

the cathedral church of st saviour, goulburn

The Anglican Diocese of Canberra & Goulburn



P.O. Box 205, GOULBURN Office Hours: 9am – 1pm
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E-mail: office@goulburncathedral.org.au
Website: www.goulburncathedral.org.au

SUNDAY 19TH JUNE 2016 FIFTH SUNDAY AFTER PENTECOST

TODAY

8am Eucharist
Celebrant Rev'd Theresa
Preacher Dean Phillip
10am Choral Eucharist w baptism
Celebrant Dean Phillip
Preacher Dean Phillip
5pm Quiet Reflective Eucharist

Hymns and the Psalm for the day
are found in the centre of the pew sheet.

The communion motet is
"E'en like the hunted hart"
By Thomas Tallis

The concluding voluntary is
Prelude in G
By JS Bach

TODAY'S READINGS Fifth Sunday after Pentecost

1 Kings 19.1-15a
Ps 42; 43
Galatians 3.10-14, 23-29
Luke 8.26-39

NEXT SUNDAY'S READINGS Sixth Sunday after Pentecost

2 Kings 2. 1-2, 6-14
Ps 77. 1-2, 11-20
Galatians 5. 1, 13-25
Luke 9. 51-62

Elijah was looking for a sign that the Lord was with him. We see the various environmental signs that he examined, but he found God in the sound of sheer silence, or as in the King James Version, 'A still small voice.' We are so busy with the rain and wind and storms of our lives that we fail to take time out to stop and listen for that still small voice. We are so busy doing the gardening that we do not stop to smell the roses. Though we are busy, and so much has to be done, we must take time out. It is good if we can find a few days for a quiet retreat, but that may not be possible. What is possible is 'time-out' – perhaps waking a few minutes early, or just sitting on the verandah contemplating God's greatness or even remembering to take a few minutes in silence as we enter Church on Sundays. We need to hear that 'still small voice'.

text: Rev Ken Spreadborough ABM, 2016

St Saviour's Cathedral

CATHEDRAL DAILY SERVICE TIMES

Monday–Friday
MORNING PRAYER 8.00 AM
EVENING PRAYER 4.30 PM

REGULAR
WEEK DAY EUCHARIST SERVICES
Monday 5 pm
Tuesday 12noon
Wednesday w prayers for healing 5pm
Thursday 10 am
Friday 8.15 am

NEXT SUNDAY 26 JUNE 2016 Sixth Sunday after Pentecost

8am Eucharist
10am Choral Eucharist
5pm Quiet Reflective Eucharist

REGULAR GIVING & DONATIONS 2016

To assist our Stewardship program we welcome your regular contribution by way of direct payment into our
St. Saviour's Cathedral

General Account:

BSB 032721 ACCOUNT 280248

Please use the appropriate reference:

- * **MINISTRY** (to support Cathedral Ministry)
- * **MISSIONS** (to support our Mission Giving)

OTHER DONATIONS:

Organ Appeal BSB 702389
ACC 5209664
Heritage/Restoration Appeal
BSB 032721
ACC 680946

OUR MISSION GIVING 2016

1st quarter: Diocese of Willochra
2nd quarter: ABM project
3rd quarter: Anglicare Winter Appeal
4th quarter: ABM project



CATHEDRAL MINISTRY OF HOSPITALITY

Our aim is to have the Cathedral open every day from 10am-4pm. New guides are welcome and training given. If you can spare 3 hrs, one day per week or month and think you might like this ministry, please speak to Fred Rainger, phone 4821 5725



I baptize you in the name of the Father and of the Son and of the Holy Spirit

BAPTISM 10am
We welcome:
Ryan Harry James
COOPER and
Pippa Louise GANN
being baptised. Welcome the families and friends here to support them.



If you are a visitor to Goulburn and the Cathedral today welcome. We hope you enjoy warm fellowship and are inspired by our worship.

FOR YOUR SAFETY: As you leave your seat be mindful of a **STEP DOWN** to the aisle.

St Saviour's Cathedral Hymns
June 19th 2016



Gradual Hymn:

In Christ there is no east or west,
In him no south or north,
But one great fellowship of love
Throughout the whole wide earth.

In Christ shall true hearts everywhere
Their high communion find,
His service is the golden cord
Close-binding humankind.

Join hands, then, people of the faith,
Whate'er your race may be;
Who serves my Father as his child
Is surely kin to me.

In Christ now meet both east and west,
In him meet south and north,
All Christlike souls are one in him
Throughout the whole wide earth.

*William Arthur Dunkerley ("John Oxenham") (1852-1941) alt.
TIS 459
TUNE: St Bernard*

St Saviour's Cathedral Hymns
June 19th 2016



Offertory Hymn

Dear Father, Lord of humankind,
Forgive our foolish ways;
Reclothe us in our rightful mind:
In purer lives your service find,
In deeper reverence, praise,
In deeper reverence, praise.

In simple trust like theirs who heard,
Beside the Syrian sea,
The gracious calling of the Lord,
Let us, like them, without a word
Rise up and follow thee,
Rise up and follow thee.

O Sabbath rest by Galilee!
O calm of hills above,
Where Jesus knelt to share with thee
The silence of eternity,
Interpreted by love,
Interpreted by love!

Drop your still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of your peace,
The beauty of your peace.

Breathe through the heats of our desire
Your coolness and your balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake, wind, and fire,
O still small voice of calm,
O still small voice of calm.

*John Greenleaf Whittier (1807-1892) alt.
TIS 598
TUNE: Repton*

Final Hymn

King of glory, King of peace,
I will love thee;
And, that love may never cease,
I will move thee.
Thou hast granted my request,
Thou hast heard me;
Thou didst note my working breast,
Thou hast spared me.

Wherefore with my utmost art
I will sing thee,
And the cream of all my heart
I will bring thee.
Though my sins against me cried,
Thou didst clear me;
And alone, when they replied,
Thou didst hear me.

Seven whole days, not one in seven,
I will praise thee;
In my heart, though not in heaven,
I can raise thee.
Small it is, in this poor sort
To enrol thee:
Ev'n eternity's too short
To extol thee.

*George Herbert (1593-1633)
TIS 201
TUNE: Gwalchmai*

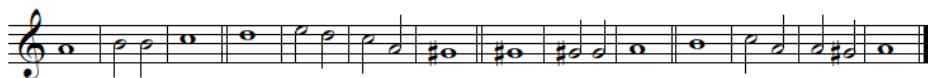
Psalm 42

G. J. Oehm



1. As a deer longs for the | running | brooks:
so longs my | soul for | you, O | God.
2. My soul is thirsty for God, thirsty for the | living | God:
when shall I | come and | see his | face?
3. My tears have been my food | day and | night:
while they ask me all day long | ‘Where now | is your | God?’
4. As I pour out my soul by myself, I re- | member | this:
how I went to the house of the Mighty One, in- | to the | temple . of | God,
- †5. To the shouts and | songs of . thanks- | giving:
a multitude | keeping | high | festival.

G. J. Oehm



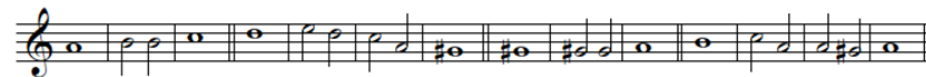
6. Why are you so full of | heaviness, my | soul:
and | why so . un- | quiet . with- | in me?

G. J. Oehm



7. O put your | trust in | God:
for I will praise him yet, who is my | deliver-er | and my | God.
8. My soul is | heavy . with- | in me:
**therefore I will remember you from the land of Jordan,
from Mizar a- | mong the | hills of | Hermon.**
9. Deep calls to deep in the | roar of . your | waters:
all your waves and | breakers | have gone | over me.
10. Surely the Lord will grant his loving mercy | in the | day-time:
**and in the night his song will be with me,
a | prayer to . the | God of . my | life.**
11. I will say to God, my rock, ‘Why have | you for- | gotten me:
why must I go like a mourner | because the | enemy . op- | presses me?’
- †12. Like a sword through my bones, my | enemies . have | mocked me:
while they ask me all day long | ‘Where now | is your | God?’

G. J. Oehm



13. Why are you so full of | heaviness, my | soul:
and | why so . un- | quiet . with- | in me?
14. O put your | trust in | God:
for I will praise him yet, who is my | deliver-er | and my | God.

Psalm 43

G. J. Oehm



1. Give judgement for me, O God, take up my cause against an | ungodly | people:
deliver me from the de- | ceitful | and un- | just.
2. For you are God my refuge – why have you turned | me a- | way:
why must I go like a mourner | because the | enemy . op- | presses me?
3. O send out your light and your truth, and | let them | lead me:
let them guide me to your holy | hill and | to your | dwelling.
4. Then I shall go to the altar of God, to God my joy and | my de- | light:
and to the harp I shall sing your | praises, O | God, my | God.

G. J. Oehm



5. Why are you so full of | heaviness, my | soul:
and | why so . un- | quiet . with- | in me?
6. O put your | trust in | God:
for I will praise him yet, who is my | deliver-er | and my | God.



Our Cathedral ministry to those in need.

Our shelves are healthy at the moment and we thank all who assist with food. Winter is now here and we are assisting more families in difficulty.

Please continue this very worthwhile ministry.

Suggested items:

Tins of soups (all varieties), pasta and pasta sauces, tinned spaghetti, tinned fruit and cereals.



CHRIST COLLEGE CHOIR, CAMBRIDGE UK

Will be our guests on the weekend of 9-10 July 2016, approximately 24 young people requiring hospitality. Your URGENT ATTENTION is requested. Can you provide Bed/Breakfast...Sign on sheet is in Narthex

ECUMENICAL CHRISTIAN MEDITATION

Meet every Thursday 5.30-6pm, except during School holidays

Venue: Uniting Church, Wesley Centre

For information please speak to Helen Rainger, 4821 5725



CAN YOU HELP....OLD TOWELS wanted to use when rain falls in the Cathedral. Do you have any spare old towels? If so please drop them at the office. Our supply is wearing out!

To the Linen Carers / Launderers: A new Roster for the period July to December 2016 is now available – could those volunteering please select your dates for this Ministry. Many thanks – Sheila Smith (Ph: 4821 0344)



St Saviour's Goulburn is hosting a forum on supporting new arrivals to Australia on Thursday 30 June from 6pm.

The evening will explore how Anglican parishes can get involved in helping refugees start a new life in a different land.

New Arrivals Support Forum: The focus will be on both information on how the Goulburn community is supporting people who are new arrivals to Australia and also on what further support people may be able to give. The work of the Goulburn Multicultural Centre will be highlighted. Come along for whichever purpose suits you. Venue: Mary Thomas Room, Cathedral hall. **Contact** Helen Rainger 4821.5725

June 2016

Thurs 30 6pm Welcoming New Arrivals: Mary Thomas Room

Come along & lend your support.

July 2016

Sat 2 Concert: Violin Virtuoso, Attila Sautov w Ukranian pianist, Oleg Poliansky 2PM.....Dress warmly. Tickets at door one hour prior to performance OR www.attillasautov.com OR 0417 619 915.

Brochures at Welcomers desk.

Sat 9-Sun 10 Visiting Christ College Choir, Cambridge UK

Performance time (Sat) will be advised in coming weeks. This choir will join our choir **10am** Choral Eucharist on Sunday.

CHILDREN'S MINISTRY at CATHEDRAL

for toddlers & pre-school children & parents.

This is a faith-based program through **MUSIC**

MEET: Every Friday **Time:** 10am in Cathedral hall (excl School holidays)



HOME COMMUNIONS

CELEBRANT: (N), we send you out to share Communion with those unable to come to Church.

PEOPLE: May you carry the prayers of our Cathedral community as you take this sacrament of Christ's presence.

CELEBRANT: May those who receive it be strengthened and encouraged in Christ. AMEN

Cathedral Staff

Dean: The Very Rev'd Phillip Saunders
Phone: 4821 9192
Assistant Priest: Rev'd Theresa Angert-Quilter
Phone: 0408 762 651
Priest Assisting: Rev'd Catherine Eaton
Phone: 4821 2206
Canon-in-Residence: Canon Rev'd Kevin Stone
Phone: 4821 2206

Cathedral Music

Director of Music: Dr Greg Oehm
Phone: 0409 229 616
Organist: Mr. Robert Smith
Phone: 4871 2731

Cathedral Wardens

Leigh Bottrell 4822 4946
Kerrie Knowlman 0447 315 354
Pamela Shaw 4822 8394
John Quilter 0438 362 651

Cathedral Councillors

Robert Davey, Nicola Duncan, Stephen Relf