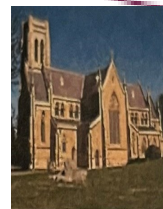




The Cathedral Church of St Saviour's, Goulburn
Mother Church for
The Anglican Diocese of Canberra & Goulburn



Sunday 18th of February
1st Sunday of Lent

Preacher: 8am and 10am :

Presider: 8am and 10am : Acting Dean Canon Anne Wentzel

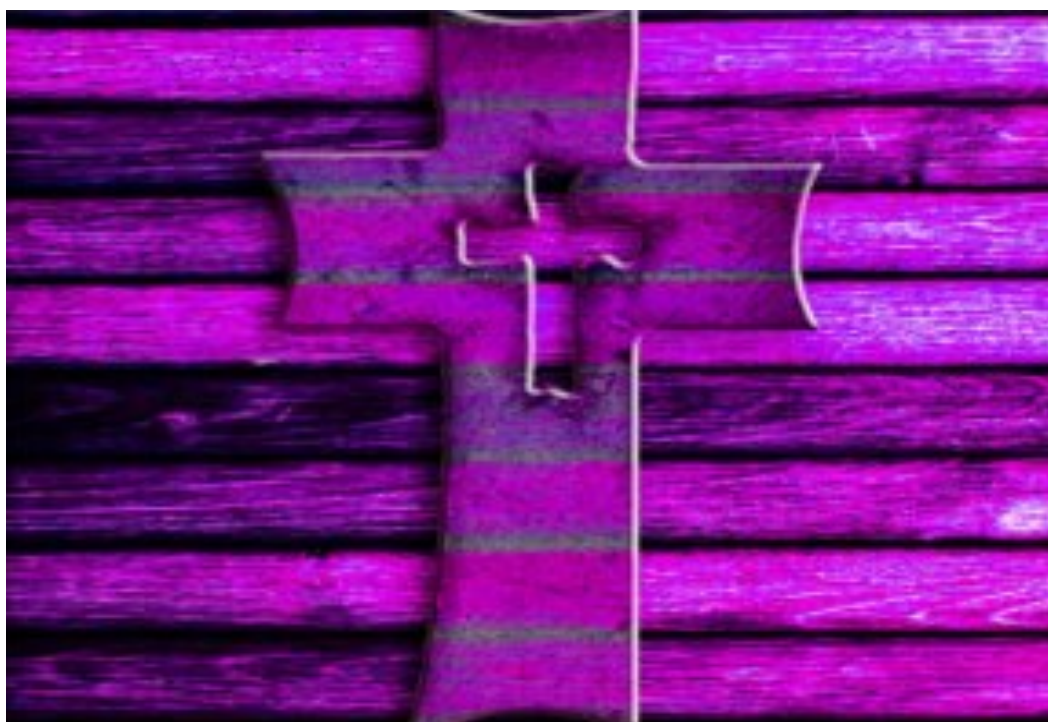
Readings

Genesis 9.8-17

Psalms 25.1-10

1Peter 3.18-22

Mark 1.9-15



WEEKDAY EUCHARISTS
Monday & Thursday 9.30am
in the Lady Chapel



SENTENCE

The Time is Fulfilled, and the Kingdom of God has come near; repent and believe in the good news.

Mark 1.15

COLLECT

**God of the new and eternal covenant ,
as the forty days of the great flood
swept away the world's corruption
and watered new beginnings of righteousness and life:
grant to us ,who are washed clean and born again
in the saving flood of baptism ,the well spring of your
grace ,
that your gift of new life may flourish once again ;
through Jesus Christ our Redeemer,
who lives and reigns with you in the unity of the Holy
Spirit ,one God for ever and ever .Amen**

We acknowledge the Traditional Owners as the custodians of this land, recognising their connection to land, waters and community. We pay our respects to Australia's First Peoples, and to their Elders, past present and emerging.

Genesis 9,8-17

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

Hear the word of the Lord

Thanks be to God

Psalm 25.1-10

E. Edwards



1. In you, O Lord my God, have I | put my | hope:
in you have I trusted, let me not be ashamed,
nor let my | enem- . ies | triumph | over me.
2. Let none who wait for you be | put to | shame:
but let those that break faith be con- | founded . and | gain | nothing.
3. Show me your | ways, O | Lord:
and | teach me | your | paths.
4. Lead me in the ways of your | truth, and | teach me:
for you are the | God of | my sal- | vation. XXXXXXXXXX
5. In you have I hoped | all the . day | long:
be- | cause of . your | goodness, O | Lord.
6. Call to mind your compassion and your | loving- | kindness:
for | they are | from of | old.
7. Remember not the sins of my youth, | nor my . trans- | gressions:
but according to your | mercy | think on | me.
8. Good and upright | is the | Lord:
therefore will he direct | sinners | in the | way.
9. The meek he will guide in the | path of | justice:
and | teach the | humble . his | ways.
10. All the paths of the Lord are | faithful . and | true:
for those who keep his | cove- . nant | and his com- | mandments. XXXXXXXXXX

1 Peter 3.18-22

For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Hear the Word of the Lord

Thanks be to God

Gradual Hymn

1 Forty days and forty
nights
you were fasting in the
wild,
forty days and forty
nights
tempted, and yet unde-
filed:

2 let us your endurance
share
and from earthly greed
abstain,
with you watching unto
prayer,
with you strong to
suffer pain.

3 And if Satan on us
press
flesh or spirit to assail,
Victor in the wilder-
ness,
grant we may not faint
or fail.

4 Keep, O keep us, Saviour
dear,
ever constant by your side,
that with you we may appear
at the eternal Eastertide.

Mark 1.9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the gospel of the Lord,

Glory to you Lord Jesus Christ

Baptism Hymn

Refrain :

Father welcomes all
his children to his family
through his Son. Father
giving his salvation,
life forever has
been won.

3 Let us daily die to sin,
let us daily rise with
him — walk in the love
of Christ our Lord, live
in the peace of God (R)

Little children, come to me, for
my kingdom is of these; life and
love I have to give, mercy for
your sin. (R)

2. In the water, in the word, in
his promise be assured: those
who are baptised and believe
shall be born again. .(R)

Communion Hymn

1 Lord Jesus, think on me,
and purge away my sin;
from earthbound passions set
me free,
and make me pure within.

2 Lord Jesus, think on me
by care and woe oppressed;
let me your loving servant be,
and taste your promised rest.

3 Lord Jesus, think on me,
amid the bitter strife;
through all my pain and misery
become my health and life.

4 Lord Jesus, think on me,
nor let me go astray;
through darkness and per-
plexity
point to the heavenly way.

5 Lord Jesus, think on me,
that, when the trial is past,
I may your radiant glory see,
and share your joy at last.

1 Dear Father, Lord of humankind,
forgive our foolish ways;
reclothe us in our rightful mind:
in purer lives thy service find,
in deeper reverence, praise,
in deeper reverence, praise.

2 In simple trust like theirs
who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee,
rise up and follow thee.

3 O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share
with thee
the silence of eternity,
interpreted by love,
interpreted by love!

4 Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace,
the beauty of thy peace.

5 Breathe through the heats of our
desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind,
and fire,
O still small voice of calm,
O still small voice of calm.

2024 Diary Dates

Warden meetings 2024

19 Feb, 11 March, 8 April, 13 May, 10 June, 15 July, 12 August,
9 September, 14 October, 18 November.

Parish Council meetings

(changes due to one member to full time work in Canberra)

We will revert to former times 7.30pm on Tuesday evening.

The first meeting will be **27 February**, 19 March, 23 April, 21st May.

Lenten Study

Through Sundays in Lent

18 February, 25 February, 3 March, 10 March, 17 March
at **11.30am in the Mary Chapel**.

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Cathedral Markets

Saturday 2nd of March

S^t Saviour's Cathedral Children's Choir

Return for 2024

Rehearsals Thursdays 4-5pm

Commencing Thursday, February 1st

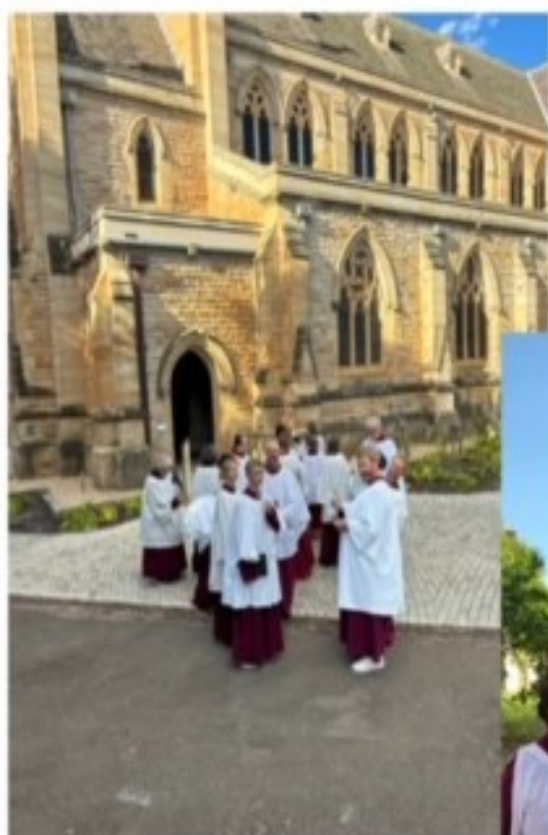
Contact Deb Mc Connell 0458221339



S^t Saviour's Cathedral Choir

Rehearsals Mondays 7:30pm

Contact Deb Mc Connell 0458221339



CATHEDRAL FOOD PANTRY

FOR THOSE IN THE COMMUNITY IN Need

The following items are needed:



Urgently Required: UHT Milk , pasta sauce ,baked beans ,canned spaghetti ,beef casseroles, tinned fish , Weetbix ,Casseroles in tins.

After Service Fellowship

Every Sunday in the Mary Thomas room.
Come and join us.



Mothers Union Thursday the 14th of March
at 1.30pm

Save the dates for Mothers Union March 14th, April 11th, May 9th, June 15th, July 11th, August 8th, September 12th, October 10th, November 14th

Second Sunday of Lent

Genesis 17.1-7, 15-16

Psalms 22.24-32

Romans 4.11-25

Mark 8.31-38

Our Parish Bank Details

Name: St Saviour's Cathedral Parish

BSB : 032 721

Account : 280 248

Reference : Ministry

Envelopes : Place them in the offertory plate. If you are unable to attend please phone me to arrange pick up of your envelopes.

For collection phone : 4822 8394

Tap –Go : In the Cathedral any debit card to donate to the Cathedral in \$10 increments.

Please note donations to everyday expenses and Sowerby Trust are not tax deductible

SOWERBY TRUST

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:

BSB: 702389

ACCT: 05209886

Thank you.



Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

We hope you are uplifted by the worship and enjoy your time with us .

Please make yourself known to our Clergy.

Cathedral Mission Statement

As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn

St Saviours is a haven for nurturing Christians and fostering new faith in Christ

In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .

We Are Committed to :

Prayer and joyful worship

The ministry of hospitality

Serving the broader community

Supporting those from diverse backgrounds including those with special needs

Supporting Goulburn and the Diocese in good times and in times of adversity

ABM Reflection: Lent 1 B – Sunday 18 February 2024 • Genesis 9.8-17; Psalm 25.1-10; 1 Peter 3.18-22; Mark 1.9-15 The Noah story reminds us that God's covenant is not just with humans but with the whole creation. The old idea of God as a destroyer is moved away from in this narrative, symbolized by the hanging up of the bow that fires arrows upon the earth. God, in covenant with us pledges not to destroy the earth. It's a good reminder that as God's covenant people we are part of the pledge to care for creation. • We pray for sustainable ways to mitigate global heating. • Give thanks for the work and witness of Gawura School within St Andrew's Cathedral School in Sydney Text: Archdeacon Rod Bower, Director of Mission, Diocese of Newcastle © Anglican Board of Mission, 202

SPEND THE AFTERNOON WITH CATH

FOURTH THURSDAY EVERY MONTH, 1.30 PM—3.00 PM,
MARY THOMAS ROOM, ST SAVIOUR'S

CRAFT AT THE CATHEDRAL



Social Afternoon, tea, coffee and tim-tams



Bring your craft



Learn another craft

Share your craft

29th February at
1.30pm-3pm

Informal afternoon gathering where you can
relax, catch up with others, continue with your own craft,
share ideas and be inspired

As time goes by, we may make themed craft together (eg Christmas) but for
now, it is just an opportunity to meet like-minded people and share time and
craft together.

Want to know more? Email Margaret Emil
margaret.at.stsaviours@gmail.com

AGM Reports

AGM REPORTS due in by 18th February:

Wardens - LB

Finance-ME, ES

Heritage Committee -CM

The Friends of the Cathedral- AK

Guides/Welcomers- FR

Mothers Union -AW

Study groups- AW

Site Maintenance –FR, JMc

Bell Tower/Ringers –SR, C o’M

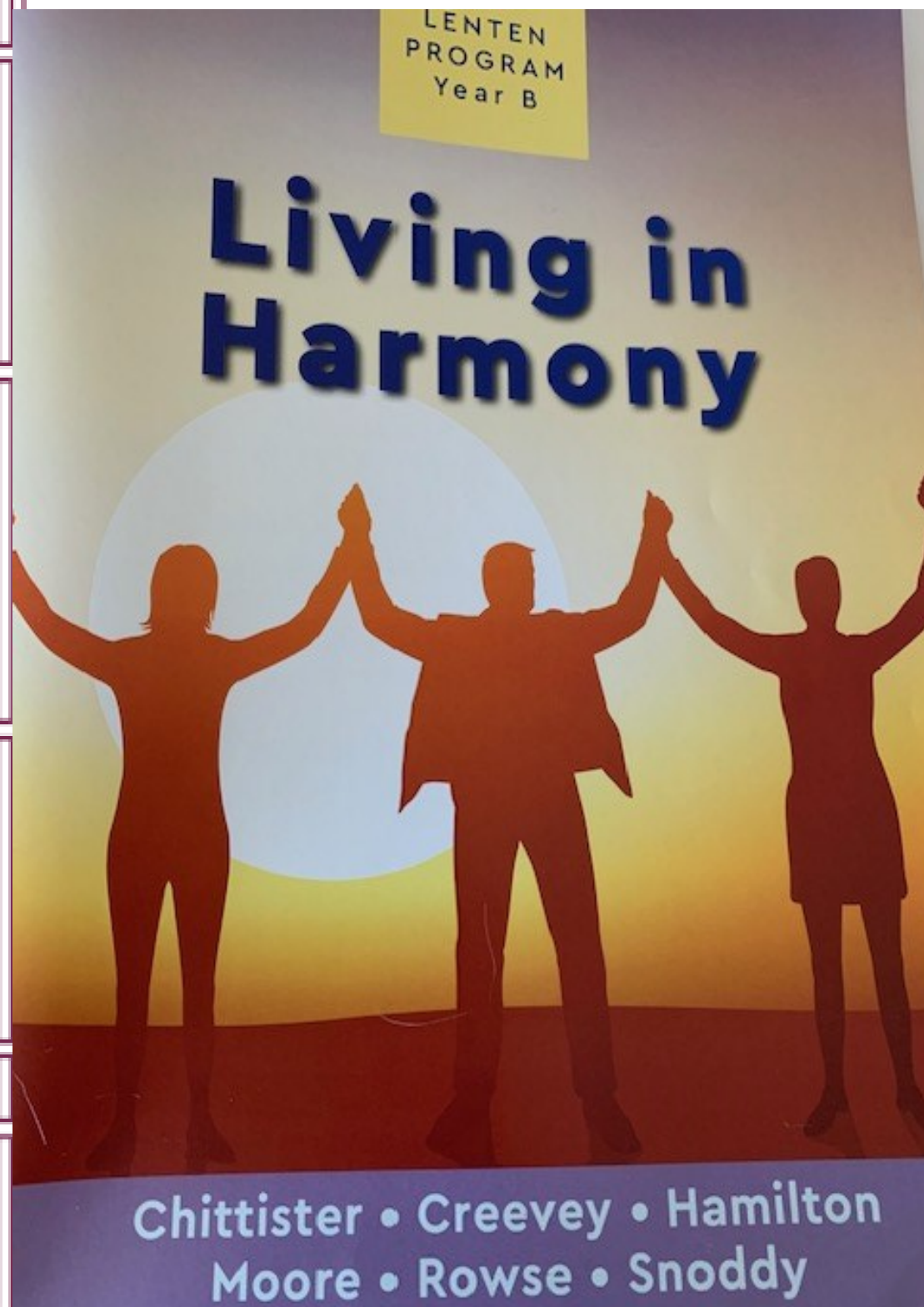
Music—D Mc

Flower Group - CM

Servers -SR

Markets -HC, PS

Lenten Study will commence on Sunday 18th February 11.30ish in the Mary Chapel.



Important information Safe Ministry training for 2024.

1. **Proposed In-Person Training Dates** – our proposed schedule of training for 2024 is given below. Please ensure that you share this information with your church.

9 March Training Day (Modules 1-3) – Young

6 April Training Day (Modules 1-3) - Canberra (Holy Covenant Jamison)

4 May Training Day (Modules 1-3) – North Goulburn

6 May Zoom Training (Module 3)

18 May Training Day (Modules 1-3) – Wagga (South Wagga Anglican)

21 May Zoom Training (Module 3)

25 May Training Day (Modules 1-3) – Narooma

1 June Training Day (Modules 1-3) - Canberra (St Johns Reid)

3 June Zoom Training (Module 3)

15 June Training Day (Module 1-3) – Cooma (Saint Paul's)

18 June Zoom Training (Module 3)

22 June Training Day (Modules 1-3) - Canberra (Weston)

Module 1 is a course for all clergy and lay position holders to develop awareness of the Diocesan Safe Ministry policy, protocols, procedures, and practices. The training includes biblical foundations, healthy team ministry, screening, boundaries, code of conduct, duty of care, child safe practices, responding to concerns (child and adult related), and self-care as church workers.

Module 2 is a course for all children and youth workers (lay and clergy) to develop awareness of Child Safety and Child Protection. This course includes empowering children,

identifying and responding to concerns (risk of harm), reducing the risks of child abuse, and caring for all parties.

Module 3 is a course for all clergy, Parish Council members, Parish Safe Ministry Coordinators (SMCs) and Ministry Program Coordinators aimed at working through the implementation of Diocesan Safe Ministry Policy, Protocols, and Procedures (in particular the Child Safe Standards, Reportable Conduct Scheme, screening of workers, Grievance Procedure, Professional Standards, and Ministry to Persons of Concern).

Online programs remain available for Modules 1 and 2 via the Creating Safer Communities website. Module 3 is only available through In-Person or Zoom sessions.

2. **Payment for In Person Training:** Attendees at the above sessions do not need to need to prepay or pay on the day. Instead, attendance at sessions will be recorded and Creating Safer Communities will invoice each Ministry Unit directly for the number of attendees from it.

While bookings are not necessary, if Ministry Units are able to give indications of attendance to the Safe Ministry Unit it will help us understanding the number of likely attendees at any given session.

3. **Safe Ministry Training and Parish Elections:** Can you please ensure that those elected as Parish Councillors and Wardens understand their obligation to complete Safe Ministry Training and Screening to hold Office (they are Category 3A Church Workers under the Diocese's Protocol for Safe Ministry Screening and Training ([SM002-Screening-Protocol.pdf \(anglican.org.au\)](#)). We are requesting that all necessary training including Module 3 be completed no later than June 2024, and that Wardens and Parish Counsellors remember their obligation to also create and maintain their Safe Ministry Information System (SMIS) profile.

Praying for a blessed start to this year's ministry for you and your communities.

Ordination of Deacons

On the 24th of February ,the Ordination of Deacons will take place at the Cathedral at 11am. Please pray for the candidates as they pray prepare and immerse themselves in a 3 day retreat before Com-mitting themselves to the Ordination Vows at the Diocesan Service. The Candidates are Anna Krebs, Andrew Lubbock, Bilkis Malek, Luke Midena, Sasch Peard, Andrew Shiells and Nathanael Thiery .

World Day of Prayer

2024 Focus Country: **Palestine**

Goulburn Uniting Church 51 Goldsmith Street

Friday 1st of March 10am

A global interdenominational gathering promoted by the World Council of Churches.

All welcome



Prayer for choosing a new Dean

Bountiful God,

Give to this Cathedral a faithful Dean

Who will faithfully speak your word

And minister your sacraments;

An encourager who will equip our people for ministry

And enable us to fulfil our calling.

Give to those who will choose, wisdom,

Discernment and patience,

And to us give warm and generous hearts.

Canon Anne writes:



WELCOMERS TO THE CATHEDRAL NEEDED: to ensure the Cathedral is open to the public. Can you give up a morning or afternoon once a week, or once a month to help us keep the building open for the many visitors and tourists who wander in ? All that is required is for you to be present, sitting at a desk in the entrance. It's a great opportunity to read a book, do a crossword, chat with whoever enters and invite them to enter their names into the Visitor Book. Material for a self guided Tour can be handed out.

Of course, we do need more guides and Fred Rainger is happy to train anyone interested.

Lent 2 Sunday 25th February. There will be no Morning Tea after the 10am service. The Lent study will run from 11.30-12.30 in the Mary Chapel and then Fred Relf is hosting a BIRTHDAY BASH for Stephen in the Hall at 1pm. Bellringers and parishioners are all invited. If you can bring some extra food that too, would be good to add to the sandwiches supplied!

ORDINATION WELCOMING TEAM don't forget Saturday, 24th February!

Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

Cathedral Office Hours

9.00am –11am (Mon,Tues,Thurs,Fri.....Closed WED)

Office Contacts: Phone 48212206

Email: office@goulburncathedral.org.au

Web-

site :www.goulburncathedral.org.au



LOCUM DEAN

The Rev'd Canon Anne Wentzel

Mobile 0429 680 010

Other Clergy :contact through the office



Cathedral Staff

Rev'd Canon Margaret Emil, Hon. Asst Priest

Rev'd Canon Kevin Stone –4th Sunday (on Leave)

Cathedral Wardens:

Bruce Harvey (Dean's Warden)

Leigh Bottrell (Bishop's Warden):48224946

Pamela Shaw 48228394

Stephen Relf : 0401977432

CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,

Darren Churchill, Peter Ogilvie.

Director of Music :Debra McConnell

Organists for February : Phil Fraser and Brett Mc kern

Editor of Pew Sheet Vanessa Kemp