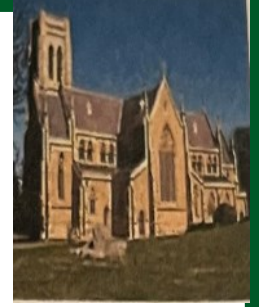




**The cathedral Church of  
St Saviour's, Goulburn  
Mother Church for  
The Anglican Diocese of Canberra &  
Goulburn**



**Sunday 25th August  
Fourteenth Sunday After  
Pentecost**

**Preacher: 8am and 10am: Ven. Dr Colleen O'Reilly AM**

**Presider: 8am: Canon Anne Wentzel**

**10am: Dean Gavin Krebs**



**Readings**

1 Kings 8.22-30,41-43

Psalm 84

Ephesians 6.10 –20

John 6.56-69

**Midweek Services**

Monday 9:30am - Morning Prayer

Thursday 9:30am - Eucharist

## Introit Hymn

Christ is made the sure foundation,  
Christ the head and cornerstone,  
chosen by the Lord, and precious,  
binding all the church in one,  
holy Zion's help for ever,  
and her confidence alone.

All that dedicated city,  
dearly loved by God on high,  
in exultant jubilation  
pours perpetual melody,  
God the Three in One adoring,  
Praising him eternally.

Here among us, where we call you  
Come, O Lord our God, today;  
with your gentle lovingkindness  
hear your people as we pray,  
and your fullest benediction  
pour upon us here today.

Here bestow on all your people  
what we ask of you to gain,  
what we gain from you for ever  
with the blessed to retain,  
and hereafter in your glory  
evermore with you to reign.

Praise and honour to the Father,  
praise and honour to the Son,  
praise and honour to the Spirit,  
ever Three and ever One,  
one in might and one in glory  
while eternal ages run.

*From Urbs beata Hierusalem,*  
Latin, c. 7th cent.  
*tr. John Mason Neale 1818-66*  
*alt.*

## **Sentence**

Jesus said ‘ it is the spirit that gives life ,the flesh is useless. The words that I have spoken to you are spirit and life ‘  
*John 6.63*

## **Collect**

Everliving God, by whose Spirit the whole body of the Church is governed and sanctified hear the prayers we offer for all faithful people ,that in the ministry to which you have called them each may serve you in holiness and truth; through our Lord and Saviour Jesus Christ, who lives and reigns with you and the Holy Spirit, One God, now and forever. Amen

## **Acknowledgement of Country**

We acknowledge the triune God, the Creator of heaven and earth and His ownership of all things. (Psalm 24:1) We recognise that He gave stewardship of these lands upon which we meet to the First Nations Peoples of this country (Acts 17:26). In His sovereignty, He has allowed other people groups to migrate to these shores. We acknowledge the cultures of our First Nations Peoples and are thankful for the community that we share together now. We pay our respects to the people of this land and their elders/leaders, both past and present, and those emerging.

## 1 Kings 8.22-30,41-43

Then Solomon stood before the altar of the Lord in front of the whole assembly of Israel, spread out his hands towards heaven and said: ` Lord , the God of Israel, there is no God like you in heaven above or on earth below – you who keep your covenant of love with your servants who continue wholeheartedly in your way. You have kept your promise to your servant David my father; with your mouth you have promised and with your hand you have fulfilled it – as it is today. `Now Lord , the God of Israel, keep for your servant David my father the promises you made to him when you said, “You shall never fail to have a successor to sit before me on the throne of Israel, if only your descendants are careful in all they do to walk before me faithfully as you have done.” And now, God of Israel, let your word that you promised your servant David my father come true. `But will God really dwell on earth? The heavens, even the highest heaven, cannot contain you. How much less this temple I have built! Yet give attention to your servant’s prayer and his plea for mercy, Lord my God. Hear the cry and the prayer that your servant is praying in your presence this day. May your eyes be open towards this temple night and day, this place of which you said, “My Name shall be there,” so that you will hear the prayer your servant prays towards this place. Hear the supplication of your servant and of your people Israel when they pray towards this place. Hear from heaven, your dwelling place, and when you hear, forgive. `As for the foreigner who does not belong to your people Israel but has come from a distant land because of your name – for they will hear of your great name and your mighty hand and your outstretched arm – when they come and pray towards this temple, then hear from heaven, your dwelling-place. Do whatever the foreigner asks of you, so that all the peoples of the earth may know your name and fear you, as do your own people Israel, and may know that this house I have built bears your Name.

Hear the word of the Lord.      **Thanks be to God.**

## Psalm 84

How lovely is your dwelling-place,  
O Lord of hosts, to me;  
my thirsting soul longs eagerly  
within your courts to be.

Beside your altars, Lord of all,  
the swallows find a nest;  
happy are those who dwell with you  
and praise you without rest,

and happy those whose hearts are set  
upon the pilgrim ways:  
you are the water when they thirst,  
their guide towards your face.

How blest are they that in your house  
for ever give you praise:  
one day with you is better spent  
than thousands in dark ways.

The Lord will hold back no good thing  
from those who justly live;  
to all who trust, the Lord of hosts  
will all his blessings give.

Psalm 84:1-7,10-12

## Ephesians 6.10 –20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Hear the word of the Lord.      **Thanks be to God.**

## Gradual Hymn

Holy, holy, holy! Lord God almighty,  
early in the morning to you our praise shall be;  
holy, holy, holy! merciful and mighty  
God in three persons, blessed Trinity.

Holy, holy, holy! all the saints adore you,  
casting down their golden crowns around the glassy sea;  
cherubim and seraphim falling down before you,  
God everlasting through eternity.

Holy, holy, holy! though the darkness hide you,  
though the sinful human eye your glory may not see,  
you alone are holy, there is none beside you  
perfect in power, in love and purity.

Holy, holy, holy! Lord God almighty,  
all your works shall praise your name in earth and sky and sea:  
holy, holy, holy! merciful and mighty  
God in three persons, blessed Trinity.

Reginald Heber  
1783-1826 all.

## John 6.56-69

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.      **Glory to you lord Jesus Christ.**



## Offertory hymn

*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

Come, people, follow where our captain trod,  
our King victorious, Christ the Son of God:  
*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

All newborn servants of the Crucified  
bear on their brow the seal of him who died:  
*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

From north and south, from east and west they raise  
in growing unison their song of praise:  
*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

O Lord, once lifted on the glorious tree,  
draw all to you, let all the nations see:  
*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

From farthest regions let them homage bring,  
and on the cross adore their Saviour King:  
*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

Michael Robert Newbolt 1874-1956  
based on George William Kitchin 1827-1912 *alt.*

## Final Hymn

Who would true valour see,  
let him come hither;  
one here will constant be,  
come wind, come weather.

There's no discouragement  
shall make him once relent  
his first avowed intent  
to be a pilgrim .

Whoso beset him round  
with dismal stories,  
do but themselves confound:  
his strength the more is.

No lion can him fright,  
he'll with a giant fight,  
but he will have the right  
to be a pilgrim.

Hobgoblin nor foul fiend  
can daunt his spirit;  
he knows he at the end  
shall life inherit.

Then, fancies, fly away;  
he'll fear not what men say;  
he'll labour night and day  
to be a pilgrim.

John Bunyan  
1628-88

## From the Deans Desk

### **Matthew 22:34-40**

When the Pharisees heard that he had silenced the Sadducees, they gathered together, and one of them, a lawyer, asked him a question to test him. 'Teacher, which commandment in the law is the greatest?' He said to him, "'You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.'" This is the greatest and first commandment. And a second is like it: "You shall love your neighbour as yourself." On these two commandments hang all the law and the prophets.'

Love!

No wonder some people think that love is a shallow, soppy type of feeling, something that is random and fleeting. But love as it is used in the Bible, love as it is used by Jesus, is not a feeling that comes and goes on a whim. And I'm sure that the religious leaders that surrounded Jesus on that day didn't think that they would end up talking about love. When it comes to commandments, the Jews have 613 extracted and expanded upon from the OT. And when Jesus is asked which one is the greatest he boils them down to, love God with your whole being, love your neighbour as yourself. Loving God is the first thing, the most important thing. But, with it comes a corollary: to love God means that you also love God's people. The ancient rabbis put it in similar terms: "What is hateful to you do not do to your neighbour. That is the whole Law."

The key problem in interpreting this double commandment for our time is that we lose sight of the biblical meaning of love. Our culture has equated love with intense emotion. To love is a stronger response than to like. And both are measures of a passive response to something outside us. But biblical love is not passive, and it is not strictly emotional.

Jesus is quoting directly from Deuteronomy 6:5, "You shall love the Lord your God with all your heart, and with all your soul, and with all your might." This love is far from passive. It is the active response of the faithful person to the love of God.

To love God with all of one's heart, and soul, and mind, is to choose to respond to God even as God chooses to love and respond to us. Feelings and emotions do not enter into the equation and there is nothing passive about this sort of feeling.

To love neighbour as oneself is to act toward the other as one would act toward those close to you. We are to treat the stranger in the same way we are to treat those that we love the most. When the action to each is equal, the love to each is equal. This means that, to those with whom we are intimate, to those we do not know, to those who we may find gross, and even to those who harm us, we can act according to the law of love. To love is to be merciful and gracious. To love our neighbour as ourselves is to make a conscious choice to act kindly towards them and to act upon it.

## **Our Parish Bank Details:**

**Name: St Saviour's Cathedral Parish**

**BSB : 032 721**

**Account : 280 248**

**Reference : Ministry**

**Envelopes : Place them in the offertory plate. If you are unable to attend please phone to arrange pick up of your envelopes.**

**For collection phone : 4822 8394**

**Tap –Go: In the Cathedral any debit card to donate to the Cathedral in \$10 increments.**

**Please note donations to everyday expenses and Sowerby Trust are not tax deductible**

## **SOWERBY TRUST**

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute,  
please note:

**BSB: 702389**

**ACCT: 05209886**

Thank you.

## **CATHEDRAL FOOD PANTRY**

**FOR THOSE IN THE COMMUNITY IN NEED**

The Food Bank is quite well stock at the moment. A big thank you to all who continue to purchase items.



## **AFTER SERVICE FELLOWSHIP**

**Every Sunday in the Mary Thomas Room.**

**Come and join us.**

**A Thank You to Joan Gilroy and Peter Ogilvie who set up and bring food for you each week. Please assist them in any way you can by carrying used cups to the bin, plates to the sink, etc.**



**Fifteenth Sunday after Pentecost**

**Song of Songs 2,8-13**

**Psalms 45.1-2, 6-9**

**James 1.17-27**

**Mark 7.1-8, 14-23**

## Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

## A Prayer for St. George's Cathedral,

Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's in East Jerusalem. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring peace to all as they witness to your presence. In Jesus' name, Amen .

## A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen.

*Archbishop Justin Welby/Archbishop Stephen Cottrell*

## Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

# 2024 Diary Dates

**Wardens meetings 2024 at 12noon:**  
9 September, 14 October, 18 November.

**Parish Council meetings:**  
The next meeting will be 17th September at 7:30pm.

**Chapter Meetings 10-12noon**  
26th October.

**Cathedral Markets (First Saturday of the month)**  
Saturday 7th of September

**Mothers Union**  
Meets on the 2nd Thursday of each month in the Mary Thomas Room at 1.30pm. Next meeting 12th September, 10th October, 14th November.

**Note:** Thursday 14 November 11am, Service and Lunch at Cascades Goulburn.

**SYNOD** Friday-Sunday, 6th-8th September, Cathedral.  
**NOTE: There will only be ONE service Sunday 8th September at 8am**

**Friends of the Cathedral Executive** meet 20th September at 12 noon, Cathedral Office.

**Marian Procession** Ecumenical day event across Goulburn churches.  
Sunday 27th October.

**Cathedral Craft Group** meets every 4th Thursday of the month at 1.30 –3pm. Next meeting 27th of September. All welcome.

**Hand made Cards** are available at the Guides table in the Cathedral for a gold coin donation.

**Address: 170 Bourke Street.**

**Cathedral Office Hours**

**9.00am –11am (Mon, Tues, Thurs, Fri.....Closed WED)**

**Office Contacts: Phone 4821 2206**

**Email: [office@goulburncathedral.org.au](mailto:office@goulburncathedral.org.au)**

**[www.goulburncathedral.org.au](http://www.goulburncathedral.org.au)**

**Dean Gavin Krebs: 0418 515 209**

**Canon Anne Wentzel: 0429 680 010**

**Other Clergy: contact through the office**

**Cathedral Staff:**

**Rev'd Canon Margaret Emil, Hon. Asst Priest (On Leave)**

**Rev'd Canon Kevin Stone –4th Sunday ( On Leave)**

**Cathedral Wardens:**

**Peter Ogilvie (Dean's Warden)**

**Leigh Bottrell (Bishop's Warden): 4822 4946**

**Pamela Shaw 4822 8394**

**Stephen Relf : 0401 977 432**

**Cathedral Councillors:**

**Jenny Lacey, Richard Orchard,  
Darren Churchill, Peter Ogilvie.**

**Director of Music: Debra McConnell**

**Organists for August/September: Phil Fraser, Brett McKern**

**Editor of Pew Sheet: Vanessa Kemp**





# Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

**We hope you are uplifted by the worship and enjoy your time with us .**

**Please make yourself known to our Clergy.**

### **Cathedral Mission Statement**

**As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn**

**St Saviours is a haven for nurturing Christians and fostering new faith in Christ**

**In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .**

**We Are Committed to :**

**Prayer and joyful worship**

**The ministry of hospitality**

**Serving the broader community**

**Supporting those from diverse backgrounds including those with special needs**

**Supporting Goulburn and the Diocese in good times and in times of adversity**

**ABM Reflection** :Ordinary Sunday 21 B – Sunday 25 August 2024 •  
1 Kings 8.[1-6, 10-11] 22-30, 41-43; Psalm 84; Ephesians 6.10-20 ; John 6.56-69 People have often said to me, in the midst of sorrow and struggle – how do people get through this, without faith? As Peter says in today’s Gospel “Lord, to whom can we go? You have the words of eternal life”. • We pray for faith to always turn to Jesus, everyday, in all things. • Give thanks for the work and witness of the Anglican Church of Papua New Guinea, remembering especially today the Bishop-Designate of Port Moresby, the Very Rev’d Wilfred Kekea, as well as the recently-appointed new Principal for the Bishop Newton School of Theology, the Rev’d Dr Ishaya Anthony, as well as the other staff and students. Text: Pamela Davey and the Rev’d Sr Jan Crombie SSA (ABM Board) © Anglican Board of Mission, 2024



