

The Cathedral Church of St Saviour's, Goulburn
Mother Church for
The Anglican Diocese of Canberra & Goulburn

Sunday 11th of February
Sixth Sunday after Epiphany

Preacher: 8am and 10am : Canon Anne

Presider: 8am and 10am : Acting Dean Canon Anne Wentzel

Readings

2 Kings 5.1-14

Psalm 30

1 Corinthians 9,24—27

Mark 1.40 —45



WEEKDAY EUCHARISTS
Monday & Thursday 9.30am
in the Lady Chapel



SENTENCE

A great prophet has arisen among us !
God has visited people!

Luke 7:16

COLLECT

Everliving God,
your Son, Jesus Christ, healed the lepers
and brought good news to the despised and
outcast: grant us your gifts of compassion and
self-control, that in serving others in their need
we may strive for the imperishable wreath
that you bestow on all who truly love you;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God now and for ever. **Amen**

We acknowledge the Traditional Owners as the custodians of
this land, recognising their connection to land, waters and
community. We pay our respects to Australia's First Peoples,
and to their Elders, past present and emerging.

Introit Hymn

1 How good, Lord, to be here!
your glory fills the night;
your face and garments,
like the sun,
shine with unborrowed light.

2 How good, Lord, to be here,
your beauty to behold,
where Moses and Elijah stand,
your messengers of old.

3 Fulfiller of the past,
promise of things to be:
we hail your body glorified,
and our redemption see.

4 Before we taste of death,
we see your Kingdom come;
we still would hold the vision bright,
and make this hill our home.

5 How good, Lord, to be here!
yet we may not remain;
but since you bid us leave the mount
come with us to the plain.

2 Kings 5.1-14

Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the Lord had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' So Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel.'

He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.' When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.'

But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.'

2 Kings 5.1-14 Continued

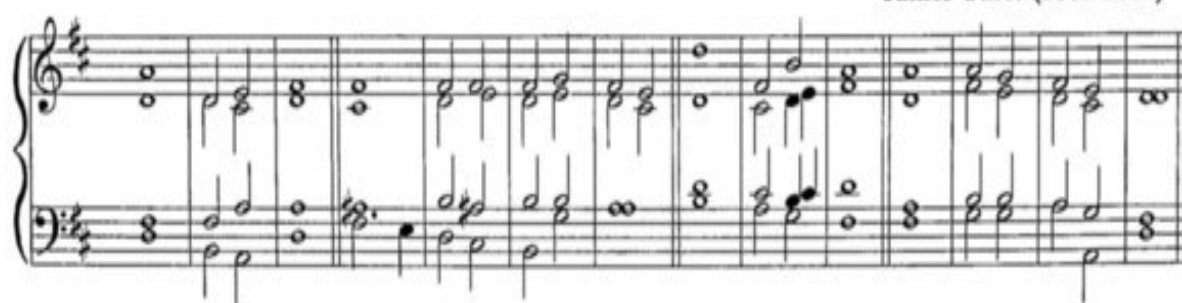
But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?' He turned and went away in a rage. But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, "Wash, and be clean"?' So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Hear The Word of The Lord

Thanks be to God.

Psalm 30

James Turl (1802-1882)



- 1 I will exalt you, O Lord,
for you have drawn me | up from · the | depths:
and have not suffered · my | foes to | triumph | over · me.
- 2 O Lord my God, I | cried to | you:
and | you have | made me | whole.
- 3 You brought me back, O Lord, from the | land of | silence:
you saved my life from am·ong | those that · go | down to · the | Pit.
- 4 Sing praises to the Lord, all | you his | faithful ones:
and give | thanks to · his | holy | name.
- 5 For if in his anger is havoc, in his good | favour · is | life:
heaviness may endure for a night, · but | joy comes | in the | morning.
- 6 In my prosperity I said* 'I shall | never · be | moved:
your goodness, O Lord, has | set me · on so | firm a | hill.'
- 7 Then you hid your | face from | me:
and ~| I was | greatly · dis·|mayed.
- 8 I cried to | you, O | God:
and made my petition | humbly | to my | Lord.
- 9 'What profit is there in my blood, if I go | down to · the | pit:
can the dust give · you | thanks, · or de·|clare your | faithfulness?
- 10 'Hear, O Lord, | and be | merciful:
O | Lord, | be my | helper.'
- 11 You have turned my lamentation | into | dancing:
you have put off my sackcloth · and | girded | me with | joy,
- 12 That my heart may sing your praise and | never · be | silent:
O Lord my God, I will | give you | thanks for | ever.

1 Corinthians 9.24 –27

Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable garland, but we an imperishable one. So I do not run aimlessly, nor do I box as though beating the air; but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

Hear The Word of The Lord

Thanks be to God.

Gradual Hymn

1 Christ is the world's true light,
it's captain of salvation,
the day—star clear and bright ,
desire of every nation :
new life, new hope awakes
for all who own his sway :
freedom her bondage breaks,
and night is turned to day.

2 In Christ all races meet,
their ancient feuds forgetting.
the whole round world
complete .
from sunrise to it's settings:
When Christ is throned as Lord
all shall forsake their fear ,
to ploughshare beat the sword,
to pruning hook the spear .

3 One Lord ,in one great
name
unite us all who own you ;
cast out pride and shame
that hinder to enthrone
you ;
the world has waited long,
has travailed in pain;
to heal it's ancient wrong,
come prince of peace ,and
reign .

Mark 1 .40-45

A leper came to him begging him, and kneeling he said to him, 'If you choose, you can make me clean.' Moved with pity, Jesus stretched out his hand and touched him, and said to him, 'I do choose. Be made clean!' Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, 'See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them.' But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

This is the gospel of the Lord,

Glory to you Lord Jesus Christ

Communion Hymn

1 Immortal, invisible, God only
wise,
in light inaccessible hid from our
eyes,
most blessed, most glorious, the
Ancient of Days,
almighty, victorious, your great
name we praise.

2 Unresting, unhasting, and silent
as light,
nor wanting, nor wasting, but rul-
ing in might;
your justice like mountains high
soaring above,
your clouds which are fountains
of goodness and love.

3 You give life to all, Lord, to both
great and small,
in all life now living, the true life
of all;
we blossom and flourish as leaves
on a tree,
then wither: but ever unchanged
you will be.

4 Great Father of glory, pure
Father of light,
your angels adore you, all
veiling their sight;
of all your rich graces this
grace, Lord, impart--
take the veil from our faces,
the veil from our heart.

5 All praise we would render:
reveal to our sight
what hides you is only the
splendour of light;
and so let your glory, Al-
mighty, impart,
through Christ in the story,
your Christ to the heart.

Final Hymn

1 Christ, whose glory fills the skies,
Christ the true, the only light,
sun of righteousness, arise,
triumph over shades of night;
dayspring from on high, be near;
day-star, in my heart appear.

2 Dark and cheerless is the morn
if you seem not close to me;
joyless is the day's return,
till your mercy's beams I see,
till they inward light impart,
glad my eyes, and warm my heart.

3 Visit then this soul of mine;
pierce the gloom of sin and grief;
fill me, radiancy divine;
scatter all my unbelief;
more and more yourself display,
shining to the perfect day.

The logo features the year '2024' in a large, stylized, 3D font with a blue and red gradient and a metallic sheen. Below it, the words 'Diary Dates' are written in a bold, blue, sans-serif font.

2024 Diary Dates

Warden meetings 2024

19 Feb, 11 March, 8 April, 13 May, 10 June, 15 July, 12 August, 9 September, 14 October, 18 November.

Parish Council meetings

(changes due to one member to full time work in Canberra)

We will revert to former times 7.30pm on Tuesday evening.

The first meeting will be **27 February**, 19 March, 23 April, 21st May.

Lenten Study

Through Sundays in Lent

18 February, 25 February, 3 March, 10 March, 17 March
at **11.30am in the Mary Chapel**.

Ash Wednesday

14th February 8am and 5pm

Tuesday 13 February is traditionally **Pancake Day**.

However you are invited to a sweet refreshment on

Monday 12 February at 12noon

in the kitchen of the Mary Thomas Room.

PC Members and Servers will assist (we hope).

Cathedral Markets

Saturday 2nd of March

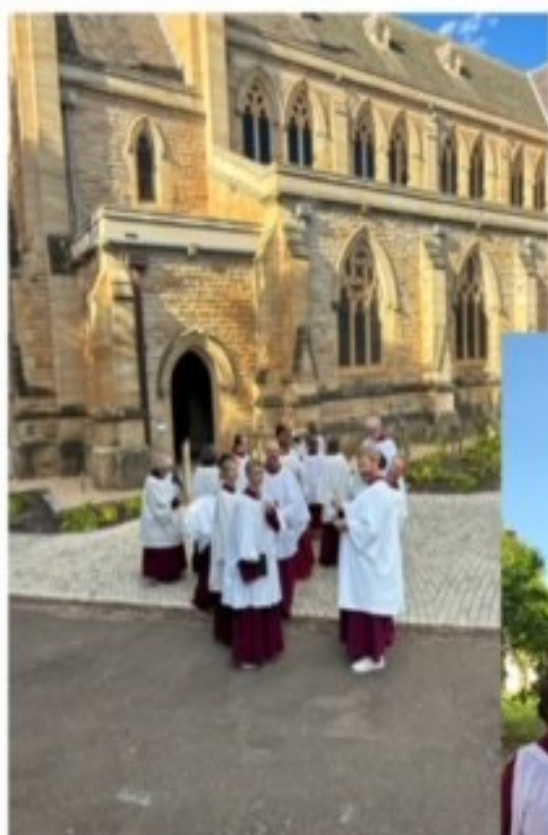
St Saviour's Cathedral Children's Choir
Return for 2024
Rehearsals Thursdays 4-5pm
Commencing Thursday, February 1st
Contact Deb Mc Connell 0458221339



S^t Saviour's Cathedral Choir

Rehearsals Mondays 7:30pm

Contact Deb Mc Connell 0458221339



CATHEDRAL FOOD PANTRY

FOR THOSE IN THE COMMUNITY IN Need

The following items are needed:



Urgently Required: UHT Milk , pasta sauce ,baked beans ,canned spaghetti ,beef casseroles, tinned fish , Weetbix ,Casseroles in tins.

After Service Fellowship

Every Sunday in the Mary Thomas room.
Come and join us.



**Mothers Union Thursday the 14th of March
at 1.30pm**

Save the dates for Mothers Union March 14th, April 11th, May 9th, June 15th, July 11th, August 8th, September 12th, October 10th, November 14th

First Sunday of Lent

Genesis 9. 8- 17

1 Peter 3.18-23

Psalm 25.1-10

Mark 1. 9-15

Our Parish Bank Details

Name: St Saviour's Cathedral Parish

BSB : 032 721

Account : 280 248

Reference : Ministry

Envelopes : Place them in the offertory plate. If you are unable to attend please phone me to arrange pick up of your envelopes.

For collection phone : 4822 8394

Tap –Go : In the Cathedral any debit card to donate to the Cathedral in \$10 increments.

Please note donations to everyday expenses and Sowerby Trust are not tax deductible

SOWERBY TRUST

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:

BSB: 702389

ACCT: 05209886

Thank you.



Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

We hope you are uplifted by the worship and enjoy your time with us .

Please make yourself known to our Clergy.

Cathedral Mission Statement

As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn

St Saviours is a haven for nurturing Christians and fostering new faith in Christ

In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .

We Are Committed to :

Prayer and joyful worship

The ministry of hospitality

Serving the broader community

Supporting those from diverse backgrounds including those with special needs

Supporting Goulburn and the Diocese in good times and in times of adversity

ABM Reflection: Ordinary Sunday 6 B [Epiphany 6] – Sunday 11 February 2024 • 2 Kings 5.1-14; Psalm 30; 1 Corinthians 9.24-27 Mark 1.40-45 The healing miracles of Jesus were always about restoring the person to dignity and fellowship in their community, not only physical and/or mental healing. When we turn to Jesus in faith he listens, understands, and blesses our whole truth and restores us to community. How can we bless someone by hearing their truth with grace and compassion and mercy as Jesus did? • Pray that we may have the patience to promote healing by listening wholeheartedly and compassionately to another's truth. • Give thanks for the work and witness of the Anglican Church of Japan, the Nippon Sei Ko Kai. Text: The Rev Amanda Brockwell, Diocese of Newcastle © Anglican Board of Mission, 2024

SPEND THE AFTERNOON WITH CATH

FOURTH THURSDAY EVERY MONTH, 1.30 PM—3.00 PM,
MARY THOMAS ROOM, ST SAVIOUR'S

CRAFT AT THE CATHEDRAL



Social Afternoon, tea, coffee and tim-tams



Bring your craft



Learn another craft

Share your craft

29th February at
1.30pm-3pm

Informal afternoon gathering where you can
relax, catch up with others, continue with your own craft,
share ideas and be inspired

As time goes by, we may make themed craft together (eg Christmas) but for
now, it is just an opportunity to meet like-minded people and share time and
craft together.

Want to know more? Email Margaret Emil
margaret.at.stsaviours@gmail.com

AGM Reports

AGM REPORTS due in by 18th February:

Wardens - LB

Finance-ME, ES

Heritage Committee -CM

The Friends of the Cathedral- AK

Guides/Welcomers- FR

Mothers Union -AW

Study groups- AW

Site Maintenance –FR, JMc

Bell Tower/Ringers –SR, C o’M

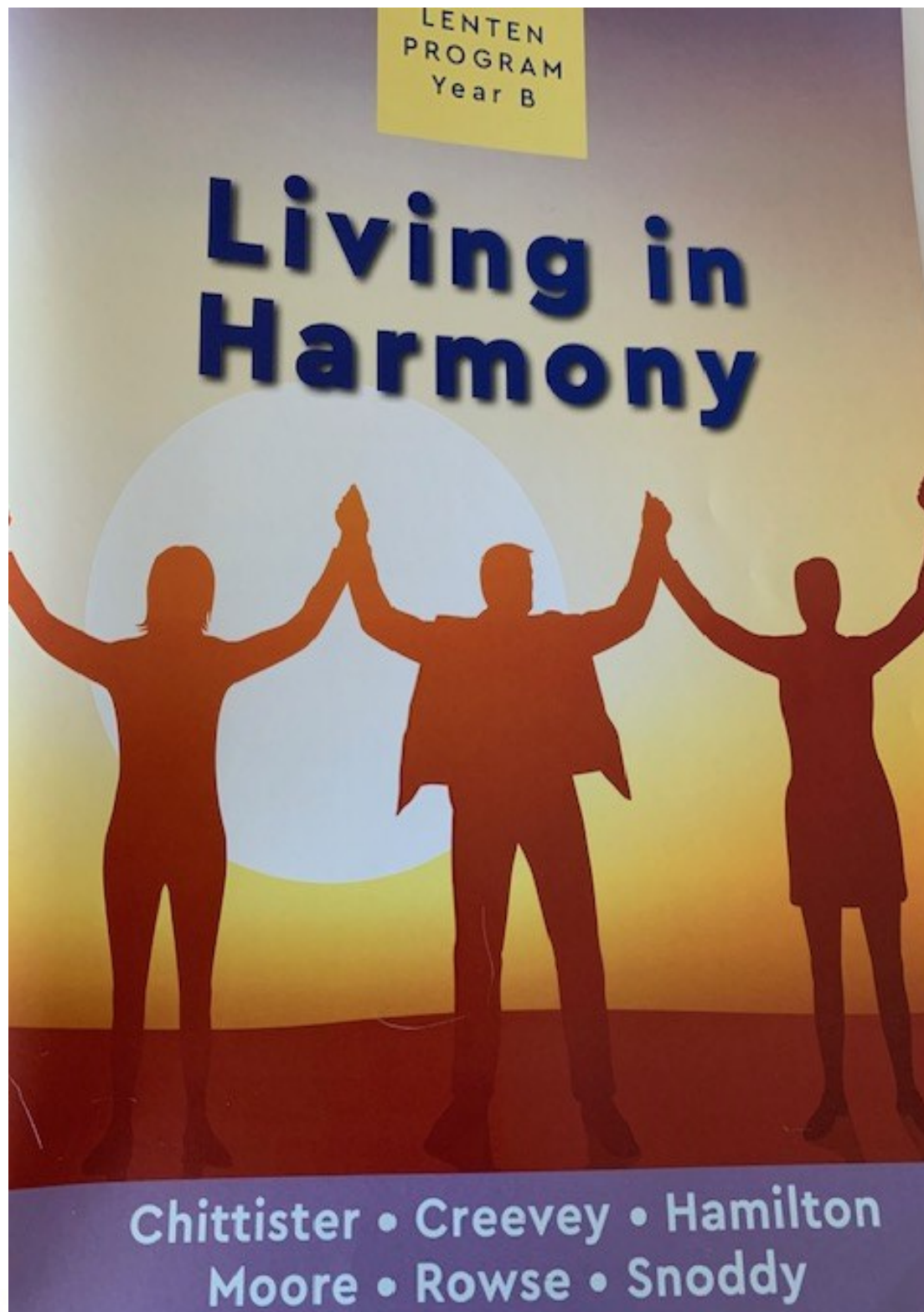
Music—D Mc

Flower Group - CM

Servers -SR

Markets -HC, PS

**Lenten Study will commence on Sunday 18th February
11.30ish in the Mary Chapel.**



Important information Safe Ministry training for 2024.

1. Proposed In-Person Training Dates – our proposed schedule of training for 2024 is given below. Please ensure that you share this information with your church.

9 March Training Day (Modules 1-3) – Young

6 April Training Day (Modules 1-3) - Canberra (Holy Covenant Jamison)

4 May Training Day (Modules 1-3) – North Goulburn

6 May Zoom Training (Module 3)

18 May Training Day (Modules 1-3) – Wagga (South Wagga Anglican)

21 May Zoom Training (Module 3)

25 May Training Day (Modules 1-3) – Narooma

1 June Training Day (Modules 1-3) - Canberra (St Johns Reid)

3 June Zoom Training (Module 3)

15 June Training Day (Module 1-3) – Cooma (Saint Paul's)

18 June Zoom Training (Module 3)

22 June Training Day (Modules 1-3) - Canberra (Weston)

Module 1 is a course for all clergy and lay position holders to develop awareness of the Diocesan Safe Ministry policy, protocols, procedures, and practices. The training includes biblical foundations, healthy team ministry, screening, boundaries, code of conduct, duty of care, child safe practices, responding to concerns (child and adult related), and self-care as church workers.

Module 2 is a course for all children and youth workers (lay and clergy) to develop awareness of Child Safety and Child Protection. This course includes empowering children,

identifying and responding to concerns (risk of harm), reducing the risks of child abuse, and caring for all parties.

Module 3 is a course for all clergy, Parish Council members, Parish Safe Ministry Coordinators (SMCs) and Ministry Program Coordinators aimed at working through the implementation of Diocesan Safe Ministry Policy, Protocols, and Procedures (in particular the Child Safe Standards, Reportable Conduct Scheme, screening of workers, Grievance Procedure, Professional Standards, and Ministry to Persons of Concern).

Online programs remain available for Modules 1 and 2 via the Creating Safer Communities website. Module 3 is only available through In-Person or Zoom sessions.

2. **Payment for In Person Training:** Attendees at the above sessions do not need to prepay or pay on the day. Instead, attendance at sessions will be recorded and Creating Safer Communities will invoice each Ministry Unit directly for the number of attendees from it.

While bookings are not necessary, if Ministry Units are able to give indications of attendance to the Safe Ministry Unit it will help us understanding the number of likely attendees at any given session.

3. **Safe Ministry Training and Parish Elections:** Can you please ensure that those elected as Parish Councillors and Wardens understand their obligation to complete Safe Ministry Training and Screening to hold Office (they are Category 3A Church Workers under the Diocese's Protocol for Safe Ministry Screening and Training ([SM002-Screening-Protocol.pdf \(anglican.org.au\)](#)). We are requesting that all necessary training including Module 3 be completed no later than June 2024, and that Wardens and Parish Counsellors remember their obligation to also create and maintain their Safe Ministry Information System (SMIS) profile.

Praying for a blessed start to this year's ministry for you and your communities.

Ordination of Deacons

On the 24th of February ,the Ordination of Deacons will take place at the Cathedral at 11am. Please pray for the candidates as they pray prepare and immerse themselves in a 3 day retreat before Com-mitting themselves to the Ordination Vows at the Diocesan Service. The Candidates are Anna Krebs, Andrew Lubbock, Bilkis Malek, Luke Miden, Sasch Peard, Andrew Shiells and Nathanael Thiery .

Prayer for choosing a new Dean

Bountiful God,
Give to this Cathedral a faithful Dean
Who will faithfully speak your word
And minister your sacraments;
An encourager who will equip our people for ministry
And enable us to fulfil our calling.
Give to those who will choose, wisdom,
Discernment and patience,
And to us give warm and generous hearts.
For Jesus Christ's sake. Amen.

ASH
WEDNESDAY
8AM and 5PM



Canon Anne writes:



WELCOMERS TO THE CATHEDRAL NEEDED: to ensure the Cathedral is open to the public. Can you give up a morning or afternoon once a week, or once a month to help us keep the building open for the many visitors and tourists who wander in ? All that is required is for you to be present, sitting at a desk in the entrance. It's a great opportunity to read a book, do a crossword, chat with whoever enters and invite them to enter their names into the Visitor Book. Material for a self guided Tour can be handed out.

Of course, we do need more guides and Fred Rainger is happy to train anyone interested.

Lent 2 Sunday 25th February. There will be no Morning Tea after the 10am service. The Lent study will run from 11.30-12.30 in the Mary Chapel and then Fred Relf is hosting a BIRTHDAY BASH for Stephen in the Hall at 1pm. Bellringers and parishioners are all invited. If you can bring some extra food that too, would be good to add to the sandwiches supplied!

ORDINATION WELCOMING TEAM don't forget Saturday, 24th February!

Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

Cathedral Office Hours

9.00am –11am (Mon,Tues,Thurs,Fri.....Closed WED)

Office Contacts: Phone 48212206

Email: office@goulburncathedral.org.au

Web-

site :www.goulburncathedral.org.au



LOCUM DEAN

The Rev'd Canon Anne Wentzel

Mobile 0429 680 010

Other Clergy :contact through the office



Cathedral Staff

Rev'd Canon Margaret Emil, Hon. Asst Priest

Rev'd Canon Kevin Stone –4th Sunday (on Leave)

Cathedral Wardens:

Bruce Harvey (Dean's Warden)

Leigh Bottrell (Bishop's Warden):48224946

Pamela Shaw 48228394

Stephen Relf : 0401977432

CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,

Darren Churchill, Peter Ogilvie.

Director of Music :Debra McConnell

Organists for February : Phil Fraser and Brett Mc kern

Editor of Pew Sheet Vanessa Kemp