



the **cathedral church** of st saviour, goulburn
The Anglican Diocese of Canberra & Goulburn

P.O. Box 205, GOULBURN Office Hours: 9am – 12noon
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SUNDAY 4 FEBRUARY 2018

FIFTH SUNDAY AFTER EPIPHANY



TODAY

8 am Eucharist
Celebrant Cn. Anne
Preacher Cn. Anne
10am Sung Eucharist
Celebrant Dean Phillip
Preacher Cn. Anne
5pm Evensong
Preacher Dean Phillip



Concluding Voluntary
Toccata in B minor
By Eugene Gigout

TODAY'S READINGS

Isaiah 40.21-31
Ps 147.1-11
1 Corinthians 9.16-23
Mark 1.29-39

NEXT SUNDAY'S READINGS

Sixth Sunday after Epiphany

2 Kings 5.1-14
Ps 30
1 Corinthians 9.24-27
Mark 1. 40-45



The Psalmist tells us today that God heals the broken in spirit and binds up their wounds. We see precisely that as Jesus heals many at Simon's home. Do we heal the broken in spirit, or do we make their wounds worse?

Text: Robert McLean, ABM 2018

CATHEDRAL DAILY SERVICE TIMES

Monday–Friday

MORNING PRAYER 8.00 AM
EVENING PRAYER 4.30 PM

REGULAR

WEEK DAY EUCHARIST SERVICES

Monday 4pm, Tuesday 12noon, Wed 5pm(w.prayers for healing), Thurs 10am Friday 8.15am

NB: MONDAY 4PM (NOT 5PM)

CATHEDRAL MISSION STATEMENT

As the mother church of the Diocese and Cathedral of Goulburn, St. Saviour's is a haven for nurturing Christians and fostering new faith in Christ. In the love of Christ and the grace of the Holy Spirit, the Cathedral community is committed to reinforcing the wisdom of our Anglican tradition and engaging with an ever changing world. In particular, we are committed to:

- Prayerful and joyous worship
- The ministry of hospitality
- Serving the broader community
- Supporting those from diverse background including those with special needs.
- Supporting Goulburn and the Diocese in good times and in bad.

REGULAR GIVING & DONATIONS 2016

To assist our Stewardship program we welcome your regular contribution by way of direct payment into our

St. Saviour's Cathedral

General Account:

BSB 032721 ACCOUNT 280248

Please use the appropriate reference:

MINISTRY (to support Cathedral Ministry)

MISSIONS (supporting Diocese of Willochra, Anglicare & ABM projects)

OTHER DONATIONS:

Organ Appeal BSB 702389
ACC 5209664

Heritage/Restoration Appeal
BSB 032721
ACC 680946

Welcome, Visitors!



If you are a visitor here this morning, we welcome you and hope you enjoy warm fellowship and are inspired by our worship. Please be mindful of a **STEP DOWN** as you leave your pew.



LENTEN STUDY

Dean Phillip will be leading a Lenten study this year.

COMMENCEMENT:

Tuesday 20 FEBRUARY 2.30PM in Soldiers Chapel. It will run every Tuesday during Lent (finishing: 20 March)

LISTENING TO THE WISDOM OF THE DESERT is a modern Lenten program for group or personal study.

The theme from the first Sunday gospel of Lent, Jesus' 40 days in the desert.

Through five weeks we explore this theme using prayer, biblical reflection and modern stories.

Focus questions are:

What is the desert in our own lives?
What can we learn from it?

Please add your name to list in Narthex so booklets can be ordered. Cost \$10



Opening Hymn

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, your great name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, but ruling in might;
your justice like mountains high soaring above,
your clouds which are fountains of goodness and love.

You give life to all, Lord, to both great and small,
in true life now living, the true life of all;
we blossom and flourish as leaves on a tree,
then wither: but ever unchanged you will be.

All praise we would render: reveal to our sight
what hides you is only the splendour of light;
and so let your glory, Almighty, impart,
through Christ in the story, your Christ to the heart.

TIS143



Gradual Hymn

Have you not known, have you not
heard,
that firm remains on high
the everlasting throne of him
who formed the earth and sky?

Supreme in wisdom as in power
the rock of ages stands;
though him you cannot see, nor
trace
the working of his hands.

Mere human power shall fast decay,
and youthful vigour cease;
but they who wait upon the Lord
in strength shall still increase.

They with unwearied feet shall tread
the path of life divine,
with growing ardour onward move,
with growing brightness shine.

*Isaac Watts 1674-1748
And William Cameron 1751-1811
AHB 35 (Tune 36(i))*

Offertory Hymn

All creatures of our God and King,
lift up your voice and with us sing
alleluia, alleluia!
O burning sun with golden beam,
and silver moon with softer gleam,
O praise him, O praise him,
alleluia, alleluia, alleluia!

Swift-rushing winds that are so strong,
and clouds that sail in heaven along,
O praise him, alleluia!
Fresh-rising morn, in praise rejoice,
and lights of evening, find a voice:
O praise him, O praise him,
Alleluia, alleluia, alleluia!

Dear mother earth, who day by day
unfold rich blessings on our way,
O praise him, alleluia!
All flowers and fruits that in you grow,
let them his glory also show;
O praise him, O praise him,
alleluia, alleluia, alleluia!

Let all things their Creator bless,
and worship him in humbleness;
O praise him, alleluia!
Praise, praise the Father, praise the Son
and praise the Spirit, Three in One:
O praise him, O praise him,
alleluia, alleluia, alleluia!



Final Hymn

Lord, your almighty word
chaos and darkness heard,
and took their flight:
hear us, we humbly pray,
and where the gospel day
sheds not its glorious ray,
let there be light.

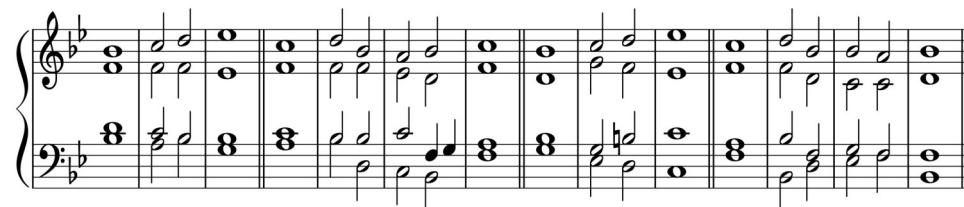
Saviour, who came to give
those who in darkness live
healing and sight,
health to the sick in mind,
sight to the inly blind,
now to all humankind
let there be light.

Spirit of truth and love,
life-giving holy dove,
speed forth your flight;
move on the waters' face,
bearing the lamp of grace,
and in earth's darkest place
let there be light.

Holy and blessed Three,
glorious Trinity,
Wisdom, Love, Might,
boundless as ocean's tide
tolling in fullest pride,
through the earth far and wide,
let there be light.

*C. John Marriott 1780-1825 alt.
TIS 447*

Psalm 147.1-11



¹ O praise the Lord, for it is good to sing praises | to our | God:
and to | praise him . is | joyful . and | right.

² The Lord is re- | building . Jer- | usalem:
he is gathering together the | scattered | outcasts . of | Israel.

³ He heals the | broken . in | spirit:
and | binds | up their | wounds.

⁴ He counts the number | of the | stars:
and | calls them | all by | name.

⁵ Great is our Lord, and great | is his | power:
there is no | measuring . his | under- | standing.

⁶ The Lord re- | stores the | humble:
but he brings down the | wicked | to the | dust.

⁷ O sing to the Lord a | song of | thanksgiving:
sing praises to our | God up- | on the | harp.

⁸ He covers the heavens with cloud, and prepares rain | for the | earth:
and makes the grass to | sprout up- | on the | mountains.

⁹ He gives the | cattle . their | food:
and feeds the young | ravens . that | call to | him.

¹⁰ He takes no pleasure in the strength | of a | horse:
nor does he de- | light in | any- . one's | legs,

¹¹ But the Lord's delight is in | those that | fear him:
who | wait in | hope for . his | mercy.

URGENTLY NEEDED....have you considered helping the clergy team with pastoral visits?

This is a very special and rewarding ministry. Canon Anne needs someone to assist her on Wednesday mornings for one hour at the four Aged Care facilities while Val Crooks takes a short break. We also need to train NEW pastoral visitors to visit people in hospital or at home, maybe once a month. Cn.Anne will be happy to guide and assist you along the way. This is a ministry of giving, generosity and love. You can "fit" it into your own daily routine and be assured you will know you are doing God's work. It is a great gift to those whom you visit. Would you pray for suitable people to step up to this important ministry. Please speak to Cn.Anne or phone her.

The suitable candidates will need to be approved by the Dean after the usual ministry checks.



OUR CATHEDRAL MINISTRY TO THOSE IN NEED
OUR SHELVES ARE NOW VERY HEALTHY. Thank you.
The only items needed that would top up our existing quantities are:
Tinned meals, tinned salmon/tuna, baked beans and spaghetti and
small packets Weetbix (or other cereal).

MISSIONS: IT'S TIME FOR COUNTING YOUR LOOSE CHANGE BOXES.

Both ABM and BCA boxes should now be brought to the office for counting. Our office hours M-F 9am-12noon.



This is a great way to support our Mission targets. If you would like to support, either ABM or BCA empty boxes are available on the table at the rear of the Cathedral. We will advise via pew sheet when they ready for counting.



Education for Ministry (EfM) will begin with a short 45min meeting **NEXT SUNDAY at 12.15pm** in the Mary Thomas Room. It's not too late to enrol. Books have been ordered and reading and reflection guides are ready for those who have indicated their intention to join this group. This is a very exciting event and the group will draw close together in respectful friendship. There are two trained leaders, Canon Anne and Mrs Anna Krebs. We look forward to meeting you all and beginning our "studies". No written essays are ever required. Contact: Cn.Anne Wentzel for more information or questions.

A Prayer for St George's Cathedral, our sister church in Jerusalem

Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St George's. In difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence.
 In Jesus' name, **Amen**

"Crafty" people for Card Making for the gaol: Meeting Thursday 8 February 2pm MTR
 Everything supplied. Enquiries to Heather Buchanan Mobile: 0419 406 143

FEBRUARY 2018

..Bring last year's palm crosses to office in preparation for Ash Wed..

TODAY EfM Information meeting 12:15pm Mary Thomas Room
9th MU Afternoon Group 2pm Mary Thomas Room
11th 3pm Diocesan Service of Lament & Repentance - +Stuart
14th Ash Wednesday: Imposition of Ashes: 8.15am and 5pm
15th Christian Meditation Group 5:30-6pm MTR All welcome
18th Harvest Festival... Has been postponed to later in year, please note
20th Lenten Study: 2:30pm Soldiers Chapel, lead by Dean Phillip
24th Ordination of deacons: 11am

MARCH 2018

Sunday 25 Palm Sunday

Saturday 31 **11AM** : +Stuart Laying up of Staff service.

CATHEDRAL GUIDES: We seek your help to keep our Cathedral open.
 If you can help or if you would like to know what is involved, please speak to Fred Rainger - Ph 4821 5725. Training is given. Our aim is to open 10am-4pm (3hrs/once week or month will assist greatly). This is a treasure to share with the faithful and the weary traveller.

HOME COMMUNIONS

CELEBRANT: (N), we send you out to share Communion with those unable to come to Church.

PEOPLE: May you carry the prayers of our Cathedral community as you take this sacrament of Christ's presence.

CELEBRANT: May those who receive it be strengthened and encouraged in Christ. **AMEN**

Cathedral Staff

Dean: The Very Rev'd Phillip Saunders

Phone: 4821 9192

Sub-Dean: Rev'd Canon Anne Wentzel

Phone: 4821 2206 Mobile: 0429 680 010

Canon-in-Residence: Rev'd Canon Catherine Eaton

Phone: 4821 2206

Canon-in-Residence: Rev'd Canon Kevin Stone

Phone: 4821 2206

Cathedral Music

Director of Music: Barbara Griffin

Phone: 0438 161 815

Organist: Mr Robert Smith

Phone: 4871 2731

Cathedral Wardens

Leigh Bottrell 4822 4946

Kerrie Knowlman 0447 315 354

Stephen Relf 0401 977 432

Pamela Shaw 4822 8394

Cathedral Councillors

Robert Davey, Nina Dougall, Martin Perera