



The **Cathedral Church** of St Saviour, Goulburn  
The Anglican Diocese of Canberra & Goulburn



P.O. Box 205, GOULBURN Office Hours: 9am – 12noon  
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**SUNDAY 7 JULY 2019**  
**FOURTH SUNDAY AFTER PENTECOST**



**TODAY**  
**8am Eucharist**  
**Celebrant** Canon Anne Wentzel  
**Preacher** Canon Anne  
**10am Choral Eucharist**  
**Celebrant** Dean Phillip  
**Preacher** Canon Anne



**Concluding Voluntary**  
*Prelude in D*  
By JS Bach

**TODAY'S READING**  
**Fourth Sunday after Pentecost**  
2 Kings 5. 1-14  
Ps 30  
Galatians 6. 7-18  
Luke 10. 1-12, 17-24

**NEXT SUNDAY'S READINGS**  
**Fifth Sunday after Pentecost**  
Amos 7. 7-17  
Ps 82  
Colossians 1. 1-14  
Luke 10. 25-37



In Jewish tradition, seventy represented the number of Gentile (foreign) nations. Thus, Jesus' sending out of seventy people foreshadows the mission of his Church to all nations. When the seventy return 'with joy', Jesus says the main cause for rejoicing is not what they have done for God but what God has done and will do for them and for all who trustingly open their hearts to him and his message.

An essential part of that message is to 'bear one another's burdens' and 'work for the good of all', as Paul reminds us, also using a harvest image to contrast dead-end life centred on self with eternal life given by the Spirit. Text: © ABM 2019

Rev'd Ross Cameron

**CATHEDRAL MIDWEEK EUCHARIST SERVICE for 2019**  
Monday 4pm, (w prayers for healing) and Thursday 10am

**CATHEDRAL MISSION STATEMENT**  
*As the mother church of the Diocese and Cathedral of Goulburn, St. Saviour's is a haven for nurturing Christians and fostering new faith in Christ. In the love of Christ and the grace of the Holy Spirit, the Cathedral community is committed to reinforcing the wisdom of our Anglican tradition and engaging with an ever changing world.*

*In particular, we are committed to:*

- Prayerful and joyous worship
- The ministry of hospitality
- Serving the broader community
- Supporting those from diverse background including those with special needs.
- Supporting Goulburn and the Diocese in good times and in times of adversity.

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**REGULAR GIVING & DONATIONS**  
To assist our Stewardship program and your searching for cash each week, we welcome your regular contribution by way of direct payment into:  
**St. Saviour's Cathedral Parish account**  
**Name: St.Saviour's Cathedral Parish:**  
**BSB 032721 ACCOUNT 280248**

Please use the appropriate reference:  
**MINISTRY**  
**OR MISSIONS**  
(Mission giving support Diocese of Willochra, Anglicare & ABM projects)

**OTHER DONATIONS:**  
Sowerby Trust BSB 702389  
ACC 5209886  
Organ Appeal BSB 702389  
ACC 5209664  
Heritage/Restoration Appeal  
BSB 032721  
ACC 680946

**CHEQUES ALSO ACCEPTED** made out to St Saviour's Cathedral, with name of ministry written on the back of the cheque.



If you are a visitor here this morning, we welcome you and hope you enjoy warm fellowship and are inspired by our worship. Please be mindful of a **STEP DOWN** as you leave your pew.

**Young Children:**  
We have an area in the Lady Chapel (to your right, blue carpet area) where young children are welcome under supervision. Toys/craft are provided.



**A Prayer for St George's Cathedral, our sister church in Jerusalem**

Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St George's. In difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence.  
**In Jesus' name, Amen**



St Saviour's Cathedral Hymns  
7 July 2019

Opening Hymn

Alleluia! Alleluia!  
Hearts to heaven and voices raise;  
sing to God a hymn of praise:  
he who on the cross a victim  
for the world's salvation bled,  
Jesus Christ, the King of glory,  
now is risen from the dead.

Christ is risen, Christ the first-fruits  
of the holy harvest field,  
which will all its full abundance  
at his second coming yield;  
then the golden ears of harvest  
will their heads before him wave,  
from the furrows of the grave.

Christ is risen, we are risen;  
shed upon us heavenly grace,  
rain, and dew, and gleams of glory  
from the brightness of thy face;  
that we, with our hearts in heaven,  
here on earth may fruitful be,  
and by angel-hands be gathered,  
and be ever, Lord, with thee.

*Christopher Wordsworth 1807-1885  
CP137 tune 556*



St Saviour's Cathedral Hymns  
7 July 2019

Gradual Hymn

In the cross of Christ I glory,  
towering o'er the wrecks of time;  
all the light of sacred story  
gathers round its head sublime.

Through the cross, Christ's love  
empowers us  
worldliness and self deny;  
by his Spirit it inspires us  
him, through love, to glorify.

When the woes of life o'ertake us,  
hopes deceive and fears annoy,  
never shall the cross forsake us,  
from it shines our peace and joy.

Bane and blessing, pain and pleasure,  
by the cross are sanctified;  
peace is there that knows no measure,  
joys that through all time abide.

*John Bowring 1792-1872 alt.  
v. 2 Charles Louis Fouvry 1928—  
TIS349 tune 165*



Offertory Hymn

There's a wideness in God's mercy  
like the wideness of the sea;  
there's a kindness in his justice  
which is more than liberty.  
For the love of God is broader  
than the measures of man's mind;  
and the heart of the Eternal  
is most wonderfully kind.

But we make his love too narrow  
by false limits of our own;  
and we magnify his strictness  
with a zeal he will not own.  
There is plentiful redemption  
in the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.

There is grace enough for thousands  
of new worlds as great as this;  
there is room for fresh creations  
in that upper home of bliss.  
If our love were but more simple,  
we should take him at his word;  
and our lives would all be gladness  
in the joy of Christ the Lord.

*FW Faber \* 1814-1863  
CP598(i)*



*Final Hymn*

Glorious things of you are spoken,  
Zion, city of our God:  
he whose word cannot be broken  
formed you for his own abode.  
On the Rock of Ages founded,  
what can shake your sure repose?  
With salvation's walls surrounded  
you may smile at all your foes.

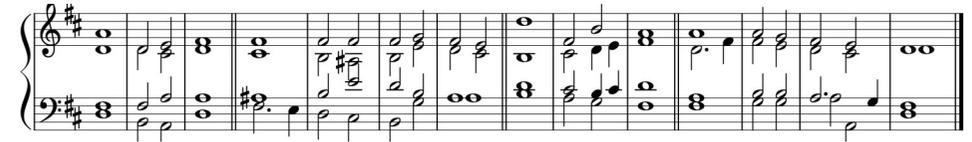
See, the streams of living waters,  
springing from eternal love,  
well supply your sons and daughters  
and all fear of want remove:  
who can faint while such a river  
ever flows their thirst to assuage -  
grace, which like the Lord the giver  
never fails from age to age?

Saviour, since of Zion's city  
I, through grace, a member am,  
let the world deride or pity,  
I will glory in your name:  
fading are the worldlings' pleasures,  
all their boasted pomp and show;  
solid joys and lasting treasures  
none but Zion's children know.

*John Newton, 1725-1807  
TIS 446*

**Psalm 30**

Chant: Turle, James (1802-1882)



- 1 Unison I will exalt you, O Lord, for you have drawn me up | from the | depths:  
**and have not suffered my foes to | triumph | over | me.**
- 2 O Lord my God, I | cried to | you:  
**and | you have | made me | whole.**
- 3 Harmony You brought me back, O Lord, from the | land of | silence:  
**you saved my life from among those that | go down | to the | Pit.**
- 4 Sing praises to the Lord, all you his | faithful | ones:  
**and give | thanks to . his | holy | name.**
- 5 Men For if in his anger is havoc, in his good | favour . is | life:  
**heaviness may endure for a night, but | joy comes | in the | morning.**
- 6 Women In my prosperity I said 'I shall | never . be | moved:  
**your goodness, O Lord, has set me | on so | firm a | hill.'**
- 7 Harmony 'Then you hid your | face | from me:  
**and | I was | greatly . dis- | mayed.**
- 8 I cried to | you, O | God:  
**and made my petition | humbly | to my | Lord.**
- 9 Men 'What profit is there in my blood, if I go down | to the | Pit:  
**can the dust give you thanks,  
| or de- | clare your | faith- . fulness?**
- 10 Women 'Hear, O Lord, | and be | merciful:  
**O | Lord, | be my | helper.'**
- 11 Unison You have turned my lamentation | into | dancing:  
**you have put off my sackcloth and | girded | me with | joy,**
- 12 Harmony That my heart may sing your praise and | never . be | silent:  
**O Lord my God, I will | give you | thanks for | ever.**

## UPDATE ON CATHEDRAL MINISTRIES:

### MINISTRY of FOOD ASSISTANCE

We are short of most things at the moment as demand has increased with the onset of winter. **We are in dire need of:**

**1xltr Longlife Milk, tinned Baked beans & spaghetti, tinned vegetables (peas, corn/peas/carrots)**

**Other items to keep stock up:** Tinned tuna/salmon, tinned soups, tinned meals (steak/vegetables, sausage/vegetables, stew).

We are very grateful for your ongoing support of this ministry.

### MINISTRY TO BABIES, TODDLERS & PRE-SCHOOLERS

**Mainly Music** Learning faith through music and movement.

**MEET:** Every FRIDAY 9.30-11am in hall during school terms.

Cuppa provided, all welcome. Leader: Debra McConnell.

### MINISTRY of HOSPITALITY

#### Cathedral Guides:

To ensure our Cathedral remains open to visitors and our community we need more Guides or Minders. Could you assist?? Training is given.

Our aim is to **open daily 10am-4pm (Shifts: 10am-1pm, 1-4pm).**

Please speak to Fred Rainger - Ph 4821 5725.

You can opt just to be a 'minder', you do not need a wealth of knowledge of every aspect of the building. Please consider this ministry.

### MINISTRY of BELL-RINGERS

More bell ringers are needed as our bells are silent too often. No experience necessary as we provide full training. We practice on Tuesdays between 5pm and 6.30pm, entry via the tower door. The only requirements are that you are able to ascend the spiral staircase, have comfortable footwear and are able to move your arms up and down. We'll teach you everything else. Contact: Stephen Relf Ph: 0401 977 432 to arrange lessons and to confirm practice is going ahead

**Ecumenical Meditation Group** that meet on 3rd Thursday is in **winter recess.** For information contact Helen Rainger: 48215725

## JULY

**Fri 12th:** MU in the Mary Thomas Room.

**Sat 27 "Friends" Soup & Sandwich Lunch.** Large hall 12noon \$12/head: Guest speaker: +Mark Short. All welcome RSVP: Graham Holgate 0490 022 611

**Sat 27 SAFE MINISTRIES WORKSHOP - AWARENESS WORKSHOP** 9.30AM-3.30PM

**Sun 28 SAFE MINISTRIES WORKSHOP - REFRESHER WORKSHOP** 1pm-3pm

WHO IS REQUIRED TO ATTEND??

All clergy, all Wardens & Parish Councillors and all volunteers in ministry to children, young people & vulnerable adults.

The certificate is current for THREE YEARS so if you need to update your certification, then you should register for **'Refresher'** program on **SUNDAY**. Otherwise if you have never completed the course, you should register for full workshop on **SATURDAY only**. Please register at the office 9am-12noon by 14 July 2019. Full details will be given to you.

**VENUE:** St. Nick's hall, Kinghorne Street, North Goulburn.

The Parish will cover the cost of these courses.



### NAIDOC Week 7-14 July 2019

(National Aborigines & Islanders Day Observance Committee)

Its origins can be traced to the emergence of Aboriginal groups in the 1920's which sought to increase awareness in the wider community of the status and treatment of Aboriginal and Torres Strait Islander Australians. Local community celebrations during NAIDOC Week are encouraged and often organised by communities, government agencies, local councils, schools and workplaces.

### HOME COMMUNIONS

**CELEBRANT:** (N), we send you out to share Communion with those unable to come to Church.

**PEOPLE:** **May you carry the prayers of our Cathedral community as you take this sacrament of Christ's presence.**

**CELEBRANT:** May those who receive it be strengthened and encouraged in Christ. **AMEN**

#### Cathedral Staff

(may be contacted through office 4821 2206)

Dean: The Very Rev'd Phillip Saunders Phone: 4821 9192  
Sub-Dean: Rev'd Canon Anne Wentzel Mobile: 0429 680 010

Canon-in-Residence: Rev'd Canon Kevin Stone

Director of Music: Barbara Griffin Mobile 0438 161 815  
Organist: Mr Robert Smith Phone: 4871 2731

#### Cathedral Wardens

Leigh Bottrell 4822 4946  
Kerrie Knowlman 0447 315 354  
Stephen Relf 0401 977 432  
Pamela Shaw 4822 8394

#### Cathedral Councillors

Robert Davey, Jennie Lacey