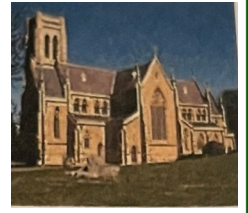


The Cathedral Church of St Saviour's, Goulburn

Mother Church for

the Anglican Diocese of Canberra & Goulburn



27th of August 13th Sunday after Pentecost

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**8am and 10am Preacher: Canon Kevin Stone**

**8am and 10am Celebrant: Canon Anne Wentzel**

### Readings

Exodus 1.8 –2.10

Psalm 124

Romans 12.1-8

Matthew 16. 13-20

We acknowledge the Traditional Owners as the custodians of this land, recognising their connection to land, waters and community. We pay our respects to Australia's First Peoples, and to their Elders, past present and emerging.

### Who is the Son of Man ?



**WEEKDAY EUCHARISTS**  
Monday & Thursday 9.30am  
in the Lady Chapel



## SENTENCE

Martha said, " yes Lord, I believe you are the Messiah, the Son of God , the one coming into the world .' Jesus said to them, 'Who do you say that I am?' Simon Peter answered 'You are the Messiah, the Son of God.'

## COLLECT

O God, fount of all wisdom,  
in the humble witness of the apostle Peter  
you have shown the foundation of our faith:  
give us the light of your Spirit,  
that, recognising in Jesus of Nazareth  
the Son of the living God ,  
we may be living stones  
for the building up of your Holy Church ;  
through Jesus Christ our Lord,  
who lives and reigns with you in the unity of the Holy  
Spirit,  
One God , forever and ever **Amen.**

## **Introit Hymn**

**1 Be still, my soul: the Lord is on your side;  
bear patiently the cross of grief and pain;  
leave to your God to order and provide;  
in every change he faithful will remain.  
Be still, my soul: your best, your heavenly friend  
through thorny ways leads to a joyful end.**

**2 Be still, my soul: your God will undertake  
to guide the future as he has the past.  
Your hope, your confidence let nothing shake,  
all now mysterious shall be clear at last.  
Be still, my soul: the tempests still obey  
his voice, who ruled them once on Galilee.**

**3 Be still, my soul: when dearest friends depart  
and all is darkened in the vale of tears,  
then you shall better know his love, his heart,  
who comes to soothe your sorrow, calm your  
fears.  
Be still, my soul: for Jesus can restore  
the trust and hope that strengthened you before.**

**4 Be still, my soul: the hour is hastening on  
when we shall be for ever with the Lord,  
when disappointment, grief and fear are gone,  
sorrow forgotten, love's pure joy restored.  
Be still, my soul: when change and tears are past,  
all safe and blessed we shall meet at last.**

## **A Reading from Exodus 1.8– 2.10**

Now a new king arose over Egypt, who did not know Joseph. He said to his people, 'Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land.' Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, 'When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live.' But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, 'Why have you done this, and allowed the boys to live?' The midwives said to Pharaoh, 'Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them.' So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, 'Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live.'

## A Reading from Exodus 1.8– 2.10

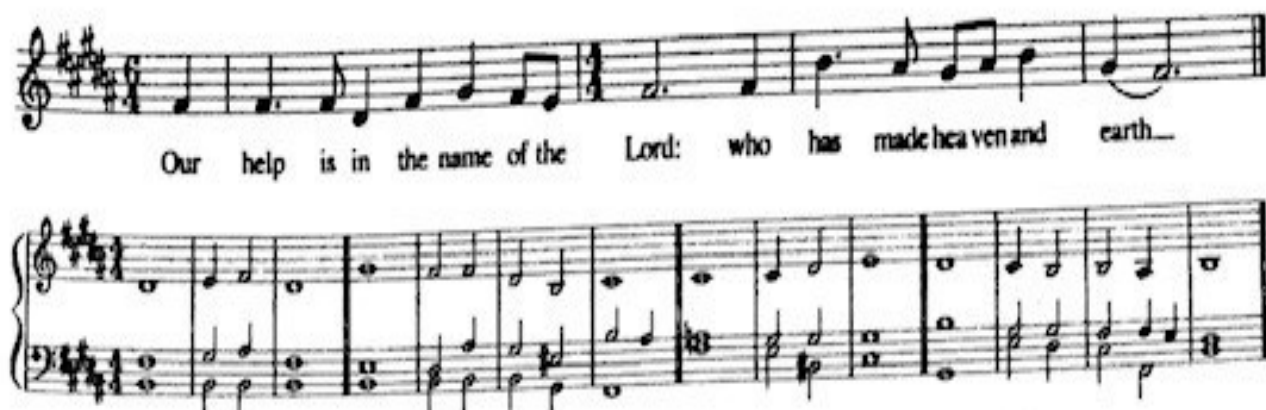
Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

**For the word of the Lord**

## Psalm 124

Refrain and Chant: Barbara Griffin (1965-)



Our help is in the name of the Lord: who has made heaven and earth...

- <sup>1</sup> If the Lord had not been on our side,  
now may | Isra. el | say:  
**if the Lord had not been on our side,  
when our | ene. mies | rose a- | gainst us,**
- <sup>2</sup> Then they would have | swallowed us . a- | live:  
**when their | anger was | kindled a- | gainst us.**
- <sup>3</sup> Then the waters would have overwhelmed us,  
and the | torrent . gone | over us:  
**the raging waters would have | gone clean | over | us.**
- <sup>4</sup> But praised | be the | Lord:  
**who has not given us as a | prey | to their | teeth.**
- <sup>5</sup> We have escaped like a bird from the | snare of . the | fowler:  
**the snare is broken, | and we | have gone | free.**
- <sup>6</sup> Our help is in the name | of the | Lord:  
**who | has made | heaven . and | earth. REFRAIN**

## **Reading from Romans 12. 1-8**

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

### **For the word of the Lord**

## Gradual Hymn

1. Holy spirit ,come confirm us  
in the truth that Christ makes known;  
we have faith and understanding  
through your helping gifts alone.
2. Holy Spirit, come console us,  
come as advocate to plead,  
loving Spirit from the father  
grant in Christ the help we need.
3. Holy Spirit ,come renew us ,  
come yourself to make us live :  
holy through your loving presence,  
holy, through the gifts you give .
4. Holy Spirit come possess us,  
you the love of Three in One,  
Holy Spirit of the Father ,  
Holy Spirit of the Son .



## The Gospel of St Matthew 16. 13—20

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' He said to them, 'But who do you say that I am?' Simon Peter answered, 'You are the Messiah, the Son of the living God.' And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.' Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Glory to you Lord Jesus Christ .

## **Communion Hymn**

**1 God is the refuge of his saints,  
When storms of sharp distress invade;  
ere we can offer our complaints  
behold him present with his aid!**

**2 Let mountains from their seats be hurled  
down to the deep, and buried there,  
convulsions shake the solid world,  
our faith shall never yield to fear.**

**3 Loud may the troubled ocean roar;  
in sacred peace our souls abide,  
while every nation, every shore,  
still quakes and dreads the swelling tide.**

**4 There is a stream, whose gentle flow  
makes glad the city of our God,  
life, love, and joy, still gliding through,  
refreshing our divine abode.**

**5 That sacred stream, your holy word,  
our grief allays, our fear controls;  
sweet peace your promises afford,  
and give new strength to fainting souls.**

**6 Zion enjoys her Monarch's love,  
steadfast against a threatening hour;  
nor can her firm foundations move,  
built on his truth and armed with power.**

## **Final Hymn**

**1 Take my life, and let it be  
consecrated, Lord, to thee.  
Take my moments and my days,  
let them flow in ceaseless praise.**

**2 Take my hands, and let them move  
at the impulse of thy love.  
Take my feet, and let them be  
swift and beautiful for thee.**

**3 Take my voice, and let me sing  
always, only, for my King.  
Take my lips, and let them be  
filled with messages from thee.**

**4 Take my silver and my gold,  
nothing, Lord, would I withhold.  
Take my intellect, and use  
every power as thou shalt choose.**

**5 Take my will and make it thine:  
it shall be no longer mine.  
Take my heart, it is thine own;  
it shall be thy royal throne.**

**6 Take my love: my Lord, I pour  
at thy feet its treasure-store.  
Take myself, and I will be  
ever, only, all for thee.**



**Monday 28th August at 11am The Executive of the Friends of the Cathedral meet.**

**8-10 Sept. SYNOD in Canberra**

**Sat 16th of September Great east window**

**Event 10.30am**

**Saturday 2nd of September Monthly Market**

**Thur 21st Sept CWA 100 year Anniversary Service**

**Sat 23rd Sept Garden Working Bee with team from St Nik's here on Cathedral grounds**

**At the time of choosing a new Dean**

**Bountiful God ,**

**Give this parish a faithful Dean**

**who will faithfully speak your word**

**and minister your sacraments ;**

**an encourager who will equip you people for ministry**

**and enable us to fulfil our calling .**

**Give to those who choose ,wisdom, discernment and patience ,**

**and give to us warm generous hearts**

**for Jesus Christ's sake. Amen .**

## SAFE MINISTRY TRAINING

**SAT: 17th of Sept-Holy Cross Anglican Church Hackett**

**Module 1: 9am –1 am**

**Module 2: 11.30am—1.30**

**Module 3: 2pm—4pm**



**The Anglican Bishop of Canberra and Goulburn**

together with

**The Committee of the St Saviour's Cathedral Restoration Appeal**


invite you to

**The Unveiling of the Restored Great East Window**

in the Cathedral Church of St Saviour, Goulburn

on Saturday 16 September 2023

at 10:30am

 NATIONAL TRUST

**RSVP:**

**[office@goulburncathedral.org.au](mailto:office@goulburncathedral.org.au)**

**By 8th September 2023**

*St. Saviour's Cathedral*

*Children's Choir*

*Rehearsals Thursdays 4-5pm*

St. Saviour's Cathedral children's choir has begun rehearsing during school term on Thursday afternoons. We would like to invite children aged 9-15 to join us. The choir will learn singing techniques, how to read vocal music and sing as a choir, during services and concerts. If you would like more information, please contact Debra McConnell 0458221339.



## CATHEDRAL FOOD PANTRY

FOR THOSE IN THE COMMUNITY IN NEED

The following items are needed

**Weetbix, tinned meals eg: steak and sausage ;  
tinned fish, soup, UHT milk etc.**



### After Service Fellowship

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1st Sunday 8am in the Mary Thomas Room

2nd Sunday 8am in the Mary Thomas Room

3rd Sunday 8am in the Mary Thomas Room

10am in the Mary Thomas Room

4th Sunday 8am in the Mary Thomas Room =

10am in the Mary Thomas Room

5th Sunday 8am Mary Thomas Room



### Mothers Union

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Our Next Meeting is Thursday 14th September

at 1.30pm in the Mary Thomas Room.

Please note change of starting time.

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### Readings for next Sunday 3/9

Exodus 3.1-15

Psalms 105 1-6, 23-26

Romans 12.9-21

Matthew 16. 21-28

## From the Parish Treasurer for Parish Council

### Our Parish Bank Details

**Name: ST Saviour's Cathedral Parish**

**BSB : 032 721**

**Account : 280 248**

**Reference : Ministry**

**Envelopes : Place them in the offertory plate. If you are unable to attend please phone me to arrange pick up of your envelopes.**

**For collection phone : 4822 8394**

**Tap –Go : In the Cathedral any debit card to donate to the Cathedral in \$10 increments.**

**Please note donations to everyday expenses and Sowerby Trust are not tax deductible**

### **SOWERBY TRUST**

**This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:**

**BSB: 702389**

**ACCT: 05209886**

**Thank you.**





**Welcome**

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

**We hope you are uplifted by the worship and enjoy your time with us .**

**Please make yourself known to our Clergy.**

### **Cathedral Mission Statement**

**As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn St Saviours is a haven for nurturing Christians and fostering new faith in Christ**

**In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .**

**We Are Committed to :**

**Prayer and joyful worship**

**The ministry of hospitality**

**Serving the broader community**

**Supporting those from diverse backgrounds including those with special needs**

**Supporting Goulburn and the Diocese in good times and in times of adversity**

Exodus 1.8 – 2.10; Psalm 124; Romans 12.1-8; Matthew 16.13-20 Sometimes life can feel overwhelming – as if we are in a small boat being buffeted this way and that by forceful waves and strong winds and that there is nobody to help us. The Psalmist tells us where help is to be found: the name of the Lord who has made heaven and earth. That same help allowed the Psalmist to write: ‘We have escaped like a bird from the snare of the fowler; the snare is broken, and we have gone free’. Being able to be at complete liberty and escape from certain doom is available to all who need it today. • Thank you, Lord, for your offer of freedom to all who need it in their lives today • Give thanks for the work and witness of the Anglican Church of Papua New Guinea. Text: Robert McLean © Anglican Board of Mission.

## Canon Anne writes:

Spring is in the air and isn't it wonderful to see the new buds and blossoming street trees. September brings new events to our cathedral diary beginning with our Spring Market next Saturday. Do come along. There are many small Christmas gifts to buy for your grandchildren and friends. Our hall is packed with stalls of all kinds.

SYNOD follows on the next weekend at Canberra Grammar School and our thanks to Phil Fraser, Deb McConnell and Richard Orchard who will be relaying from Canberra to Goulburn to help us out.

All are especially invited to the Unveiling of the Great East Window on Saturday 16th September at 10.30am. For catering purposes please indicate your interest in attending on the clipboard on the Visitors' Desk at the entrance to the cathedral.

September rosters and Prayer Diaries are available. Please collect yours today.

**A Reflection: by HR Tripp**

It's a spiritual rendition of the old question, "Which came first, the chicken or the egg?" Is self-righteousness the reason for personal spiritual blindness or is personal spiritual blindness the root of all self-righteousness? Whatever the case, they motivate and strengthen each other, and because they do, they present a grave danger to anyone who has sin living inside him or her (that's all of us!) Be honest, whose sin bugs you more: your own or that of someone near you? Who are you desperate to see change: you or someone else in your life?

The self-righteousness/spiritual blindness/judging of others dynamic that causes so much spiritual and relational damage between the "already" and the "not yet" is directly addressed by Christ in Matthew 7.1-5. *Judge not, that you be not judged. For with the judgment you pronounce you will be judged, and with the measure you use it will be measured to you. Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? Or how can you say to your brother, "Let me take the speck out of your eye," when there is the log in your own eye? You hypocrite, first take the log out of your own eye. And then you will see clearly to take the speck out of your brother's eye.*

Self-righteousness means you don't see yourself or the other person with

accuracy. It means you see his or her speck as a log and your log as a speck. So you are condemning of him or her and excusing yourself. You treat the other person with judgment while you respond to yourself with patience. This troubling dynamic is another powerful argument for our desperate need for rescuing grace. Only this grace, as it comes to us in the insight-giving and convicting ministry of the Holy Spirit, can help us to see ourselves with accuracy and others with clarity. You see, it takes grace for you to realize how much you still need grace.

## Our Cathedral Prayer

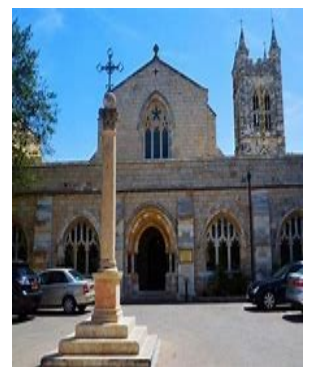
Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour  
Amen

## A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

## A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen . *Archbishop Justin Welby/Archbishop Stephen Cottrell*



## **Cathedral Office Hours**

9.30am –12noon (Mon,Tues,Thurs,Fri.....Closed WED)

**Office Contacts: Phone 48212206**

**Email: [office@goulburncathedral.org.au](mailto:office@goulburncathedral.org.au)**

**Website :[www.goulburncathedral.org.au](http://www.goulburncathedral.org.au)**



## **LOCUM DEAN**

**The Rev'd Canon Anne Wentzel**

**Mobile 0429 680 010**

**Other Clergy :contact through the office**



## **Cathedral Staff**

**Rev'd Canon Margaret Emil, Hon. Asst Priest**

**Rev'd Canon Kevin Stone –4th Sunday**

**Rev'd Canon Roberta Hamilton –presently on leave.**

## **Cathedral Wardens:**

**Bruce Harvey (Dean's Warden)**

**Leigh Bottrell (Bishop's Warden):48224946**

**Pamela Shaw 48228394**

**Stephen Relf : 0401977432**

**CATHEDRAL COUNCILLORS :Jenny Lacey, Richard Orchard,**

**Darren Churchill, Peter Ogilvie.**

**Director of Music :Debra McConnell**

**Organists for August: Phil Fraser , Brett McKern, Allan McCracken**

**Editor of Pew Sheet Vanessa Kemp**