



The Cathedral Church of St Saviour, Goulburn The Anglican Diocese of Canberra & Goulburn

P.O. Box 205, GOULBURN Office Hours: 9am – 12noon

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SUNDAY 10 MARCH 2019 FIRST SUNDAY IN LENT



TODAY

8am Eucharist
Celebrant Dean Phillip Saunders
Preacher Dean
10am Choral Eucharist
Celebrant Canon Anne Wentzel
Preacher Dean
5pm Evening Prayer
Preacher Dean



Concluding Voluntary

Prelude in B Minor
By JS Bach

TODAY'S READING

First Sunday in Lent
Deuteronomy 26. 1-11
Ps 91. 1-2, 9-16
Romans 10. 4-13
Luke 4. 1-15

NEXT SUNDAY'S READINGS

Second Sunday in Lent
Genesis 15. 1-12, 17-18
Ps 27



Today is the First Sunday of Lent – the remembrance of Jesus going into the wilderness for 40 days. Out of love for his people, Jesus ventures into the desert to fast and to pray – alone, and in this he is confronted with all the desires and difficulties that his human nature throws to him. In this he prevails because of his righteousness and shows us that there is no real love without sacrifice. We ought to remember this message on our Lenten journey.

Text: © ABM 2019 Rev Will Johnston

CATHEDRAL MIDWEEK EUCHARIST SERVICE for 2019

Monday 4pm, (w prayers for healing) and
Thursday 10am

CATHEDRAL MISSION STATEMENT

As the mother church of the Diocese and Cathedral of Goulburn, St. Saviour's is a haven for nurturing Christians and fostering new faith in Christ. In the love of Christ and the grace of the Holy Spirit, the Cathedral community is committed to reinforcing the wisdom of our Anglican tradition and engaging with an ever changing world.

In particular, we are committed to:

- Prayerful and joyous worship
- The ministry of hospitality
- Serving the broader community
- Supporting those from diverse background including those with special needs.
- Supporting Goulburn and the Diocese in good times and times of adversity.

REGULAR GIVING

To assist our Stewardship program and your searching for cash each week, we welcome your regular contribution by way of direct payment into: **St. Saviour's Cathedral Parish account**

**Name: St.Saviour's Cathedral Parish:
BSB 032721 ACCOUNT 280248**

Please use the appropriate reference:

MINISTRY

OR MISSIONS

(supporting Diocese of Willochra, Anglicare & ABM projects)

OTHER DONATIONS:

Sowerby Trust BSB 702389
ACC 5209886

Organ Appeal BSB 702389
ACC 5209664

Heritage/Restoration Appeal
BSB 032721
ACC 680946

CHEQUES ALSO ACCEPTED



If you are a visitor here this morning, we welcome you and hope you enjoy warm fellowship and are inspired by our worship. Please be mindful of a **STEP DOWN** as you leave your pew.

Young Children:

We have an area in the Lady Chapel (to your right, blue carpet area) where young children are welcome under supervision. Toys/craft are provided.



A Prayer for St George's Cathedral, our sister church in Jerusalem

Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St George's. In difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence.

In Jesus' name, **Amen**



St Saviour's Cathedral Hymns
10 March 2019

Opening Hymn

Father of heaven, whose love profound
a ransom for our souls has found,
before your throne we sinners bend;
to us your pardoning love extend.

Almighty Son, incarnate Word,
our prophet, priest, redeemer, Lord,
before your throne we sinners bend;
to us your saving grace extend.

Eternal Spirit, by whose breath
the soul is raised from sin and death,
before your throne we sinners bend;
to us your quickening power extend.

Thrice holy - Father, Spirit, Son,
mysterious Godhead, Three in One,
before your throne we sinners bend;
grace, pardon, life to us extend.

*Edward Cooper 1770-1833
AHB60(ii)*



Gradual Hymn

Forty days and forty nights
you were fasting in the wild,
forty days and forty nights
tempted, and yet undefiled:

let us your endurance share
and from earthly greed abstain,
with you watching unto prayer,
with you strong to suffer pain

And if Satan on us press
flesh or spirit to assail,
Victor in the wilderness,
grant we may not faint or fail.

Keep, O keep us, Saviour dear,
ever constant by your side,
that with you we may appear
at the eternal Eastertide.

*George Hunt Smyttan 1822-70
and Francis Pott 1832-1909 alt.
TIS591*

St Saviour's Cathedral Hymns
10 March 2019



Offertory Hymn

O Jesus, King most wonderful,
thou conqueror renowned,
thou sweetness most ineffable,
in whom all joys are found!

When once thou visitest the heart,
then truth begins to shine,
then earthly vanities depart,
then kindles love divine.

O Jesus, light of all below!
Thou fount of living fire,
surpassing all the joys we know,
and all we can desire:

Jesus, may all confess thy name,
thy wondrous love adore;
and, seeking thee, themselves inflame
to seek thee more and more.

Jesus, our love and joy, to thee,
the Father's only Son,
all might, and praise, and glory be,
while endless ages run.

*Latin, c. 12th century,
tr Edward Caswell 1814-1878
CP539 tune 305*



Final Hymn

O for a heart to praise my God,
a heart from sin set free,
a heart that's sprinkled with the blood
so freely shed for me:

a humble, lowly, contrite heart,
believing, true, and clean,
which neither life nor death can part
from Christ who dwells within:

a heart in every thought renewed,
and full of love divine,
perfect, and right, and pure, and good -
your life revealed in mine.

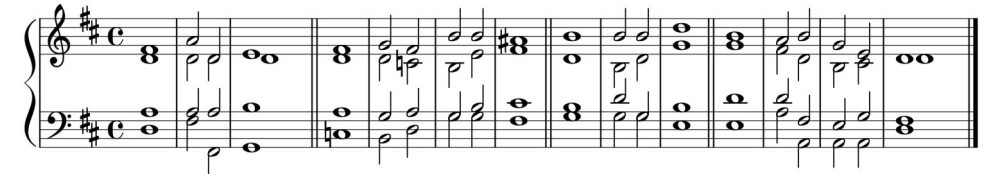
Your nature, gracious Lord, impart:
come quickly from above;
write your new name upon my heart,
your new, best name of love.

Charles Wesley 1707-88 alt.
TIS568 tune 35



Psalm 91.1-2, 9-16

Chant: Alcock, Walter Galpin (1861-1947)



¹ Those who *dwelt* in the shelter of the | Most | High:

who abide under the | shadow | of the . Al- | mighty,

² They will say to the Lord 'You are my refuge | and my | stronghold:

my | God in | whom I | trust.'

⁹ (Second half) *f* The Lord himself | is your | refuge:

you have made the | Most | High your | stronghold.

¹⁰ Men *mf* Therefore no | *harm* | will be- | fall you:

nor will any | scourge come | near your | tent.

¹¹ Sopranos *p* For he will com- | mand his | angels:

to | keep you . in | all your | ways.

¹² Acapella *mf* They will bear you | up in . their | hands:

lest you | dash your | foot against . a | stone.

¹³ Add organ *cresc.* You will tread on the | lion . and the | adder:

the young lion and the serpent you will | trample | under | foot.

¹⁴ *mf* 'You have set your love upon me,' says the Lord, 'and therefore I | will de-
| liver you:

**I will lift you out of danger, ' be- | cause . you have | known
my | name.**

¹⁵ *f* 'When you call upon me | I will | answer you:

**I will be with you in trouble, I will | rescue you . and | bring
you . to | honour.**

¹⁶ (second half) *ff* 'With long life | I will | satisfy you:

and | fill you . with | my sal- | vation.'

2019 DIARY

Our Lenten program and Easter Service leaflet is AVAILABLE in Narthex
It's not too late to join a Study Group...sign-on sheet in Narthex
 The books for these studies are now available from the office for Dean's group and from Cn.Anne for those signed on to her groups. Pay Office Cost \$10 each

During LENT there will be a service of EVENING PRAYER at 5pm each Sunday. Our clergy and visiting clergy will be preaching at these services.

MARCH 31 Our Parish AGM 11.30am, following 10am service

APRIL

6th CONSECRATION 11am of 11th Bishop of our Diocese: Rev'd Mark Short

14th PALM SUNDAY

18th MAUNDY THURSDAY 7.30pm. Foot washing, stripping altar, all night vigil.

19th GOOD FRIDAY 9am. STATIONS of CROSS 4pm

20th EASTER EVE 6pm Children's Service, Visitation at garden tomb

21st EASTER DAY 6am & 9am

Our Bishop will be attending all services Holy Week (Maundy Thurs-Easter Day)

FUNERAL SERVICE: For our late parishioner Lexi Shearstone will be held in the Cathedral **Thursday 14 March at 11am.**

May she rest in peace...and rise in Glory.

CATHEDRAL GUIDES:

We ask for extra support to ensure our Cathedral remains open to visitors and our community. Could you assist?? Training is given.

Our aim is to **open daily 10am-4pm** (Shifts: 10am-1pm, 1-4pm).

Please speak to Fred Rainger - Ph 4821 5725.

You can opt just to be a 'minder', you do not need a wealth of knowledge of every aspect of the building.

Cathedral Staff

(may be contacted through office 4821 2206)

Dean: The Very Rev'd Phillip Saunders Phone: 4821 9192
 Sub-Dean: Rev'd Canon Anne Wentzel Mobile: 0429 680 010

Canon-in-Residence: Rev'd Canon Catherine Eaton
 Canon-in-Residence: Rev'd Canon Kevin Stone

Director of Music: Barbara Griffin Mobile 0438 161 815
 Organist: Mr Robert Smith Phone: 4871 2731

Cathedral Wardens

Leigh Bottrell 4822 4946
 Kerrie Knowlman 0447 315 354
 Stephen Relf 0401 977 432
 Pamela Shaw 4822 8394

Cathedral Councillors

Robert Davey, Nina Dougall,
 Jennie Lacey



OUR CATHEDRAL MINISTRY of FOOD ASSISTANCE

Steady supply of all regular items now needed again. We have had added demand the past weeks, so our shelves need a top up. **NEEDED:** tinned meals, soups, tinned spaghetti, pasta/pasta sauces in any variety, small pkts Weet-bix, tuna/salmon, tinned ham/corned beef.

We are very grateful for your ongoing support of this ministry.

OUR NEXT CATHEDRAL CRAFT & MERCHANTS MARKET

Will be NIGHT MARKETS Friday April 5th, from 5-8pm.

This is because of the consecration of our Diocesan Bishop on the Saturday. We are going to need a lot of help cleaning and packing up after the markets, as the hall will be in use for the consecration. Please don't assume that 'someone else' will help, because 'someone else' doesn't. If you can lend a hand, speak to Pamela or Kerrie.

The money raised by these markets is used to support the parish. It would be nice if the parish supported the markets.

COME ON EVERYBODY, GET INVOLVED, SPEND & SUPPORT

CRAFT GROUP are meeting again in readiness for **Mothers Day.**

They will be making cards for inmates of Goulburn Gaol. All material is supplied so if you are interested come along. Meeting in MTR Commencing **Thursday 4 April** and running every week until **2nd May** 2-4pm. Enquiries to Heather Buchanan 0419 406 143



mainly music

Mainly Music is the Cathedral's ministry for babies, toddlers and preschool children.

Learning faith through music and movement.

MEET: Every FRIDAY 9.30-11am in hall (during school terms). All welcome. Cuppa provided,

THE ECUMENICAL CHRISTIAN MEDITATION group **MEET** on the 3rd Thursday of every month in the Mesac Thomas Chapel at 5.30pm. The next meeting is March 21st. Helen will meet you outside the Cathedral