Account Name:

**St.Saviour's Cathedral Parish  
BSB: 032 721**

**ACCOUNT: 280 248**

**REFERENCE: Ministry**



A Prayer for St.George's Cathedral in Jerusalem.

(our sister church)

Our God, as you nurture the Body of Christ in different places, we ask your blessing on our sister church, St.George's Jerusalem. In difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name. **Amen.**

### **TREASURER'S UPDATE**

I am now back from "warm" time away up north.

It is very pleasing that more of you are "giving" via bank transfer. This is assisting our financial situation tremendously. Although our overall giving is still below the "pre-lockdown" weekly collections we thank all those who are supporting by whatever method you feel comfortable.

The important factor is that we all keep giving WEEKLY as you did prior to lockdown.

Those without computers or who just prefer to keep using their envelopes please contact the office and I will collect your envelopes from your home. Be assured your "giving" remains anonymous, as always.

As we are working through plans for re-opening the Cathedral to the public and worshipping in the Cathedral, we will continue to deliver pew sheets to those without computer access.

Pamela Shaw

**SENTENCE OF THE DAY**

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest,’ says the Lord.

‘Take my yoke upon you, and learn from me; for I am gentle and humble in heart.’

**COLLECT**

Almighty God,  
 your Son Jesus Christ has taught us  
 that what we do for the least of his brothers and sisters  
 we do also for him:  
 give us the will to serve others  
 as he was the servant of all,  
 who gave up his life and died for us;  
 yet lives and reigns with you and the Holy Spirit,  
 one God, now and for ever. **Amen.**

**FIRST READING**

Reading from Genesis, Chapter 24, beginning at 34th Verse

So he said, ‘I am Abraham’s servant. The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master’s wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, “You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father’s house, to my kindred, and get a wife for my son.”

‘I came today to the spring, and said, “O LORD, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, ‘Please give me a little water from your jar to drink,’ and who will say to me, ‘Drink, and I will draw for your camels also’—let her be the woman whom the LORD has appointed for my master’s son.”

‘Before I had finished speaking in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, “Please let me drink.” She quickly let down her jar from her shoulder, and said, “Drink, and I will also water your camels.” So I drank, and she also watered the camels. Then I asked her, “Whose daughter are you?” She said, “The daughter of Bethuel, Nahor’s son, whom Milcah bore to him.” So I put the ring on her nose, and the bracelets on her arms.

‘ Then I bowed my head and worshipped the LORD, and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master’s kinsman for his son.

FIRST READING continues.....next page

## FIRST READING continues

Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.' And they called Rebekah, and said to her, 'Will you go with this man?'

She said, 'I will.' So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, 'May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.'

Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.'

So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

FOR THE WORD OF THE LORD

## PSALM 45 10-17

Hear, O daughter, consider and incline your ear:  
**forget your own people and your father's house.**

The king desires your beauty:  
**he is your lord, therefore bow down before him.**

The richest among the people, O daughter of Tyre:  
**shall entreat your favour with gifts.**

The king's daughter is all glorious within:  
**her clothing is embroidered cloth-of-gold.**

In robes of many colours she is led to you, O king:  
**and, after her, the virgins that are with her.**

They are led with gladness and rejoicing:  
**they enter the palace of the king.**

In place of your fathers you shall have sons:  
**and make them princes over all the land.**

And I will make known your name to every generation:  
**therefore the peoples shall give you praise for ever.**

**SECOND READING**

Reading from Romans chapter 7 beginning at 14th Verse

For we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

FOR THE WORD OF THE LORD

**GOSPEL READING**

The Gospel of our Lord Jesus Christ according to MATTHEW  
Chapter 11 beginning at 15th Verse

GLORY TO YOU LORD JESUS CHRIST

Let anyone with ears listen!

‘But to what will I compare this generation?

It is like children sitting in the market-places and calling to one another,

“We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

This is the Gospel of the Lord

**PRAISE TO YOU LORD JESUS CHRIST**



## INTERCESSIONS

Prepared by Graham Holgate

Almighty God, we give you thanks for your Word and for your living presence throughout the earth. We pray that your Holy Spirit will speak to a world troubled by divisions and limited understanding. Guide the leaders of the Nations into the way of peace and justice. Father hear our prayer, **through Jesus Christ our Lord.**

Almighty God, keep your church steadfast in faith, worship and service. Bless and guide those who lead your church and those who give spiritual guidance to others. We hold before you Justin, Archbishop of Canterbury, Geoffrey our Primate, Glen our Metropolitan, Mark & Carol our Bishops, Dean Phillip & Cn. Anne and all clergy assisting at the Cathedral. Bless all missionaries and religious educators in our schools. Father hear our prayer, **through Jesus Christ our Lord.**

Almighty God, we ask you to bless our families, friends and all whose lives touch our own. We ask for harmony, resilience and caring in all homes, marriages and relationships in our land. Father hear our prayer, **through Jesus Christ our Lord.**

Almighty God, as we bring to you all who need your healing touch, we remember all who suffer or are in despair. May your Holy Spirit come to them to be their comforter and lead them to you. We ask your strength and power for those known to us, those known only to you and those battling the Covid 19 virus. Father hear our prayer, **through Jesus Christ our Lord.**

Almighty God, we commend to your loving care those who have died recently and those whose anniversary of death occurs at this time and those who have died alone.

Father hear our prayer, **through Jesus Christ our Lord.**

Accept our prayers through Jesus Christ our Lord, who taught us to pray.

**Our Father in heaven, hallowed be your name.**

**Your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial and deliver us from evil.**

**For the kingdom, the power, and the glory are yours now and forever.**

**Amen**



**Are you feeling lonely and isolated?**  
**Are you feeling anxious or fearful during these changing times?**

Remember, it's ok to talk to someone if you feel you are **not coping.**

Would you like to speak to Dean Phillip or Cn. Anne?

If you ring our office and leave a message with your name and phone contact, either Pamela or Sue will ring you and make a time for either clergy to return your call.

Would you like to have a chat with Pamela or Sue, then ring on our days 9am-12noon (Monday, Tuesday, Thursday or Friday).

REMEMBER, you don't have to feel lonely or isolated.

These winter days are cold but when the sun is out try to find a sheltered spot and enjoy VITAMIN D, it's so beneficial to you. Do you know the days are now getting LONGER... Summer will be here sooner than you know

**Cathedral Online:**

Reminder: to access and view the services pre-recorded go to our website: **[www.goulburncathedral.org.au](http://www.goulburncathedral.org.au)**. Click on **Cathedral Online** and follow the prompts.

Select

**Publications:**

To view our pew sheet and sermon each week from the website.

Click on **Publications**



Stay safe, take care of yourself. Keep in touch with each other and hold each other in prayer.

Now more restrictions have been lifted, I hope you may be enjoying coffee out with friends or a meal at your

favourite café.

Great that the beauticians are now back at work... manicures and pedicures can resume. Visit your favourite hair dresser, always makes a lady feel better and catch up on all the "local news"!! Goulburn POST has resumed printing (Mon, Wed and Fri), although the 'free' home delivered issues will be no more.





## CATHEDRAL MINISTRIES:

### MINISTRY of COMMUNITY SERVICE:

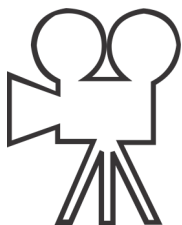
Please NO MORE MILK at this time. We have a large stock and have to adhere to USE BY DATE, so until further notice DO NOT BUY MILK for the pantry.

#### Standard items:

Those in need have resumed calling at the office so we are grateful for any assistance you can give.

Tinned/pkt soups, tinned meals (braised steak, Irish stew, curried sausages etc), tins/pack fruits (peaches/pears etc), tinned spaghetti, pasta (any variety) and pasta sauce (any variety). Tins Spam/ham/corned beef, tinned tuna/salmon, tinned vegetables, crackers (bread substitute).

REMEMBER: We will NOT be providing TOILET ROLLS, so please do not shop for them for our pantry.



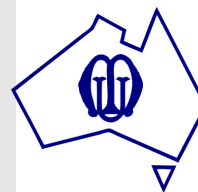
Our SUNDAY Services are recorded in the Cathedral each Saturday for your viewing on Sunday.

Thanks to Barbara Griffin for her expertise and many hours editing and uploading.

Thank you to all choristers who participate. The music does enhance the worship and the overall experience.

Thank you to Dean Phillip & Cn Anne for their pastoral care of us all.

## DIARY 2020



**WE'RE BACK** - Mothers' Union will resume next Thursday, July 9th, 2pm in the Mary Thomas Room. All welcome.

### SAFE MINISTRIES WORKSHOPS: Goulburn dates:

AWARENESS workshop: **SATURDAY 29 AUGUST** 9.30am-3.30pm for all Parish Councillors, Wardens and those in Cathedral ministries. Those who have never attended and gained their certification are required to attend this whole day seminar.

REFRESHER workshop: **SUNDAY 30 AUGUST** 1pm-3pm For those who have previously attended the Awareness workshop but who need to refresh their certification.

SAFE MINISTRIES WORKSHOPS ARE VALID FOR THREE YEARS. If you need to attend EITHER workshop, please notify the office so we can register your participation with the Diocese. No later than end of July.

It is still possible these workshops will be cancelled. I will advise you as the date approaches.



Pamela is back, my friend and work colleague, I missed you. Our office is now open our normal hours, refer to front page for details.

### HOME COMMUNIONS

**CELEBRANT:** (N), we send you out to share Communion with those unable to come to Church.

**PEOPLE:** May you carry the prayers of our Cathedral community as you take this sacrament of Christ's presence.

**CELEBRANT:** May those who receive it be strengthened and encouraged in Christ. **AMEN**

### Cathedral Staff (may be contacted through office 4821 2206)

Dean: The Very Rev'd Phillip Saunders Phone: 4821 9192  
Sub-Dean: Rev'd Canon Anne Wentzel Mobile: 0429 680 010

Canon-in-Residence: Rev'd Canon Kevin Stone  
Mobile: 0450 676 864

Priest Assisting: Rev'd Harley Lockley

Director of Music : Barbara Griffin Mobile 0438 161 815  
Organist: Mr Robert Smith Phone: 4871 2731

### Cathedral Wardens

Leigh Bottrell 4822 4946  
Kerrie Knowlman 0447 315 354  
Stephen Relf 0401 977 432  
Pamela Shaw 4822 8394

### Cathedral Councillors

Robert Davey, Jennie Lacey