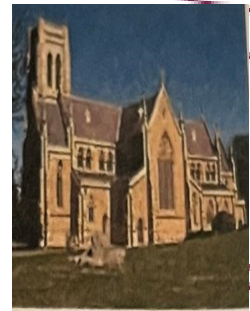




The Cathedral Church of St Saviour's, Goulburn  
Mother Church for  
The Anglican Diocese of Canberra & Goulburn



**Sunday 10th of March**

**4th Sunday of Lent Sunday of Lent**

**Preacher: 8am and 10am : Acting Dean Canon Anne Wentzel**

**Presider: 8am and 10am : Acting Dean Canon Anne Wentzel**

### Readings

Numbers 21.4-19

Psalm 107. 1-3,17-22

Ephesians 2.1-10

John 3.14-21



**WEEKDAY EUCHARISTS**  
Monday & Thursday 9.30am  
in the Lady Chapel



## SENTENCE

**The Son of Man must be lifted up, that whoever believes in him may have eternal Life.**

*John 3.14-15.*

## COLLECT

**Everlasting God  
in whom we live and move and have our being ,  
you have made us for yourself.  
and our hearts are restless till they find their rest in you:  
give us purity of heart and strength of purpose ,  
that no selfish passion may hinder us  
from knowing your will,  
no weakness prevent from doing it ;  
that in your light we may see light,  
and in your service find perfect freedom;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God now and for ever. Amen**

We acknowledge the Traditional Owners as the custodians of this land, recognising their connection to land, waters and community. We pay our respects to Australia's First Peoples, and to their Elders, past present and emerging.

## Numbers 21.4-9

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Hear the word of the Lord

**Thanks be to God**

## Psalm 107.1-3,17-22

John Lemon



1. O give thanks to the Lord, for | he is | good:  
for his loving | mercy | is for | ever.
2. Let the Lord's redeemed | say | so:  
whom he has redeemed | from the | hand . of the | enemy,
- †3. And gathered in from every land, from the east and | from the | west:  
from the | north and | from the | south. REFRAIN
17. Fools were far | gone in . trans- | gression:  
and be- | cause of . their | sins were af- | flicted.
18. They sickened at | any | food:  
and had | come to . the | gates of | death.
19. Then they cried to the Lord in | their dis- | tress:  
and he | took them | out of . their | trouble.
20. He sent his | word and | healed them:  
and | saved their | life from . the | Pit.
21. Let them thank the Lord | for his | goodness:  
and for the wonders that he | does for . the | children of | Adam;
22. Let them offer sacrifices of | thanks- | giving:  
and tell what he has | done with | shouts of | joy. REFRAIN



## Ephesians 2.1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved— and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness towards us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Hear the Word of the Lord

**Thanks be to God**

## Gradual Hymn

1 Guide me, O thou great Redeemer,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand:  
bread of heaven, bread of heaven,  
feed me now and evermore,  
feed me now and evermore.

2 Open now the crystal fountain  
whence the living waters flow:  
let the fiery, cloudy pillar  
lead me all my journey through:  
strong deliverer, strong deliverer,  
be thou still my strength and shield,  
be thou still my strength and shield.

3 When I tread the verge of Jordan  
bid my anxious fears subside:  
death of death, and hell's destruction,  
land me safe on Canaan's side:  
songs of praises, songs of praises  
I will ever give to thee,  
I will ever give to thee.

## John 2. 11-22

**And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.**

**'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.'**

This is the gospel of the Lord

**Glory to you Lord Jesus Christ**

## Communion Hymn

1 Love divine, all loves excelling,  
joy of heaven, to earth come down,  
fix in us thy humble dwelling,  
all thy faithful mercies crown:  
Jesus, thou art all compassion,  
pure unbounded love thou art;  
visit us with thy salvation;  
enter every trembling heart.

2 Come, almighty, to deliver,  
let us all thy life receive;  
suddenly return, and never,  
never more thy temples leave:  
thee we would be always blessing,  
serve thee as thy hosts above,  
pray, and praise thee, without ceasing,  
glory in thy perfect love.

3 Finish then thy new creation,  
pure and spotless let us be,  
let us see thy great salvation,  
perfectly restored in thee:  
changed from glory into glory,  
till in heaven we take our place,  
till we cast our crowns before thee,  
lost in wonder, love and praise.



## Final Hymn

1 To God be the glory, great things he has done!  
So loved he the world that he gave us his Son,  
who yielded his life in atonement for sin  
and opened the life-gate that all may go in.

Refrain:

*Praise the Lord! Praise the Lord!*

*Let the earth hear his voice!*

*Praise the Lord! Praise the Lord!*

*Let the people rejoice!*

*O come to the Father, through Jesus the Son,  
and give him the glory! great things he has done!*

2 O perfect redemption, the purchase of blood,  
to every believer the promise of God!  
and every offender who truly believes,  
that moment from Jesus a pardon receives. [Refrain]

3 Great things he has taught us, great things he has done,  
and great our rejoicing through Jesus the Son;  
but purer, and higher, and greater will be  
our wonder, our rapture, when Jesus we see. [Refrain]

**St. Saviour's Cathedral  
Palm Sunday  
Fundraiser Concert  
March 24  
4pm**



A  
program  
of local  
musicians including

*Hallelujah Chorus from*

*THE MESSIAH*

With

St Saviour's  
Cathedral choir

Voiceworks (Hume Conservatorium)

Richard Orchard

Phil Fraser

Ebrentia Brits

Julian Paviour

And More

*Suggested donation \$20*

*(Children free)*



44 words

# 2024 Diary Dates

## **Warden meetings 2024**

11 March, 8 April, 13 May, 10 June, 15 July, 12 August,  
9 September, 14 October, 18 November.

## **Parish Council meetings**

(changes due to one member to full time work in Canberra)

We will revert to former times 7.30pm on Tuesday evening.

The next meeting will be 19 March ,23 April, 21st May.

## **Lenten Study**

Through Sundays in Lent

17 March .

at **11.30am in the Mary Chapel.**

## **Cathedral Markets**

Saturday 6th of April

*S<sup>t</sup> Saviour's Cathedral Children's Choir*

*Return for 2024*

*Rehearsals Thursdays 4-5pm*

*Commencing Thursday, February 1<sup>st</sup>*

*Contact Deb Mc Connell 0458221339*

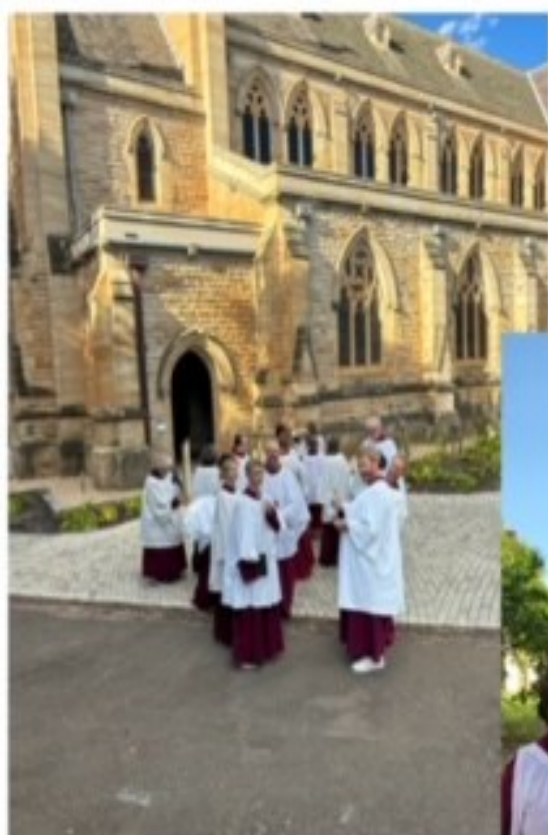




*S<sup>t</sup> Saviour's Cathedral Choir*

*Rehearsals Mondays 7:30pm*

*Contact Deb Mc Connell 0458221339*





## **CATHEDRAL FOOD PANTRY**

**FOR THOSE IN THE COMMUNITY IN NEED**

**The following items are needed:**



### **Urgently Required:**

**UHT Milk , pasta sauce ,baked beans ,canned spaghetti ,beef casseroles, tinned fish , Weetbix ,Casseroles in tins**

## **AFTER SERVICE FELLOWSHIP**

**Every Sunday in the Mary Thomas Room.**

**Come and join us.**



## **MOTHERS UNION**

**Thursday 14th March**

**at 1.30pm**

**Save the dates for Mothers Union**

**March 14th, April 11th, May 9th, June 15th, July 11th, August 8th, September 12th, October 10th, November 14th**

### **Fifth Sunday of Lent**

**Jeremiah 31.31-34**

**Hebrews 5.5-14**

**Psalms 119.9-16**

**John 12.20-33**

## **Our Parish Bank Details**

**Name: St Saviour's Cathedral Parish**

**BSB : 032 721**

**Account : 280 248**

**Reference : Ministry**

**Envelopes : Place them in the offertory plate. If you are unable to attend please phone me to arrange pick up of your envelopes.**

**For collection phone : 4822 8394**

**Tap –Go : In the Cathedral any debit card to donate to the Cathedral in \$10 increments.**

**Please note donations to everyday expenses and Sowerby Trust are not tax deductible**

## **SOWERBY TRUST**

**This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:**

**BSB: 702389**

**ACCT: 05209886**

**Thank you.**



# Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

**We hope you are uplifted by the worship and enjoy your time with us .**

**Please make yourself known to our Clergy.**

## Cathedral Mission Statement

**As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn**

**St Saviours is a haven for nurturing Christians and fostering new faith in Christ**

**In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .**

**We Are Committed to :**

**Prayer and joyful worship**

**The ministry of hospitality**

**Serving the broader community**

**Supporting those from diverse backgrounds including those with special needs**

**Supporting Goulburn and the Diocese in good times and in times of adversity**

## ABM Reflection:

**Lent 4 B – Sunday 10 March 2024 • Numbers**

**21.4-9; Psalm 107.1-3, 17-22; Ephesians 2.1-10; John 3.14-21** The joyous proclamation of the Christian faith is that the reality and capacity of God's love and grace are not hidden from the world nor beyond our ability to see and know. Jesus, the Saviour, the Messiah, put aside the divinity and glory of heaven to be one of us, to be a visible part of this world and to invite the world into a journey of enlightening us to God and God's love. Naming Jesus as Lord begins our journey, and if you know nothing or everything of the bible, these words of Jesus recorded by John will continue to invite you, like Nicodemus, to seek to know how his life, death and resurrection is the power of God's love for our redemption and to eternal life.

• Pray that God's endless love would transform the darkness of our world to light – transforming hatred to forgiveness and freedom, conflict to peace and joy, fear to hope and faith, death to life. • Give thanks for the work and witness of CAPA, the Council of the Anglican Provinces of Africa. Text: Jenny, Diocese of Newcastle

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# SPEND THE AFTERNOON WITH CATH

FOURTH THURSDAY EVERY MONTH, 1.30 PM—3.00 PM,  
MARY THOMAS ROOM, ST SAVIOUR'S

## CRAFT AT THE CATHEDRAL



Social Afternoon, tea, coffee and tim-tams



Bring your craft



Learn another craft

Share your craft

21st March

1.30pm-3pm

Come and learn how to  
make palm crosses

Informal afternoon gathering where you can  
relax, catch up with others, continue with your own craft,  
share ideas and be inspired

As time goes by, we may make themed craft together (eg Christmas) but for  
now, it is just an opportunity to meet like-minded people and share time and  
craft together.

Want to know more? Email Margaret Emil  
[margaret.at.stsaviours@gmail.com](mailto:margaret.at.stsaviours@gmail.com)

## FROM THE SAFE MINISTRY UNIT

### Proposed In-Person Training Dates March

9th March Training Day (Modules 1-3) – Young (YDAM)

### **April**

6 April Training Day (Modules 1-3) - Canberra (Holy Covenant Jamison)

### **May**

4 May Training Day (Modules 1-3) – North Goulburn (St Nicholas-Goulburn)

6th May Zoom Training (Module 3)

18th May Training Day (Modules 1-3) – Wagga (South Wagga Anglican)

21st May Zoom Training (Module 3)

25th May Training Day (Modules 1-3) – Narooma

### **June**

1<sup>st</sup> June Training Day (Modules 1-3) - Canberra (St Johns Reid)

3rd June Zoom Training (Module 3)

15th June Training Day (Module 1-3) – Cooma (Saint Paul's Cooma)

18th June Zoom Training (Module 3)

22nd June Training Day (Modules 1-3) - Canberra (Weston)

**Module 1** is a course for all clergy and lay position holders to develop awareness of the Diocesan Safe Ministry policy, protocols, procedures, and practices. The training includes biblical foundations, healthy team ministry, screening, boundaries, code of conduct, duty of care, child safe practices, responding to concerns (child and adult related), and self-care as church workers.

**Module 2** is a course for all children and youth workers (lay and clergy) to develop awareness of Child Safety and Child Protection. This course includes empowering children, identifying and responding to concerns (risk of harm), reducing the risks of child



*abuse, and caring for all parties.*

**Module 3** is a course for all clergy, Parish Council members, Parish Safe Ministry Coordinators (SMCs) and Ministry Program Coordinators aimed at working through the implementation of Diocesan Safe Ministry Policy, Protocols, and Procedures (in particular the Child Safe Standards, Reportable Conduct Scheme, screening of workers, Grievance Procedure, Professional Standards, and Ministry to Persons of Concern).

Online programs remain available for Modules 1 and 2 via the Creating Safer Communities website. Module 3 is only available through In-Person or Zoom sessions.

2. **Payment for In Person Training:** Attendees at the above sessions do not need to need to prepay or pay on the day. Instead, attendance at sessions will be recorded and Creating Safer Communities will invoice each Ministry Unit directly for the number of attendees from it.

While bookings are not necessary, if Ministry Units are able to give indications of attendance to the Safe Ministry Unit it will help us understanding the number of likely attendees at any given session.

3. **Safe Ministry Training and Parish Elections:** Can you please ensure that those elected as Parish Councillors and Wardens understand their obligation to complete Safe Ministry Training and Screening to hold Office (they are Category 3A Church Workers under the Diocese's Protocol for Safe Ministry Screening and Training ([SM002-Screening-Protocol.pdf \(anglicancg.org.au\)](https://www.anglicancg.org.au/SM002-Screening-Protocol.pdf)). We are requesting that all necessary training including Module 3 be completed no later than June 2024, and that Wardens and Parish Counsellors remember their obligation to also create and maintain their Safe Ministry Information System (SMIS) profile.

## **EASTER SERVICES**

Passion/Palm Sunday 8am and 10am

Holy Week begins:

Monday: 9.30am Eucharist– Mary Chapel

Tuesday: 10-2.30pm Diocesan QUIET DAY with Bishop Mark

There will be a 12 noon Eucharist, with Vows and new Oils.

Thursday” 9.30am Eucharist in Mary Chapel.

6pm Maundy Service with Guests: The Rev’d Dr Erica Mathieson and Ray Williamson and Deacon, Gaynor Elder.

Good Friday: 9am Liturgy of the Day

4pm Stations of the Cross

Saturday 30th at 6pm Children’s Easter Liturgy

Easter Day: 6am and 9am followed by Parish Brunch.

### **Prayer for choosing a new Dean**

Bountiful God,

Give to this Cathedral a faithful Dean

Who will faithfully speak your word

And minister your sacraments;

An encourager who will equip our people for ministry

And enable us to fulfil our calling.

Give to those who will choose, wisdom,

Discernment and patience,

Canon Anne writes:



### **WELCOMERS TO THE CATHEDRAL NEEDED:**

TO ENSURE THE Cathedral is open to the public. Can you give up a morning or afternoon once a week, or once a month, to help us keep the building open for the many visitors and tourists who wander in? All that is required is for you to be present, sitting at a desk at the entrance, It's a great opportunity to read a book, do a crossword, chat with whoever enters and invite the to enter their names into the Visitor Book. Material for a self guided tour can be handed out.

Of course, **we do need more guides** and Fred Rainger is happy to train anyone interested.

**Our AGM is this Sunday 10th March at 11.30am.**

On Thursday 21st March at 1.30pm the Craft group will meet. This is one week earlier because the usual Thursday for March falls into Holy Week. The group with Canon Margaret would like to invite anyone who would like to learn and help make Palm Crosses for Passion/Palm Sunday.

On Saturday 23rd March at 2.30pm there will be an Organ Recital and on Passion Palm Sunday the following day, our Director of Music is inviting you all to a Concert with our Choir and other singers. The highlight will be the singing of the Halleluia Chorus from the Messiah.

On Easter Day 31st March after the 9am service there will be a Brunch in the Hall for all the parish. Please bring a plate and enjoy the celebration of the Day.

Blessings, Anne

## Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

## A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

## A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



## Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

## **Cathedral Office Hours**

**9.00am –11am (Mon,Tues,Thurs,Fri.....Closed WED)**



**Office Contacts: Phone 48212206**

**Email: [office@goulburncathedral.org.au](mailto:office@goulburncathedral.org.au)**

**[www.goulburncathedral.org.au](http://www.goulburncathedral.org.au)**

### **LOCUM DEAN**

**The Rev'd Canon Anne Wentzel**

**Mobile 0429 680 010**

**Other Clergy :contact through the office**



### **Cathedral Staff**

**Rev'd Canon Margaret Emil, Hon. Asst Priest**

**Rev'd Canon Kevin Stone –4th Sunday ( on Leave)**

#### **Cathedral Wardens:**

**Bruce Harvey (Dean's Warden)**

**Leigh Bottrell (Bishop's Warden):48224946**

**Pamela Shaw 48228394**

**Stephen Relf : 0401977432**

**CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,**

**Darren Churchill, Peter Ogilvie.**

**Director of Music :Debra McConnell**

**Organists for February : Phil Fraser and Brett Mc kern**

**Editor of Pew Sheet Vanessa Kemp**

[goulburncathedral.org](http://goulburncathedral.org)