

the cathedral church of st. saviour, goulburn

The Anglican Diocese of Canberra & Goulburn



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SUNDAY 14TH FEBRUARY 2016

FIRST SUNDAY IN LENT

SERVICE TIMES

8am Eucharist
Celebrant Cn.Gunnar
Preacher Dean Phillip
10am Choral Eucharist
Celebrant Dean Phillip
Preacher Dean Phillip
5pm Reflective Eucharist
Preacher Cn.Roberta Hamilton

Hymns and the Psalm for the day
 are found in the centre of the pew sheet.

The communion motet is
"Turn thy face from my sins"
 By Thomas Atwood

The concluding voluntary is
 Variations on *"Vater Unser"*
 By Felix Mendelssohn

TODAY'S READINGS

First Sunday in Lent
 Deuteronomy 26. 1-11
 Ps 91. 1-2, 9-16
 Romans 10. 4-13
 Luke 4. 1-15

NEXT SUNDAY'S READINGS

Second Sunday in Lent
 Genesis 15. 1-12, 17-18
 Ps 27
 Philippians 3. 17-4. 1
 Luke 13. 1-9



Today is coincidentally the First Sunday of Lent – the remembrance of Jesus going into the wilderness for 40 days – and Valentine's Day – where couples all over the Western world celebrate romantic love by being together and exchanging gifts. Out of love for his people Jesus ventures into the desert to fast and to pray – alone, and in this he is confronted with all the desires and difficulties that his human nature throws to him. In this he prevails because of his righteousness and shows us that there is no real love without sacrifice. We ought to remember this message on our Lenten journey and especially today.

Text: Rev Will Johnst Anglican Board of Mission, 2016

St Saviour's Cathedral

CATHEDRAL DAILY SERVICE TIMES

Monday–Friday
MORNING PRAYER 8AM
EVENING PRAYER 4.30PM

REGULAR
WEEK DAY EUCHARIST SERVICES
Mon 5 pm
Tues 12noon
Wed w prayers for healing 5pm
Thurs 10 am
Fri 8.15 am

NEXT SUNDAY 21 FEB 2016
Second Sunday in Lent

8am Eucharist
10am Choral Eucharist
5pm Reflective Eucharist

REGULAR GIVING & DONATIONS 2016

To assist our Stewardship program we welcome your regular contribution by way of direct payment into our
St. Saviour's Cathedral

General Account:

BSB 032721 ACCOUNT 280248

Please use the appropriate reference:

- * **MINISTRY** (to support Cathedral Ministry)
- * **MISSIONS** (to support our Mission Giving)

OTHER DONATIONS:

Organ Appeal BSB 702389
 ACC 5209664
 Heritage/Restoration Appeal
 BSB 032721
 ACC 680946

OUR MISSION GIVING 2016

1st quarter: Diocese of Willochra
 2nd quarter: ABM project
 3rd quarter: Anglicare Winter Appeal
 4th quarter: ABM project



CATHEDRAL MINISTRY OF HOSPITALITY

Our aim is to have the Cathedral open every day from 10am-4pm.
 New guides are welcome & training given.

If you can spare 3hrs one day a week or a month and think you might like this ministry please speak to Fred Rainger
 Phone: 4821 5725 or the office.

Our **Lenten/Easter services** are available as a separate booklet, please collect one from "Welcomers" station at entry.

STUDY GROUPS: through **LENT TUESDAY 2-3pm ... Cathedral**
SATURDAY 6-7pm...Paragon Cafe
LENTEN STUDY PACKS \$10

are available at Welcomers station please leave \$10 in perspex box at entry. This material is available to anyone, not only those joining study groups. At this *evening's service* we welcome **Canon Roberta Hamilton**, as Preacher.

WELCOME VISITORS

If you are visitors to Goulburn and our Cathedral today we welcome you.
 We hope you enjoy warm fellowship and are inspired by our worship.



St Saviour's Cathedral Hymns
14th February 2016

Opening Hymn

Awake, our souls; away, our fears;
Let every trembling thought be gone;
Awake and run the heavenly race,
And put a cheerful courage on.

True, 'tis a straight and thorny road,
And mortal spirits tire and faint;
But they forget the mighty God
That feeds the strength of every saint.

The mighty God, whose matchless power
Is ever new and every young,
And firm ensures, while endless years
The everlasting circles run.

Swift as an eagle cuts the air,
We'll mount aloft to your abode;
On wings of love our souls shall fly,
Nor tire amidst the heavenly road.

*Isaac Watts (1672-1748) alt.
CP 382
TUNE: Melcombe*

St Saviour's Cathedral Hymns
14th February 2016

Gradual Hymn:

Forty days and forty nights
You were fasting in the wild,
Forty days and forty nights
Tempted, and yet undefiled:

Sunbeams scorching all the day;
Chilly dew-drops nightly shed;
Prowling beasts about your way,
Stones your pillow, earth your bed.

Let us your endurance share
And from earthly greed abstain,
With you watching unto prayer,
With you strong to suffer pain

And if Satan on us press
Flesh or spirit to assail,
Victor in the wilderness,
Grant we may not faint or fail.

Keep, O keep us, Saviour dear,
Ever constant by your side,
That with you we may appear
At the eternal Eastertide.

*George Hunt Smyttan (1822
-1870) and Francis Pott (1832-1909)
alt.
TIS 591
TUNE: Heinlein*

Offertory Hymn:

O Jesus, King most wonderful;
O conqueror renowned,
O sweetness most ineffable
In whom all joys are found!

When once you visit in the heart,
Then truth begins to shine,
Then earthly vanities depart,
Then kindles love divine.

O Jesus, light of all below!
O fount of living fire,
Surpassing all the joys we know,
And all we can desire:

Jesus, may all confess your name,
Your wondrous love adore;
And, seeking you, themselves inflame
To seek you more and more.

Jesus, our love and joy, to you,
The Father's only Son,
All might, and praise, and glory due,
While endless ages run.

*Jesu, Rex mirabilis (Latin, 12th cent.) tr. Edward Caswall
(1814-1878) alt.
CP 539
TUNE: St Botolph*

St Saviour's Cathedral Hymns
14th February 2016

Final Hymn

Jesus, lover of my soul,
Let me to thy refuge fly,
While the nearer waters roll,
While the tempest still is high;
Hide me, O my Saviour, hide,
Till the storm of life is past;
Safe into the haven guide,
O receive my soul at last.

Other refuge have I none,
Hangs my helpless soul on thee;
Leave, ah! leave me not alone,
Still support and comfort me:
All my trust on thee is stayed,
All my help from thee I bring;
Cover my defenceless head
With the shadow of thy wing.

Thou, O Christ, art all I want,
More than all in thee I find,
Raise the fallen, cheer the faint,
Heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
False and full of sin I am,
Thou art full of truth and grace.

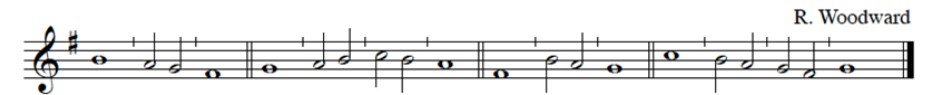
Plenteous grace with thee is found,
Grace to cover all my sin;
Let the healing streams abound,
Make and keep me pure within:
Thou of life the fountain art,
Freely let me take of thee,
Spring thou up within my heart,
Rise to all eternity.

*Charles Wesley (1707-1788) alt.
TIS 211
TUNE: Aberystwyth*

Refrain



Lord, you are my refuge and my stronghold, my God in whom I trust.



Psalm 91, vv 1, 2, 9-16

1. Those who dwell in the shelter of the | Most | High:
who abide under the | shadow | of the . Al- | mighty,
2. They will say to the Lord, “You are my refuge | and my | stronghold:
my | God in | whom I | trust.”
9. The Lord himself | is your | refuge:
you have made the | Most | High your | stronghold.
10. Therefore no harm | will be- | fall you:
nor will any | scourge come | near your | tent. REFRAIN
11. For he will com- | mand his | angels:
to | keep you . in | all your | ways.
12. They will bear you up | in their | hands:
lest you dash your | foot a- | gainst a | stone.
13. You will tread on the lion | and the | adder:
the young lion and the serpent you will | trample | under | foot.
14. “You have set your love upon me,” says the Lord,
“and therefore | I will . de- | liver you:
I will lift you out of danger, because | you have | known my | name.
REFRAIN
15. “When you call upon me | I will | answer you:
**I will be with you in trouble,
I will rescue | you and | bring you . to | honour.**
16. “With long life | I will | satisfy you:
and | fill you . with | my sal- | vation.” REFRAIN

2016 LENTEN ALMS GIVING—Supporting ABM projects

You can support ABM projects during LENT by taking a **PURPLE** envelope and **GOOD FRIDAY** by taking a **RED** envelope to support the christian *Diocese of Jerusalem* Both available at "Welcomers" station as you enter.

Both envelopes should be placed in our "offertory plates" during Lent and on Good Friday/Easter Sunday, or earlier.



UPCOMING CONCERT PERFORMANCE: Violinist **Atilla Sautov**

concert in the Cathedral **TUESDAY 15 MARCH 2016 @ 7PM**

Sales: www.attillasautov.com or Café Book or at the door

Tickets: Adult \$30, Concession \$25, Students \$20, Children (12-17) \$10

CATHEDRAL CHILDREN'S MINISTRY— has commenced

A new ministry aimed at pre-school children & parents.

It is a faith-based program through *MUSIC*

If you would like to come and support this group you are welcome to drop in.

MEET: Every Friday Time: 9.30am in Cathedral hall
The Co-ordinator is **Debbie McConnell**

We are waiting for our registration to be processed before we can use Mainly Music logo. Please pray for Debbie and this ministry in your daily prayers


ECUMENICAL CHRISTIAN MEDITATION

meet every Thursday 5.30-6pm, except during School holidays

Venue: Uniting Church Wesley Centre

For information please contact: Helen Rainger 4821 5725

The Cathedral Annual General Meeting will be held on

AGM

Sunday, March 13th at 11.45am

All nominations, motions, items of general business and reports must be submitted by 5pm TODAY

Forms are available on the Baptistry table, rear/side of Cathedral
There are vacancies this year for two councillors and one warden.


Stocks are low

Long-life FULL milk, tinned soups (any variety), pasta and pasta sauces (any kind), dry crackers (bread substitute), meals-in-a-bowl, noodles, tinned meals (any variety) and cereals (sml.pkts)

Your generosity and support is appreciated.

February 2016

Friday 19 "Littlies" Music Ministry - Hall 9.30am
Sunday 21 ORGAN RECITAL *James Porteous* 2.30pm
Saturday 27 ORDINATION of DEACONS 11am
FOR LENT & EASTER SERVICES...REFER TO SEPARATE BOOKLET

(available from "Welcomers" station as you enter)

March 2016

Saturday 12 Goulburn 153rd Celebration
Tuesday 15 CATHEDRAL CONCERT: *Atilla Sautov* 7pm
(Ticket sales: refer previous page)

Sunday 20 ORGAN RECITAL *Ralph Lane* 2.30pm

April 2016

3 Apr Daylight Saving Ends Clocks back 1 hr



May 2016

6-7 May Lay Ministry Convention .. Veolia Arena
(Brochures available "Welcomers" station as you enter)

Sunday 29 Greta Bradman "My Hero" Concert 3pm
(Ticket sales: visit www.gretabradman.com or 1300 762 545)

HOME COMMUNIONS

CELEBRANT: (N), we send you out to share Communion with those unable to come to Church.

PEOPLE: May you carry the prayers of our Cathedral community as you take this sacrament of Christ's presence.

CELEBRANT: May those who receive it be strengthened and encouraged in Christ. AMEN

Cathedral Staff

Dean: The Very Rev'd Phillip Saunders
Phone: 4821 9192
Associate Priest & Canon In-Residence:
Canon Rev'd Gunnar Rippon
Phone: 0417 175 390
Assistant Priest: Rev'd Theresa Angert-Quilter
Phone: 0408 762 651
Priest Assisting: Rev'd Catherine Eaton
Phone: 4821 2206
Canon-in-Residence: Canon Rev'd Kevin Stone

Cathedral Music

Director of Music: Dr Greg Oehm
Phone: 0409 229 616
Organist: Mr. Robert Smith
Phone: 4871 2731

Cathedral Wardens

Leigh Bottrell 4822 4946
Kerrie Knowlman 0447 315 354
Pamela Shaw 4822 8394
John Quilter 0438 362 651