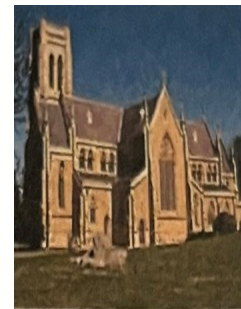




**The cathedral Church of  
St Saviour's, Goulburn  
Mother Church for  
The Anglican Diocese of Canberra &  
Goulburn**



**Sunday 21st of July**

**Mary Magdalene**

**Preacher: 8am and 10am: Dean Gavin Krebs**

**Presider: 8am and 10am: Dean Gavin Krebs**

**Readings**

2 Corinthians 5:14-21

Psalm 63

John 20:1-18



**Midweek Services**

Monday 9:30am - Morning Prayer

Thursday 9:30am - Eucharist

# Introit Hymn

In Christ there is no east or west,  
in him no south or north,  
but one great fellowship of love  
throughout the whole wide earth.

In Christ shall true hearts everywhere  
their high communion find,  
his service is the golden cord  
close-binding humankind.

Join hands, then, people of the faith,  
whate'er your race may be;  
who serves my Father as his child  
is surely kin to me.

In Christ now meet both east and west,  
in him meet south and north,  
all Christlike souls are one in him  
throughout the whole wide earth.

William Arthur Dunkerley  
(‘John Oxenham’) 1852-1941 *alt*

## Sentence

The love of Christ urges us on, because we are convinced that one has died for all, so that those who live might live not for themselves, but for him who died and was raised for them.

2 Corinthians 5.14–15

## Collect

Almighty God,  
whose Son called Mary Magdalene to be a witness  
of his resurrection:  
mercifully grant that by your grace  
we may be forgiven and healed,  
and may know you in the power of your Son's risen life;  
who with you and the Holy Spirit lives and reigns,  
one God, now and for ever. **Amen.**

## Acknowledgement of Country

We acknowledge the triune God, the Creator of heaven and earth and His ownership of all things. (Psalm 24:1) We recognise that He gave stewardship of these lands upon which we meet to the First Nations Peoples of this country (Acts 17:26). In His sovereignty, He has allowed other people groups to migrate to these shores. We acknowledge the cultures of our First Nations Peoples and are thankful for the community that we share together now. We pay our respects to the people of this land and their elders/leaders, both past and present, and those emerging.

## 2 Corinthians 5:14-21

For the love of Christ urges us on, because we are convinced that one has died for all; therefore all have died. And he died for all, so that those who live might live no longer for themselves, but for him who died and was raised for them.

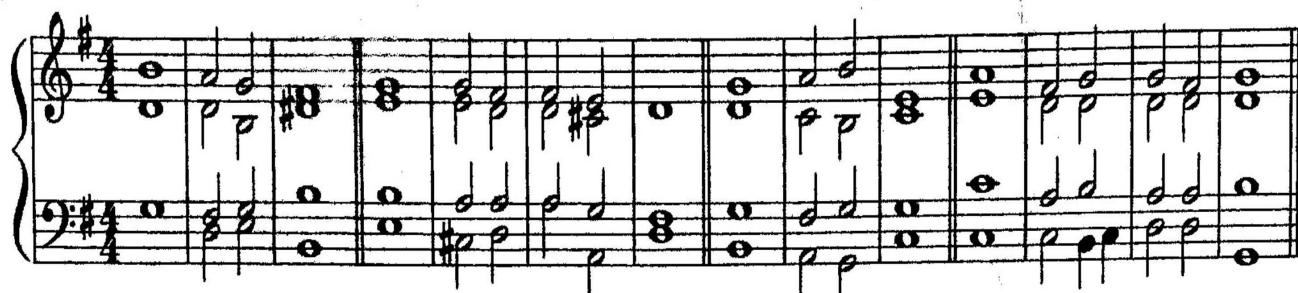
From now on, therefore, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

Hear the word of the Lord

**Thanks be to God**

## Psalm 63

Jones, John (1728-1796)



- 1 O God, you | are my | God:  
eagerly | will I | seek | you.
- 2 My soul thirsts for you, my flesh | longs for | you:  
as a dry and thirsty land | where no | water | is.
- 3 So it was when I beheld you | in the | sanctuary:  
and saw your | power | and your | glory.
- 4 For your unchanging goodness is | better . than | life:  
there- | fore my | lips shall | praise you.
- 5 And so I will bless you as long | as I | live:  
and in your name will I | lift my | hands on | high.
- 6 My longing shall be satisfied as with | marrow . and | fatness:  
my mouth shall praise you | with . ex- | ultant | lips.
- 7 When I remember you u- | pon my | bed:  
when I meditate upon you | in the | night | watches,
- 8 How you have | been my | helper:  
then I sing for joy in the | shadow | of your | wings,
- 9 Then my soul | clings to | you:  
and | your right | hand up- | holds me.
- 10 Those that seek my life are marked | for des- | truction:  
they shall go down to the deep | places | of the | earth.
- 11 They shall be delivered | to the | sword:  
they shall | be a | portion . for | jackals.
- 12 The king will rejoice in God, and all who take oaths on his | name shall | glory:  
but the mouths of | liars | shall be | stopped.

## Gradual Hymn

The Lord's my shepherd, I'll not want.  
He makes me down to lie  
in pastures green, he leadeth me  
the quiet waters by.

My soul he doth restore again;  
and me to walk doth make  
within the paths of righteousness,  
ev'n for his own name's sake.

Yea, though I walk in death's dark vale,  
yet will I fear no ill:  
for thou art with me; and thy rod  
and staff me comfort still.

My table thou hast furnished  
in presence of my foes;  
my head thou dost with oil anoint,  
and my cup overflows.

Goodness and mercy all my life  
shall surely follow me:  
and in God's house for evermore  
my dwelling-place shall be.

*Scottish Psalter*  
1650



## John 20:1-18

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, 'They have taken the Lord out of the tomb, and we do not know where they have laid him.' Then Peter and the other disciple set out and went towards the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, 'Woman, why are you weeping?' She said to them, 'They have taken away my Lord, and I do not know where they have laid him.' When she had said this, she turned round and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, 'Woman, why are you weeping? For whom are you looking?' Supposing him to be the gardener, she said to him, 'Sir, if you have carried him away, tell me where you have laid him, and I will take him away.' Jesus said to her, 'Mary!' She turned and said to him in Hebrew, 'Rabbouni!' (which means Teacher). Jesus said to her, 'Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, "I am ascending to my Father and your Father, to my God and your God."' Mary Magdalene went and announced to the disciples, 'I have seen the Lord'; and she told them that he had said these things to her.

This is the Gospel of the Lord.

**Praise to you Lord Jesus Christ**

## Offertory Hymn

The church's one foundation  
is Jesus Christ her Lord:  
she is his new creation  
by water and the word;  
from heaven he came and sought her  
to be his holy bride;  
with his own blood he bought her,  
and for her life he died.

Yet she on earth has union  
with God the Three in One,  
and mystic sweet communion  
with those whose rest is won.  
O happy ones and holy!  
Lord, give to us the grace  
like them, the meek and lowly,  
in heaven to seek your face.

Elect from every nation  
yet one o'er all the earth,  
her charter of salvation  
one Lord, one faith, one birth:  
one holy name she blesses,  
partakes one holy food,  
and to one hope she presses  
with every grace endued.

Samuel John Stone

*1839-1900 alt.*

Though with a scornful wonder  
the world sees her oppressed,  
by schisms rent asunder,  
by heresies distressed,  
yet saints their watch are keeping,  
their cry goes up, 'How long?'  
and soon the night of weeping  
shall be the morn of song.

Through toil and tribulation  
and tumult of her war  
she waits the consummation  
of peace for evermore,  
till with the vision glorious  
her longing eyes are blessed,  
and the great church victorious  
shall be the church at rest.



## Final Hymn

Christ is made the sure foundation,  
Christ the head and cornerstone,  
chosen by the Lord, and precious,  
binding all the church in one,  
holy Zion's help for ever,  
and her confidence alone.

All that dedicated city,  
dearly loved by God on high,  
in exultant jubilation  
pours perpetual melody,  
God the Three in One adoring,  
Praising him eternally.

Here among us, where we call you  
Come, O Lord our God, today;  
with your gentle lovingkindness  
hear your people as we pray,  
and your fullest benediction  
pour upon us here today.

Here bestow on all your people  
what we ask of you to gain,  
what we gain from you for ever  
with the blessed to retain,  
and hereafter in your glory  
evermore with you to reign.

Praise and honour to the Father,  
praise and honour to the Son,  
praise and honour to the Spirit,  
ever Three and ever One,  
one in might and one in glory  
while eternal ages run.

From *Urbs beata Hierusalem*, Latin,  
c. 7th cent. *tr.* John Mason Neale  
1818-66 *alt.*

# From the Dean's Desk

## **Matthew 11:28-30**

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

Jesus in this section of Matthew's Gospel, is referring to the burden of the Law and the many other legalistic observances which had accumulated over the generations in Jewish practices. In fact there was a common rabbinic metaphor which speaks of the 'yoke of the Law'. He did not have much time for this kind of religion.

Jesus invites us to take on his yoke. A yoke can be heavy, but it makes it easier for the ox to pull the cart or the plough. Jesus' yoke is the yoke of love. On the one hand, it restricts us from acting in certain ways, but at the same time it points us in the right direction. In the long run, it has a liberating effect. It is not unlike the idea of the "narrow door" which Jesus invites us to go through. He asks us to learn from him in his gentleness and humility, not just follow religious rules and regulations.

Also, it was quite common for farmers to use double yokes, with two animals pulling together. So we can take the metaphor a bit further by saying that Jesus is offering to share the burden of the yoke with us.

Following Jesus is not about carrying the great weight of having to follow rules and regulations to make ourselves acceptable to God. No, Jesus asks us to shoulder our responsibility to love others as he loves us.

Many in our community are in desperate need of hearing this invitation, or to be reminded of it. And there might very well be someone in your life who won't hear this invitation unless they hear it through you. But don't see this as a burden. See it as your well-fitting yoke. A yoke Jesus himself has made just for you, and he promises to help you bear it. So come to Jesus today and find rest for your soul. And then go in peace to share this invitation with all who long for rest.

*Dean Gavin*

## **From Parish Council:**

We are delighted to announce the successful completion of Stage 1 of our lighting installation in the Cathedral. The transformation is truly remarkable, with the new spotlights significantly enhancing the brightness within the building. These lights are not only more energy-efficient but also cost-effective, aligning with the Diocesan commitment to sustainability. Encouraged by the success of Stage 1, we will be commencing Stage 2 of the installation, which will further brighten seating in the pews. We are confident that the completion of this project will further enhance the aesthetic appeal of our beloved Cathedral while also promoting energy conservation.

# 2024 Diary Dates

## **Wardens meetings 2024 at 12noon:**

12 August, 9 September, 14 October, 18 November.

## **Parish Council meetings:**

The next meeting will be 23rd July at 7:30pm.

## **Chapter Meetings 10-12noon**

Saturday 27th July, 26th October.

## **Cathedral Markets (First Saturday of the month)**

Saturday 3rd of August.

## **Mothers Union**

Meets on the 2nd Thursday of each month in the Mary Thomas Room at 1.30pm. Next meeting 8th August, 12th September, 10th October, 14th November.

**Note:** Wednesday 7th August MU AGM 10am Holy Cross Church Hackett.  
Thursday 14 November 11am, Service and Lunch at Cascades Goulburn.

## **Bishop's Cathedral Convention— *Sharing Hope with an Uncertain World.***

Saturday 17th August starting 10am. Booking essential.

## **Consecration Saturday 24th August of Asst Bishop Elect, Vanessa Bennett 11am.**

**SYNOD** Friday-Sunday, 6th-8th September, Cathedral.

**Friends of the Cathedral Executive** meet 20th September at 12 noon, Cathedral Office.

**Marian Procession** Ecumenical day event across Goulburn churches. Sunday 27th October.

**Cathedral Craft Group** meets every 4th Thursday of the month at 1.30 –3pm. Next meeting 25th July. All welcome.

**Hand made Cards** are available at the Guides table in the Cathedral for a gold coin donation.

**CATHEDRAL FOOD PANTRY  
FOR THOSE IN THE COMMUNITY IN NEED**

The Food Bank is quite well stock at the moment, but please continue to consider buying a bit extra when you go shopping and dropping it into the office.



**AFTER SERVICE FELLOWSHIP**

Every Sunday in the Mary Thomas Room.

Come and join us.

A Thank You to Joan Gilroy and Peter Ogilvie who set up and bring food for you each week. Please assist them in any way you can by carrying used cups to the bin, plates to the sink, etc.



**10th Sunday after Pentecost**

2 Samuel 11.1-15

Psalm 14

Ephesians 3.14-21

John 6.1-21

## **Our Parish Bank Details**

**Name: St Saviour's Cathedral Parish**

**BSB : 032 721**

**Account : 280 248**

**Reference : Ministry**

**Envelopes : Place them in the offertory plate. If you are unable to attend please phone to arrange pick up of your envelopes.**

**For collection phone : 4822 8394**

**Tap –Go: In the Cathedral any debit card to donate to the Cathedral in \$10 increments.**

**Please note donations to everyday expenses and Sowerby Trust are not tax deductible**

## **SOWERBY TRUST**

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:

**BSB: 702389**

**ACCT: 05209886**

Thank you.



# Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

**We hope you are uplifted by the worship and enjoy your time with us .**

**Please make yourself known to our Clergy.**

### **Cathedral Mission Statement**

**As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn**

**St Saviours is a haven for nurturing Christians and fostering new faith in Christ**

**In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .**

**We Are Committed to :**

**Prayer and joyful worship**

**The ministry of hospitality**

**Serving the broader community**

**Supporting those from diverse backgrounds including those with special needs**

**Supporting Goulburn and the Diocese in good times and in times of adversity**

**ABM Reflection** Ordinary Sunday 16 B – Sunday 21 July 2024 •  
2 Samuel 7.1-14a; Psalm 89.21-38; Ephesians 2.11-22; Mark 6.30-34, 53-56 Today's gospel reading shows us that Jesus considered rest to be an important facet of ministry once in a while, and yet the pressure to minister remains, with 'sheep without a shepherd' and the sick being ever present. How can we encourage our clergy to work hard and to be able to take restful breaks so that they do not suffer burnout? How can lay people play a leadership role? • Pray for all those parish priests and chaplains (and their families) who find it hard to be able to take breaks because it is difficult for them to arrange cover. • Give thanks for the work and witness of the Nippon Sei Ko Kai, the Anglican Church of Japan. Text: Robert McLean © Anglican Board of Mission, 2024



## Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

## A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

## A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



## Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

**Address: 170 Bourke Street.**

**Cathedral Office Hours**

**9.00am –11am (Mon, Tues, Thurs, Fri.....Closed WED)**

**Office Contacts: Phone 4821 2206**

**Email: [office@goulburncathedral.org.au](mailto:office@goulburncathedral.org.au)**

**[www.goulburncathedral.org.au](http://www.goulburncathedral.org.au)**

**Dean Gavin Krebs: 0418 515 209**

**Canon Anne Wentzel: 0429 680 010**

**Other Clergy: contact through the office**

**Cathedral Staff:**

**Rev'd Canon Margaret Emil, Hon. Asst Priest (On Leave)**

**Rev'd Canon Kevin Stone –4th Sunday ( On Leave)**

**Cathedral Wardens:**

**Bruce Harvey (Dean's Warden)**

**Leigh Bottrell (Bishop's Warden): 4822 4946**

**Pamela Shaw 4822 8394**

**Stephen Relf : 0401 977 432**

**Cathedral Councillors:**

**Jenny Lacey, Richard Orchard,  
Darren Churchill, Peter Ogilvie.**

**Director of Music: Debra McConnell**

**Organists for July: Brett McKern**

**Editor of Pew Sheet: Vanessa Kemp**

