

# the cathedral church of st saviour, goulburn

The Anglican Diocese of Canberra & Goulburn



P.O. Box 205, GOULBURN Office Hours: 9am – 1pm  
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## SUNDAY 5TH MARCH 2017

### FIRST SUNDAY IN LENT

#### TODAY

8am Eucharist  
Celebrant Sub-dean, Cn.Anne  
Preacher Sub-dean, Cn.Anne  
10am Choral Eucharist  
Celebrant Dean Phillip  
Preacher Sub-dean, Cn.Anne  
5pm Evensong



Hymns and the Psalm for the day  
are found in the centre of the pew sheet.

#### TODAY'S READINGS

##### First Sunday in Lent

Genesis 2. 15-17; 3. 1-7  
Ps 32  
Romans 5. 12-21  
Matthew 4. 1-11

#### NEXT SUNDAY'S READINGS

##### Second Sunday in Lent

Genesis 12. 1-4a  
Ps 121  
Romans 4. 1-5 13-17  
John 3. 1-17



The gospel reading records the temptation of Jesus that took place in the wilderness that centred on Jesus' fasting for forty days and nights. He needed food and so the devil enters at that time but he was defeated by the quote of the Scripture. The devil took him to the holy city and tempted him there to show that even in our spiritual progress we should beware of the enemy. The tempter took Jesus to a high mountain and showed him the splendour of the world promising to give him all if he worshipped him. Jesus defeats the tempter by categorically quoting that our worship should be to God and him alone. It is beneficial for us Christians to be rooted in the Word of God for we can quote when the enemy tries to tempt us. *The Rt Rev Paul Korir ABM, 2017*

St Saviour's Cathedral

#### CATHEDRAL DAILY SERVICE TIMES

##### Monday–Friday

MORNING PRAYER 8.00 AM  
EVENING PRAYER 4.30 PM

##### REGULAR

##### WEEK DAY EUCHARIST SERVICES

Monday 5 pm, Tuesday 12noon, Wed 5pm(w.prayers for healing), Thurs 10am Friday 8.15am

#### CATHEDRAL MISSION STATEMENT

*As the mother church of the Diocese and Cathedral of Goulburn, St. Saviour's is a haven for nurturing Christians and fostering new faith in Christ. In the love of Christ and the grace of the Holy Spirit, the Cathedral community is committed to reinforcing the wisdom of our Anglican tradition and engaging with an ever changing world. In particular, we are committed to:*

- Prayerful and joyous worship
- The ministry of hospitality
- Serving the broader community
- Supporting those from diverse background including those with special needs.
- Supporting Goulburn and the Diocese in good times and in bad.

#### REGULAR GIVING & DONATIONS 2016

To assist our Stewardship program we welcome your regular contribution by way of direct payment into our

##### St. Saviour's Cathedral

General Account:

**BSB 032721 ACCOUNT 280248**

Please use the appropriate reference:

**MINISTRY** (to support Cathedral Ministry)

**MISSIONS** (supporting Diocese of Willochra, Anglicare & ABM projects)

#### OTHER DONATIONS:

Organ Appeal BSB 702389  
ACC 5209664

Heritage/Restoration Appeal  
BSB 032721  
ACC 680946

## Welcome, Visitors!



We extend a welcome to any visitors here this morning. We hope you enjoy warm fellowship and are inspired by our worship.

#### FOR YOUR SAFETY:

As you leave your seat, please be mindful of a **STEP DOWN** to the aisle.



From Dean's desk

HOLY WEEK program is now available from welcomers desk

During this Lenten period I commend the Lenten study to you. Repent, and hear the good news!

*Peace & Quiet*  
a well-being centre

For anyone seeking quiet reflection or a place to sit and read.

*In the Soldiers chapel, to your left as you enter the Cathedral you will find a comfortable chair, a table and a bible has been provided.*



*Opening Hymn*

Praise to the Holiest in the height,  
And in the depth be praise:  
In all his words most wonderful,  
Most sure in all his ways.

O loving wisdom of our God,  
When all was sin and shame,  
A second Adam to the fight  
And to the rescue came.

O wisest love, that flesh and blood,  
Which did in Adam fail,  
Should strive afresh against the foe,  
Should strive and should prevail;

O generous love, that he who smote  
In Man for man the foe,  
The double agony in Man  
For man should undergo.

Praise to the Holiest in the height,  
And in the depth be praise:  
In all his words most wonderful,  
Most sure in all his ways.

*John Henry Newman (1801-1890) alt.  
TIS 141  
TUNE: Gerontius*



*Gradual Hymn*

Forty days and forty nights  
You were fasting in the wild;  
Forty days and forty nights  
Tempted, and yet undefiled.

Shall not we your sorrows share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Glad with you to suffer pain?

And if Satan, vexing sore,  
Flesh or spirit should assail,  
You, his vanquisher before,  
Grant we may not faint nor fail.

So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall angels shine,  
Such as ministered to you.

Keep, O keep us, Saviour dear,  
Ever constant by your side;  
That with you we may appear  
At the eternal Eastertide.

*G. H. Smytten (1822-1870) and Francis  
Pott (1832-1909)  
CP 95  
TUNE: Aus der Tiefe (Heinlein)*

*Offertory Hymn*

Jesus, lover of my soul,  
Let me to thy refuge fly,  
While the nearer waters roll,  
While the tempest still is high;  
Hide me, O my Saviour, hide,  
Till the storm of life is past;  
Safe into the haven guide,  
O receive my soul at last.

Other refuge have I none,  
Hangs my helpless soul on thee;  
Leave, ah! leave me not alone,  
Still support and comfort me:  
All my trust on thee is stayed,  
All my help from thee I bring;  
Cover my defenceless head  
With the shadow of thy wing.

Thou, O Christ, are all I want,  
More than all in thee I find,  
Raise the fallen, cheer the faint,  
Heal the sick, and lead the blind.  
Just and holy is thy name,  
I am all unrighteousness;  
False and full of sin I am,  
Thou art full of truth and grace.

Plenteous grace with thee is found,  
Grace to cover all my sin;  
Let the healing streams abound,  
Make and keep me pure within:  
Thou of life the fountain art,  
Freely let me take of thee,  
Spring thou up within my heart,  
Rise to all eternity.

*Charles Wesley (1707-1788) alt.  
TIS 211  
TUNE: Aberystwyth*



Final Hymn

O Jesus, I have promised  
To serve you to the end;  
Lord, be for ever near me,  
My master and my friend:  
I shall not fear the battle  
If you are by my side,  
Nor wander from the pathway  
If you will be my guide.

Still let me feel you near me:  
The world is ever near;  
I see the sights that dazzle,  
And tempting sounds I hear;  
My foes are ever near me,  
Around me and within;  
But, Jesus, draw me nearer,  
And shield my soul from sin.

O let me hear you speaking  
In accents clear and still,  
Above the storms of passion,  
The murmurs of self-will;  
Lord, speak to reassure me,  
To chasten or control;  
O speak, and make me listen,  
True guardian of my soul.

Lord, let me see your footmarks  
And in them plant my own;  
That I may follow boldly  
And in your strength alone;  
O guide me, call me, draw me,  
Uphold me to the end;  
And then in heaven receive me,  
My Saviour and my friend.

*John Ernest Bode (1816-1874) alt.  
TIS 595  
TUNE: Wolvercote*

PSALM 32

Refrain

G. Oehm



Re - joice in the Lord, you right - eous and be glad.



J. Jones

1. Blessed are those whose | sin is . for- | given :  
**whose in- | iquity . is | put a- | way.**
2. Blessed are those to whom the Lord im- | putes no | blame :  
**and in whose | spirit . there | is no | guile.**
3. For whilst I | held my | tongue :  
**my bones wasted away | with my | daily . com- | plaining.**
4. Your hand was heavy upon me | day and | night :  
**and my moisture was dried up | like a | drought in | summer.**
5. Then I acknowledged my | sin to | you :  
**and my in- | iquity . I | did not | hide;**
6. I said 'I will confess my transgressions | to the | Lord' :  
**and so you forgave the | wicked- . ness | of my | sin. REFRAIN**
7. For this cause shall everyone that is faithful  
make their prayer to you in the | day of | trouble :  
**and in the time of the great water-floods, | they shall | not come | near them.**
8. You are a place to hide me in, you will pre- | serve me . from | trouble :  
**you will surround me with de- | liverance . on | every | side.**
9. 'I will instruct you, and direct you in the way that | you should | go :  
**I will fasten my eye up- | on you, and | give you | counsel.**
10. 'Be not like horse or mule, that have no | under- | standing :  
**whose forward course must be | curbed with | bit and | bridle.'**
11. Great tribulations remain | for the . un- | godly :  
**but for those who put their trust in the Lord,  
mercy embraces | them on | every | side.**
12. Rejoice in the Lord, you righteous, | and be | glad :  
**and shout for joy, all you | that are | true of | heart. REFRAIN**



Food Pantry Donations Needed

**OUR CATHEDRAL PANTRY MINISTRY**

Serving those in need in our Community  
**ITEMS NEEDED** to replenish our shelves:  
 Long-life full cream milk, tinned meals, tinned fruits, tinned vegetables (peas, carrots, corn) tins spaghetti and baked beans, soups and pasta sauces, cereals and crackers (bread substitute).

Afternoon Group will meet next Friday 10<sup>th</sup> March at 2pm in the Mary Thomas Room with guest speaker Anne Downing, the Canberra-Goulburn MU representative who will speak about the proposal to become a new MU group here at the Cathedral. This is an exciting initiative for the Afternoon Group that has met over many years and raised money for various mission projects. The group has indicated that it needs to recreate itself and fall under the umbrella of a larger, well known organisation that can help to reinvigorate the meetings. Dean Phillip and Canon Anne support this proposal and hope that all interested people will attend the meeting. Scones and cream will be served for refreshments at the conclusion of the meeting.



Meet every Friday (during school terms)

TIME: 9.30-11AM Every FRIDAY (during school terms)



VENUE: Mary Thomas Room, Hall (off Church St)

Cathedral Children's Ministry of learning faith through music and move-

St Saviour's will play a major role in the *Goulburn: Our Living History* celebrations, March 10-12, with displays of historic vestments and artefacts in the Cathedral. For this, we need several mannikins or dressmaker's dummies. If you can help with these, please let Warden Leigh Bottrell know ASAP.



**BCA boxes** are due for counting. Please bring your loose-change box to the office by **MONDAY March 13TH**.

**LENTEN STUDY**

Not too late to join: Two groups, same material being used at each group.  
**SUNDAY: 3-30-4.30PM** in Mary Thomas Room, lead by Cn. Anne Wentzel  
**TUESDAY: 2-3PM** in the Cathedral, lead by Dean Phillip  
 Theme: *Great Events-Deep Meanings*.  
 Great Lenten study opportunity and guarantee to be interesting and uplifting.

**March 2017**

Sunday 19 Organ Recital 2.30pm James Porteous  
 Sunday 26 Cathedral AGM 11.30am Cathedral hall  
 Friday 31 *Behind the News: Palestinian Christians and Theology* 5.30pm Mary Thomas Room all welcome

**April 2017**

Sunday 2nd DAYLIGHT SAVING ENDS. Turn clock **BACK 1hr** before bed Sat  
 Sunday 9 PALM SUNDAY ...Start of Holy Week  
 Thurs 13 MAUNDY THURSDAY.  
 Fri 14 GOOD FRIDAY  
 Sun 16 EASTER DAY

**MOTHER'S DAY CARD MAKING for Goulburn Gaol**

**STARTING THURSDAY 9th MARCH** at 2pm in Mary Thomas Room.  
 We will meet every Thursday through March/April (excluding Maundy Thursday 13/April).  
 All welcome, just bring your own scissors and any old cards we can recycle.  
 Enquiries: Heather Buchanan Phone: 0419 406 143

**CATHEDRAL GUIDES:** We seek your help to keep our Cathedral open.

If you can help or if you would like to know what is involved please speak to Fred Rainger- Ph 4821 5725. Training is given. It is very disappointing for visitors to turn up only to find our beautiful Cathedral closed. Our aim is to open 10am-4pm (3hrs/once week or month will assist greatly). This is a treasure to share with the faithful and the weary traveller.

**HOME COMMUNIONS**

**CELEBRANT:** (N), we send you out to share Communion with those unable to come to Church.  
**PEOPLE:** May you carry the prayers of our Cathedral community as you take this sacrament of Christ's presence.  
**CELEBRANT:** May those who receive it be strengthened and encouraged in Christ. AMEN

**Cathedral Staff**

Dean: The Very Rev'd Phillip Saunders  
 Phone: 4821 9192  
 Sub-Dean: Rev'd Canon Anne Wentzel  
 Phone: 4821 2206  
 Deacon: Rev'd Suzie Baird  
 Phone: 4821 2206  
 Canon-in-Residence: Rev'd Canon Catherine Eaton  
 Phone: 4821 2206  
 Canon-in-Residence: Rev'd Canon Kevin Stone  
 Phone: 4821 2206

**Cathedral Music**

Director of Music: Dr Greg Oehm  
 Phone: 0409 229 616  
 Organist: Mr Robert Smith  
 Phone: 4871 2731

**Cathedral Wardens**

Leigh Bottrell 4822 4946  
 Nicola Duncan 0422 531 548  
 Kerrie Knowlman 0447 315 354  
 Pamela Shaw 4822 8394

**Cathedral Councillors**  
 Robert Davey, Stephen Relf