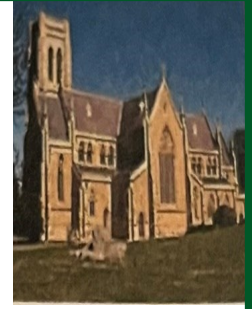




**The cathedral Church of
St Saviour's, Goulburn
Mother Church for
The Anglican Diocese of Canberra &
Goulburn**



**Sunday 28th July
Tenth Sunday after Pentecost**

**Preacher: 8am and 10am: Dean Gavin Krebs
Presider: 8am and 10am: Dean Gavin Krebs**

Readings

2 Kings 4:42-44

Psalm 14

Ephesians 3: 14-21

John 6:1-21



Crafting The Word Of God

Midweek Services

Monday 9:30am - Morning Prayer

Thursday 9:30am - Eucharist

Introit Hymn

All creatures of our God and King,
lift up your voice and with us sing
alleluia, alleluia!
O burning sun with golden beam,
and silver moon with softer gleam,
O praise him, O praise him,
alleluia, alleluia, alleluia!

Swift-rushing winds that are so strong,
and clouds that sail in heaven
along,
O praise him, alleluia!
Fresh-rising morn, in praise rejoice,
and lights of evening, find a voice:
O praise him, O praise him,
alleluia, alleluia, alleluia!

O flowing water, pure and clear,
make music for your Lord to hear,
alleluia, alleluia! ,
O fire, so masterful and bright,
providing us with warmth and light,
O praise him, O praise him,
alleluia, alleluia, alleluia!

Dear mother earth, who day by day
unfold rich blessings on our way,
O praise him, alleluia!
All flowers and fruits that in you
grow,
let them his glory also show;
O praise him, O praise him,
alleluia, alleluia, alleluia!

And everyone of tender heart,
forgiving others, take your part,
O praise him, alleluia!
All who long pain and sorrow bear
praise God and on him cast your
care;
O praise him, O praise him,
alleluia, alleluia, alleluia!

And you, most kind and gentle death,
waiting to hush our latest breath,
O praise him, alleluia!
You lead to heaven the child of
God,
and Christ our Lord the way has
trod:
O praise him, O praise him,
alleluia, alleluia, alleluia!

Let all things their Creator bless,
and worship him in humbleness;
O praise him, alleluia!
Praise, praise the Father, praise
the Son, and praise the Spirit,
Three in One:
O praise him, O praise him,
alleluia, alleluia, alleluia!

Sentence

'I am the living bread that came down from heaven ',says the Lord .'Who ever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh '.

John 6.51

Collect

Gracious God,
you have placed within the hearts of all your children a longing for your word and a hunger for your truth: grant that, believing in the one whom you have sent, we may know him to be the true bread of heaven and the food of eternal life, Jesus Christ our Lord, to whom with you and the Holy Spirit be the glory and honour for ever and ever Amen

Acknowledgement of Country

We acknowledge the triune God, the Creator of heaven and earth and His ownership of all things. (Psalm 24:1) We recognise that He gave stewardship of these lands upon which we meet to the First Nations Peoples of this country (Acts 17:26). In His sovereignty, He has allowed other people groups to migrate to these shores. We acknowledge the cultures of our First Nations Peoples and are thankful for the community that we share together now. We pay our respects to the people of this land and their elders/leaders, both past and present, and those emerging.

2 Kings 4:42-44

A man came from Baal Shalishah, bringing the man of God twenty loaves of barley bread baked from the first ripe corn, along with some ears of new corn. 'Give it to the people to eat,' Elisha said. 'How can I set this before a hundred men?' his servant asked. But Elisha answered, 'Give it to the people to eat. For this is what the Lord says: "They will eat and have some left over."' Then he set it before them, and they ate and had some left over, according to the word of the Lord.

Hear the Word of the Lord. **Thanks be to God**

Psalm 14

- 1 Fools have said in their hearts 'There is no God':
**they have all become vile and abominable in their doings,
there is not one that does good.**
- 2 The Lord looked down from heaven
upon the children of Adam:
**to see if there were any who would act wisely,
and seek after God.**
- 3 But they have all turned out of the way,
they have all alike become corrupt:
there is none that does good, no not one.
- 4 Are all the evildoers devoid of understanding:
**who eat up my people as they eat bread,
and do not pray to the Lord?**
- 5 They shall be struck with terror:
for God is with the company of the righteous.
- 6 Though they frustrate the poor in their hopes:
surely the Lord is their refuge.
- 7 O that deliverance for Israel might come forth from Zion:
**when the Lord turns again the₄ fortunes of his people,
then shall Jacob rejoice and Israel be glad.**

Ephesians 3.14-21

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

Hear the word of the Lord.

Thanks be to God

Gradual Hymn

Holy, holy, holy! Lord God almighty,
early in the morning to you our praise shall be;
holy, holy, holy! merciful and mighty
God in three persons, blessed Trinity.

Holy, holy, holy! all the saints adore you,
casting down their golden crowns around the glassy sea;
cherubim and seraphim falling down before you,
God everlasting through eternity.

Holy, holy, holy! though the darkness hide you,
though the sinful human eye your glory may not see,
you alone are holy, there is none beside you
perfect in power, in love and purity.

Holy, holy, holy! Lord God almighty,
all your works shall praise your name in earth and sky and sea:
holy, holy, holy! merciful and mighty
God in three persons, blessed Trinity.

Reginald Heber
1783-1826 all.

John 6.1-21

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to him, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.' When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the lake, got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. The lake became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. But he said to them, 'It is I; do not be afraid.' Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

This is the Gospel of the Lord **Glory to you Lord Jesus Christ**

Offertory Hymn

Come down, O Love divine,
seek now this soul of mine,
and visit it with your own ardour glow-
ing; O Comforter, draw near,
within my heart appear and kindle it,
your holy flame bestowing.

There let it freely burn, till earthly pas-
sions turn to dust and ashes, in its heat
consuming; and let your glorious light
shine ever on my sight and clothe me
round, the while my path illuming.

Let holy charity
my outer garment be, and lowliness
become my inner clothing: true low-
liness of heart, which takes the hum-
bler part and for its own shortcomings
weeps with loathing.

And so the yearning strong
with which the soul will long
shall far outpass the power of human
telling; for none can guess its grace
till we become the place in which the
Holy Spirit makes his dwelling.

*Bianco da Siena d. 1434 tr. Richard Frederick
Littleda1e 1833-90 alt.*

Final Hymn

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

Open now the crystal fountain
whence the living waters flow:
let the fiery, cloudy pillar
lead me all my journey through:
strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.

When I tread the verge of Jordan
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises
I will ever give to thee,
I will ever give to thee.

William Williams 1717-91 tr. Peter Williams 1722-96
and William Williams alt.

James, Apostle and Martyr

Saints are often regarded as benefactors, as patrons, even as friends or family members, and, over time there is the tendency to develop elaborate legends about their lives. These stories are collected, told, and handed down over the years. In the case of biblical saints, like figures from the New Testament, the apostles or other people mentioned, often the barest mention of a name was enough material from which to weave a rich tapestry of story.

In the case of James, we have more biblical evidence than for many of the other apostles or early followers of Jesus. He was the brother of John; sons of Zebedee. They were fishermen, but perhaps a little wealthier than the norm, for there is mention that their father had servants. James and John were known to be brash, impetuous, and among the inner circle of Jesus' disciples.

After the crucifixion and resurrection, they became leaders of the early Christian community. James was the second martyr mentioned in the book of Acts, with some accounts saying that he was the first! His death took place fairly early, perhaps around 42 CE. Like any of the saints, there is a lot of tradition and legend associated with them. One of the most prominent for James was that he travelled to Spain and preached the gospel there before returning to Jerusalem and being beheaded. Later, the legend arose that his body was miraculously transported by angels to Compostela, where it became the focus of one of the most important pilgrimages in the Middle Ages.

Putting legend aside, in today's gospel we are reminded of both sides of James, his brashness which led Jesus to call him and his brother John "sons of thunder," and his faithfulness. In Matthew 20:20-28, Jesus turns aside the very human, and very political request of the two brothers, wanting them and the other disciples to be clear what it means to follow him. This Gospel provides an occasion for Jesus teaching the disciples and us about discipleship, about what it means to follow Jesus, about what it means to be part of the Kingdom of God. "Whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all."

It is a lesson Jesus taught his disciples dramatically at the last supper, when he washed the feet of his disciples. It is a lesson James no doubt learned in the years leading up to his martyrdom. It is also a lesson we need to learn or at the very least, reminded of. Heroism in our society is a much-overblown idea. We live surrounded by superheros. Hollywood likes to fill our screens with them. In a way, the saints are Christian superheros, certainly that's often been the way they've been understood and relied on in the Christian tradition—got a problem? Call on a saint!

But today's gospel tells us that the saints are not superheros; what sets them apart is not their miraculous power. Rather, what makes them saints is their very human faith, their discipleship, and their service to others. For this reason, it is worthwhile to take a look at the saints like James. To see them as models of how we might live in the world, to see how we might serve Christ in our community and how we might love God and our neighbour.

Dean Gavin

2024 Diary Dates

Wardens meetings 2024 at 12noon:

12 August, 9 September, 14 October, 18 November.

Parish Council meetings:

The next meeting will be 20th August at 7:30pm.

Chapter Meetings 10-12noon

Saturday 27th July, 26th October.

Cathedral Markets (First Saturday of the month)

Saturday 3rd of August.

Mothers Union

Meets on the 2nd Thursday of each month in the Mary Thomas Room at 1.30pm. Next meeting 8th August, 12th September, 10th October, 14th November.

Note: Wednesday 7th August MU AGM 10am Holy Cross Church Hackett.
Thursday 14 November 11am, Service and Lunch at Cascades Goulburn.

Bishop's Cathedral Convention— *Sharing Hope with an Uncertain World*. Saturday 17th August starting 10am. Booking essential.

Consecration Saturday 24th August of Asst Bishop Elect, Vanessa Bennett 11am.

SYNOD Friday-Sunday, 6th-8th September, Cathedral.

Friends of the Cathedral Executive meet 20th September at 12 noon, Cathedral Office.

Marian Procession Ecumenical day event across Goulburn churches. Sunday 27th October.

Cathedral Craft Group meets every 4th Thursday of the month at 1.30 –3pm. Next meeting 25th July. All welcome.

Hand made Cards are available at the Guides table in the Cathedral for a gold coin donation.

**CATHEDRAL FOOD PANTRY
FOR THOSE IN THE COMMUNITY IN NEED**

The Food Bank is quite well stock at the moment, but please continue to consider buying a bit extra when you go shopping and dropping it into the office.



AFTER SERVICE FELLOWSHIP

Every Sunday in the Mary Thomas Room.

Come and join us.

A Thank You to Joan Gilroy and Peter Ogilvie who set up and bring food for you each week. Please assist them in any way you can by carrying used cups to the bin, plates to the sink, etc.



Transfiguration of Our Lord

Daniel 7.9-10,13-14

Psalm 97

2 Peter 1.16-19

Mark 9.2-10

Our Parish Bank Details:

Name: St Saviour's Cathedral Parish

BSB : 032 721

Account : 280 248

Reference : Ministry

Envelopes : Place them in the offertory plate. If you are unable to attend please phone to arrange pick up of your envelopes.

For collection phone : 4822 8394

Tap –Go: In the Cathedral any debit card to donate to the Cathedral in \$10 increments.

Please note donations to everyday expenses and Sowerby Trust are not tax deductible

SOWERBY TRUST

This Trust is vital to our Cathedral's continuing ministry should you wish to contribute, please note:

BSB: 702389

ACCT: 05209886

Thank you.



Welcome

If you are a visitor to our service today or a new resident to Goulburn, **WELCOME !**

**We hope you are uplifted by the worship and enjoy your time with us .
Please make yourself known to our Clergy.**

Cathedral Mission Statement

As the mother church of the Canberra Goulburn Diocese and Cathedral of Goulburn

St Saviours is a haven for nurturing Christians and fostering new faith in Christ

In the love of Christ and the grace of the Holy Spirit the Cathedral community is committed to reinforcing the wisdom of the Anglican tradition and engaging with the ever changing world .

We Are Committed to :

Prayer and joyful worship

The ministry of hospitality

Serving the broader community

Supporting those from diverse backgrounds including those with special needs

Supporting Goulburn and the Diocese in good times and in times of adversity

ABM Reflection Ordinary Sunday 16 B – Sunday 28 July 2024 • 2
Samuel 11.1-15; Psalm 14; Ephesians 3.14-21; John 6.1-21 Three miracles in one reading – Jesus feeds the crowds, Jesus walks on water, and a boat turns up immediately at the shore of the land to which the disciples were heading. It's very easy to disparage miracles in our modern day. We like to rationalise much of what happens around us. But despite all that, miraculous things happen around us every day: the birth of a baby, the beauty of a flower, the love of a spouse or friend. Sure, these can be explained rationally, but isn't it better to know, for example, how love feels rather than being given a lecture about testosterone, oestrogen dopamine, norepinephrine, serotonin, oxytocin and vasopressin. Sorry, didn't mean to kill the moment! • Lord, help us to see the miracles that occur all around us day by day. Help us never to lose our sense of wonder. • Give thanks for the Church of North India, remembering especially today their ministry in a predominantly non-Christian context. Text: Robert McLean © Anglican Board of Mission, 2024

Our Cathedral Prayer

Almighty God whose hand has guided and sustained your Church through many generations, accept our prayers for this Cathedral church, bless all who serve within its walls and strengthen the hands of those who seek to ensure its future. Make it a constant witness to your glory and a place of peace and joy: for the sake of your Son our Saviour Amen

A Prayer for St. George's Cathedral,

our sister church in Jerusalem Our God, as you nurture the Body of Christ in different places, we ask your blessing for our sister church, St. George's. In these difficult times, may your Spirit sustain, guide and protect your people there. Bring joy to them as they witness to your presence. In Jesus' name, Amen

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace, Amen.

Archbishop Justin Welby/Archbishop Stephen Cottrell

Call to Prayer for Israel and Hamas Conflict

As the Israeli-Hamas war continues, the Patriarchs and Heads of Churches in Jerusalem, have issued a call for a global day of prayer and fasting on I've forwarded the call to prayer below for your information, in case you have not received it. In the midst of your busy lives, please join our brothers and sisters across the Anglican Communion when you have an extra moment to pray.. While you're praying, please also remember Afghanistan, which has now been affected by four earthquakes each in excess of 6.0. Thousands are dead, thousands more injured, so many whose families have been lost, and countless homes destroyed. Please pray for believers to be a blessing in this time, and that the nation receives aid and hope for the future. As the eyes of the world are focused on conflicts elsewhere, little aid is being offered..

Address: 170 Bourke Street.

Cathedral Office Hours

9.00am –11am (Mon, Tues, Thurs, Fri.....Closed WED)

Office Contacts: Phone 4821 2206

Email: office@goulburncathedral.org.au

www.goulburncathedral.org.au

Dean Gavin Krebs: 0418 515 209

Canon Anne Wentzel: 0429 680 010

Other Clergy: contact through the office

Cathedral Staff:

Rev'd Canon Margaret Emil, Hon. Asst Priest (On Leave)

Rev'd Canon Kevin Stone –4th Sunday (On Leave)

Cathedral Wardens:

Peter Ogilvie (Dean's Warden)

Leigh Bottrell (Bishop's Warden): 4822 4946

Pamela Shaw 4822 8394

Stephen Relf : 0401 977 432

Cathedral Councillors:

**Jenny Lacey, Richard Orchard,
Darren Churchill, Peter Ogilvie.**

Director of Music: Debra McConnell

Organists for July: Brett McKern

Editor of Pew Sheet: Vanessa Kemp

