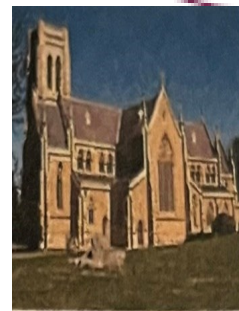




The Cathedral Church of St Saviour's, Goulburn
Mother Church for
The Anglican Diocese of Canberra & Goulburn



Sunday 17th March

5th Sunday of Lent

Preacher: 8am and 10am : Canon Margaret Emil

Presider: 8am and 10am : Acting Dean Canon Anne Wentzel

Readings

Jeremiah 31.31-34

Psalms 119.9-16

Hebrews 5.5-14

John 12.20-33



WEEKDAY EUCHARISTS

Monday & Thursday 9.30am
in the Lady Chapel



SENTENCE

“This is the covenant I will make with them”, says the Lord God :I will put my law within them, and I will write it on their hearts ; and I will be their God and they shall be my people.

Jeremiah 31.33

COLLECT

**O God ,our redeemer ,
in our weakness we have failed
to be your messengers of forgiveness and hope:
renew us by your Holy Spirit,
that we may follow your commands and proclaim your
reign of love ;
through Jesus Christ our Lord ,
who lives and reigns with you and the Holy Spirit,
One God, now and forever .*Amen***

We acknowledge the Traditional Owners as the custodians of this land, recognising their connection to land, waters and community. We pay our respects to Australia’s First Peoples, and to their Elders, past present and emerging.

Jeremiah 31:31-34

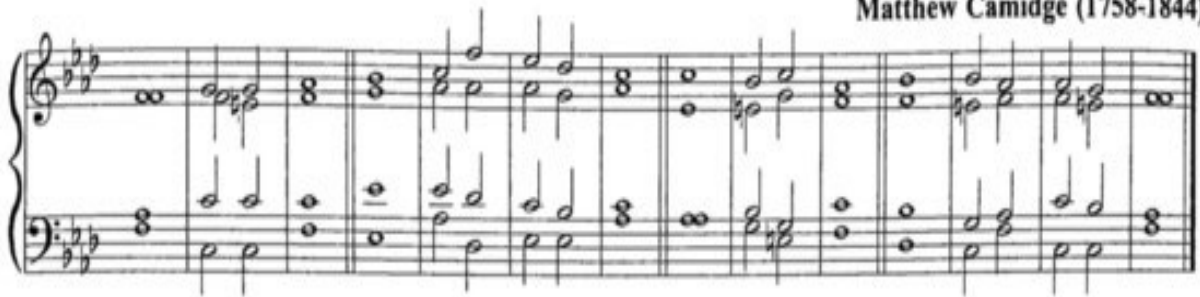
The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, ‘Know the Lord’, for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

Hear the word of the Lord

Thanks be to God

Psalms 119.9-16

Matthew Camidge (1758-1844)



- 1 Have mercy on me, O God, in your en-|during | goodness:
according to the fullness of your compassion | blot out | my of-|fences.
- 2 Wash me thoroughly | from my | wicked-ness:
and | cleanse me | from my | sin.
- 3 For I acknowledge | my re-|bellion:
and my | sin is | ever · be-|fore me.
- 4 Against you only have I sinned and done what is evil | in your | eyes:
so you will be just in your sentence and | blameless | in your | judging.
- 5 Surely in wickedness I was | brought to | birth:
and in | sin my | mother con-|ceived me.
- 6 You that desire truth in the | inward | parts:
O teach me wisdom in the secret | places | of the | heart.
- 7 Purge me with hyssop, and | I shall · be | clean:
wash me, and | I shall · be | whiter · than | snow.
- 8 Make me hear of | joy and | gladness:
let the | bones which · you have | broken · re-|joice.
- 9 Hide your | face from · my | sins:
and | blot out | all my · in-|iquities.
- 10 Create in me a clean | heart, O | God:
and re-|new a · right | spirit · with-|in me.
- 11 Do not cast me | out from · your | presence:
do not take your | holy | spirit | from me.
- 12 O give me the gladness of your | help a-|gain:
and sup-|port me · with a | willing | spirit.

Ephesians 2.1-10

And one does not presume to take this honour, but takes it only when called by God, just as Aaron was.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

‘You are my Son, today I have begotten you’; as he says also in another place, ‘You are a priest for ever, according to the order of Melchizedek.’

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

About this we have much to say that is hard to explain, since you have become dull in understanding. For though by this time you ought to be teachers, you need someone to teach you again the basic elements of the oracles of God. You need milk, not solid food; for everyone who lives on milk, being still an infant, is unskilled in the word of righteousness. But solid food is for the mature, for those whose faculties have been trained by practice to distinguish good from evil.

Hear the word of the lord **Thanks be to God**

Gradual Hymn

1 Glory be to Jesus,
who in bitter pains,
poured for me the life
blood
from his sacred veins.

2 Grace and life eternal
in that blood I find;
blest be his compassion
infinitely kind.

3 Blessed through endless
ages
be the precious stream,
which from endless tor-
ment
did the world redeem.

4 Abel's blood for venge-
ance
pleaded to the skies;
but the blood of Jesus

for our pardon cries

5 Oft as it is sprinkled
on our guilty hearts,
Satan in confusion
terror-struck departs.

6 Oft as earth exulting
wafts its praise on high,
angel hosts rejoicing
make their glad reply.

7 Let us lift our voices,
swell the mighty flood;
louder still and louder
praise the precious blood.

John 12.20-33

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, 'Sir, we wish to see Jesus.' Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, 'The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.

'Now my soul is troubled. And what should I say—"Father, save me from this hour"? No, it is for this reason that I have come to this hour. Father, glorify your name.' Then a voice came from heaven, 'I have glorified it, and I will glorify it again.' The crowd standing there heard it and said that it was thunder. Others said, 'An angel has spoken to him.' Jesus answered, 'This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.' He said this to indicate the kind of death he was to die.

This is the gospel of the Lord

Glory to you lord Jesus Christ

Communion Hymn

1 Christ triumphant, ever reigning,
Saviour, Master, King!
Lord of heaven, our lives sustaining,
hear us as we sing:

**Yours the glory and the crown,
the high renown, the eternal name.**

2 Word incarnate, truth revealing,
Son of Man on earth!
power and majesty concealing
by your humble birth:

Yours the glory...

3 Suffering servant, scorned, ill - treat-
ed,
victim crucified!
death is through the cross defeated,
sinners justified:

Yours the glory...

4 Priestly king, enthroned for ever
high in heaven above!
sin and death and hell shall never
stifle hymns of love:

Yours the glory...

5 So, our hearts and voices raising
through the ages long,
ceaselessly upon you gazing,
this shall be our song:

Yours the glory...

Final Hymn

Now let us from this table rise
renewed in body, mind and soul;
with Christ we die and rise again,
his selfless love has made us whole.

With minds alert, upheld by grace,
to spread the Word in speech and deed,
we follow in the steps of Christ,
at one with all in hope and need.

To fill each human house with love,
it is the sacrament of care;
the work that Christ began to do
we humble pledge ourselves to share.

Then grant us grace, Companion-God,
to choose again the pilgrim way
and help us to accept with joy
the challenge of tomorrow's day.

**St. Saviour's Cathedral
Palm Sunday
Fundraiser Concert
March 24
4pm**



A
program
of local
musicians Including

Hallelujah Chorus from

THE MESSIAH

With

St Saviour's
Cathedral choir

Voiceworks (Hume Conservatorium)

Richard Orchard

Phil Fraser

Ebrentia Brits

Julian Paviour

And More

Suggested donation \$20

(Children free)



44 words

2024 Diary Dates

Warden meetings 2024

8 April, 13 May, 10 June, 15 July, 12 August,
9 September, 14 October, 18 November.

Parish Council meetings

(changes due to one member to full time work in Canberra)
We will revert to former times 7.30pm on Tuesday evening.
The next meeting will be 19 March ,23 April, 21st May.

Lenten Study

Through Sundays in Lent
17 March .
at **11.30am in the Mary Chapel.**

Cathedral Markets

Saturday 6th of April

CATHEDRAL EVENTS: You are invited to join us at two major historical events in the life of St Saviour's Cathedral.

Please take this inserted flyer as your INVITATION and bring a friend.

S^t Saviour's Cathedral Children's Choir

Return for 2024

Rehearsals Thursdays 4-5pm

Commencing Thursday, February 1st

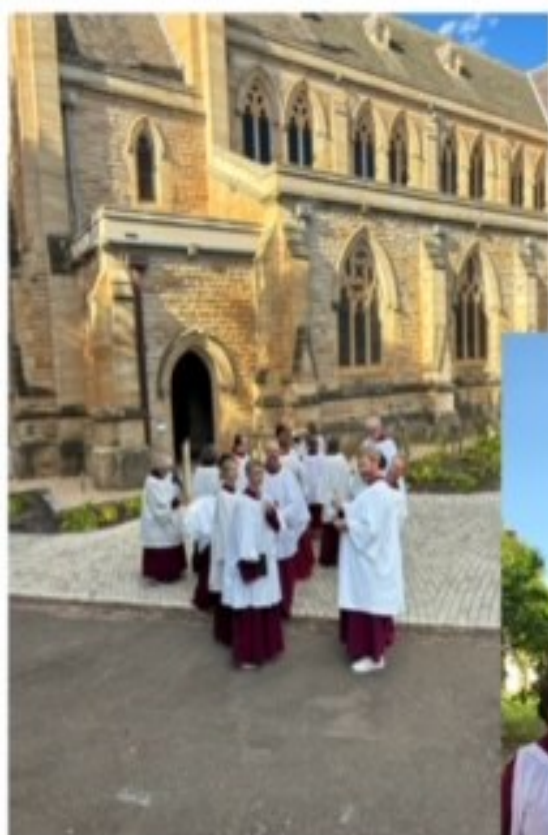
Contact Deb Mc Connell 0458221339



S^t Saviour's Cathedral Choir

Rehearsals Mondays 7:30pm

Contact Deb Mc Connell 0458221339



CATHEDRAL FOOD PANTRY

FOR THOSE IN THE COMMUNITY IN NEED

The following items are needed:



Urgently Required:

UHT Milk , pasta sauce ,baked beans ,canned spaghetti ,beef casseroles, tinned fish , Weetbix ,Casseroles in tins

AFTER SERVICE FELLOWSHIP

**Every Sunday in the Mary Thomas
Come and join us.**



Room.

MOTHERS UNION

Thursday 11th of April

at 1.30pm

Save the dates for Mothers Union

April 11 th , May 9th, June 15th, July 11th August 8th, September 12th, October10th, November14th

Passion/ Palm Sunday

Isaiah 50.4-9a

Psalm 31.9-18

Philppians2.5-11

Mark14.1-5,27

Our Parish Bank Details

Name: St Saviour's Cathedral Parish

BSB : 032 721

Account : 280 248

Reference : Ministry

Envelopes : Place them in the offertory plate. If you are unable to attend please phone me to arrange pick up of your envelopes.

For collection phone : 4822 8394

Tap –Go : In the Cathedral any debit card to donate to the Cathedral in \$10 increments.

Please note donations to everyday expenses and Sowerby Trust are not tax deductible

SOWERBY TRUST

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:

BSB: 702389

ACCT: 05209886

Thank you.



Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

We hope you are uplifted by the worship and enjoy your time with us .

Please make yourself known to our Clergy.

Cathedral Mission Statement

As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn

St Saviours is a haven for nurturing Christians and fostering new faith in Christ

In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .

We Are Committed to :

Prayer and joyful worship

The ministry of hospitality

Serving the broader community

Supporting those from diverse backgrounds including those with special needs

Supporting Goulburn and the Diocese in good times and in times of adversity

ABM Reflection: Lent 5 B – Sunday 17 March 2024 • Jeremiah 31.31-34; Psalm 119.9-16; Hebrews 5.5-14; John 12.20-33 There are people today, like the Greeks of the Gospel passage, who wish to see Jesus, they don't want to see church wardens, parish councils, bishops, priests or deacons. Still Jesus relies on his followers, us, like he relied on Philip and Andrew to bring others to see him. One of the hallmarks of being a mature disciple, apart from being fed on solid food, skilled in righteousness and trained to distinguish good from evil, is our readiness to introduce others to Jesus. • God, help us to be mature disciples that show Jesus to others by our love, actions and speech. • Give thanks for the work and witness of the Anglican Church of Melanesia. Text: The Rev Christian Ford, Diocese of Newcastle © Anglican Board of Mission, 2024

SPEND THE AFTERNOON WITH CATH

FOURTH THURSDAY EVERY MONTH, 1.30 PM—3.00 PM,
MARY THOMAS ROOM, ST SAVIOUR'S

CRAFT AT THE CATHEDRAL



Social Afternoon, tea, coffee and tim-tams



Bring your craft



Learn another craft

Share your craft

21st March

1.30pm-3pm

Come and learn how to
make palm crosses

Informal afternoon gathering where you can
relax, catch up with others, continue with your own craft,
share ideas and be inspired

As time goes by, we may make themed craft together (eg Christmas) but for
now, it is just an opportunity to meet like-minded people and share time and
craft together.

Want to know more? Email Margaret Emil
margaret.at.stsaviours@gmail.com

FROM THE SAFE MINISTRY UNIT

Proposed In-Person Training Dates March

9th March Training Day (Modules 1-3) – Young (YDAM)

April

6 April Training Day (Modules 1-3) - Canberra (Holy Covenant Jamison)

May

4 May Training Day (Modules 1-3) – North Goulburn (St Nicholas-Goulburn)

6th May Zoom Training (Module 3)

18th May Training Day (Modules 1-3) – Wagga (South Wagga Anglican)

21st May Zoom Training (Module 3)

25th May Training Day (Modules 1-3) – Narooma

June

1st June Training Day (Modules 1-3) - Canberra (St Johns Reid)

3rd June Zoom Training (Module 3)

15th June Training Day (Module 1-3) – Cooma (Saint Paul's Cooma)

18th June Zoom Training (Module 3)

22nd June Training Day (Modules 1-3) - Canberra (Weston)

Module 1 is a course for all clergy and lay position holders to develop awareness of the Diocesan Safe Ministry policy, protocols, procedures, and practices. The training includes biblical foundations, healthy team ministry, screening, boundaries, code of conduct, duty of care, child safe practices, responding to concerns (child and adult related), and self-care as church workers.

Module 2 is a course for all children and youth workers (lay and clergy) to develop awareness of Child Safety and Child Protection. This course includes empowering children, identifying and responding to concerns (risk of harm), reducing the risks of child

abuse, and caring for all parties.

Module 3 is a course for all clergy, Parish Council members, Parish Safe Ministry Coordinators (SMCs) and Ministry Program Coordinators aimed at working through the implementation of Diocesan Safe Ministry Policy, Protocols, and Procedures (in particular the Child Safe Standards, Reportable Conduct Scheme, screening of workers, Grievance Procedure, Professional Standards, and Ministry to Persons of Concern).

Online programs remain available for Modules 1 and 2 via the Creating Safer Communities website. Module 3 is only available through In-Person or Zoom sessions.

2. **Payment for In Person Training:** Attendees at the above sessions do not need to need to prepay or pay on the day. Instead, attendance at sessions will be recorded and Creating Safer Communities will invoice each Ministry Unit directly for the number of attendees from it.

While bookings are not necessary, if Ministry Units are able to give indications of attendance to the Safe Ministry Unit it will help us understanding the number of likely attendees at any given session.

3. **Safe Ministry Training and Parish Elections:** Can you please ensure that those elected as Parish Councillors and Wardens understand their obligation to complete Safe Ministry Training and Screening to hold Office (they are Category 3A Church Workers under the Diocese's Protocol for Safe Ministry Screening and Training ([SM002-Screening-Protocol.pdf \(anglicancg.org.au\)](https://www.anglicancg.org.au/SM002-Screening-Protocol.pdf)). We are requesting that all necessary training including Module 3 be completed no later than June 2024, and that Wardens and Parish Counsellors remember their obligation to also create and maintain their Safe Ministry Information System (SMIS) profile.

EASTER SERVICES

24 March Passion/Palm Sunday 8am and 10am

Holy Week begins:

25 March Monday: 9.30am Eucharist– Mary Chapel

26 March Tuesday: 10-2.30pm Diocesan QUIET DAY with Bishop Mark There will be a 12 noon Eucharist, with Vows and new Oils.

28 March Thursday” 9.30am Eucharist in Mary Chapel.

6pm Maundy Service with Guests: The Rev’d Drs Erica Mathieson and Ray Williamson and Deacon, Gaynor Elder.

29 March Good Friday: 9am Liturgy of the Day

4pm Stations of the Cross

30 March Saturday 30th at 6pm Children’s Easter Liturgy

31 March Easter Day: 6am and 9am followed by Parish Brunch.

Passion-Palm Sunday Concert

Sunday 24 March at 4pm

Canon Anne writes:



WELCOMERS TO THE CATHEDRAL NEEDED:

TO ENSURE THE Cathedral is open to the public. Can you give up a morning or afternoon once a week, or once a month, to help us keep the building open for the many visitors and tourists who wander in? All that is required is for you to be present, sitting at a desk at the entrance, It's a great opportunity to read a book, do a crossword, chat with whoever enters and invite the to enter their names into the Visitor Book. Material for a self guided tour can be handed out.

Of course, **we do need more guides** and Fred Rainger is happy to train anyone interested.

On Thursday 21st March at 1.30pm the Craft group will meet. This is one week earlier because the usual Thursday for March falls into Holy Week. The group with Canon Margaret would like to invite anyone who would like to learn and help make Palm Crosses for Passion/Palm Sunday.

On Saturday 23rd March at 2.30pm there will be an Organ Recital and on Passion Palm Sunday the following day, our Director of Music is inviting you all to a Concert with our Choir and other singers. The highlight will be the singing of the Halleluia Chorus from the Messiah.

On Easter Day 31st March after the 9am service there will be a Brunch in the Hall for all the parish. Please bring a plate and enjoy the celebration of the Day.

Blessings, Anne

Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

Cathedral Office Hours

9.00am –11am (Mon,Tues,Thurs,Fri.....Closed WED)



Office Contacts: Phone 48212206

Email: office@goulburncathedral.org.au

www.goulburncathedral.org.au

LOCUM DEAN

The Rev'd Canon Anne Wentzel

Mobile 0429 680 010

Other Clergy :contact through the office



Cathedral Staff

Rev'd Canon Margaret Emil, Hon. Asst Priest

Rev'd Canon Kevin Stone –4th Sunday (on Leave)

Cathedral Wardens:

Bruce Harvey (Dean's Warden)

Leigh Bottrell (Bishop's Warden):48224946

Pamela Shaw 48228394

Stephen Relf : 0401977432

CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,

Darren Churchill, Peter Ogilvie.

Director of Music :Debra McConnell

Organists for March : Phil Fraser and Brett Mc kern

Editor of Pew Sheet Vanessa Kemp

goulburncathedral.org